**REMINDERS**

- **LOWA Board Meeting (CC)**
  Saturday, August 3 – 10 AM
- **Lightsed Boat Parade**
  Saturday, August 3 (CH Dock)
  6 PM, Water Ski Show
  Parade begins at Dusk
- **LOWA Board Candidates Forum**
  Sunday, August 4
  3 PM-6 PM (CC)
- **Teen Center Pool Party**
  August 9, 7 - 10 PM
- **Sweetbriar Pool**
  Info: -9680
- **Tennis Social, Hollyfield Park**
  August 10, 9 AM. Info: -2616
- **Hunter Horse Show**
  August 11, 9 AM, Free.
  Equestrian Center -2238

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**Stay in Touch with LOWA**

- **LOWA Website** – [www.LOWA.org](http://www.LOWA.org). If members need help logging on, please email WebSupport@LOWA.org.
- **CapSure Visitor Management System** – Go to [https://lakeofthewoods.capsure.com](https://lakeofthewoods.capsure.com) and login. If you need to set up your account, go to Holcombe Building reception. CapSure enables you to register your visitors online rather than calling the security gate.
- **Constant Contact** – Receive timely emails on events, amenity promotions, and association news. Go to [www.LOWA.org](http://www.LOWA.org) and login. Click on the “Member Central” tab, scroll down to “Constant Contact” and sign-up.
- **Channel 18** – This is LOW’s local TV station. If you have Comcast cable, tune-in to Channel 18 to see board meetings, club presentations, and a current list of activities happening in and around LOW.
- **Facebook** – Check out the LOWA’s Facebook page. [www.facebook.com/LOWAssociation](http://www.facebook.com/LOWAssociation)
- **Lake Currents newsletter** – The newsletter is published bi-weekly and mailed to all LOWA members. Need to see a past issue? Newsletters are posted to the LOWA website going back to 2008. Go to [www.LOWA.org](http://www.LOWA.org), click on “Lake Living” tab, then click on “Lake Currents.”

**Reminders**

Our annual election efforts are in full swing! The ballots for the election will be mailed to the membership on Friday, August 2. Should you not receive your ballot, please notify the Holcombe Building Office at 972-2237 or [www.LOWA.org](http://www.LOWA.org).

On Sunday, August 4, the LOWA Candidates Forum will be held at the Community Center from 3-6 PM. The Forum is designed for LOWA members to have the opportunity to see the candidates and hear their live responses to questions submitted by members prior to voting and returning their ballots. Members are encouraged to write their questions on an index card and give them to members of the Election Committee at the beginning of the Forum. Index cards will be available. Should a member be unable to attend the Forum but would like to submit a question, you may give your question to another member to submit or to the Chair of the Elections Committee.

All candidates will respond to each question. In attempting to plan for all seven candidates to have equal time to respond to questions, it will be necessary to limit the timing for each response. Questions will be screened by members of the Elections Committee prior to beginning the Forum. It is important that questions have relevance to appropriate board leadership and serve the well-being of the community by avoiding negative personal comments. Also, should the same question be asked by several members, only one of those will be presented to the candidates.

As an important reminder to members: ballots submitted by members who are “not in good standing” (those delinquent in payments to LOW) will not be considered valid. It is important to encourage members to have all payments up to date by 5 PM Friday, August 30, to insure having a valid ballot to be counted.

Please attend the LOW Candidates’ Forum on Sunday, August 4, from 3-6 PM, at the Community Center.

**Carley Wins Sailing Club’s Round the Island Race**

by Dan McFarland, Race Committee, LOW Sailing Club

Six Lake of the Woods Sailing Club boats competed in this year’s Round Turtle Island Challenge Race on Saturday, July 13. The Club’s traditional endurance race, first run in 1997, challenges sailors to complete a long course that rounds Turtle Island, near the Southwestern-most end of the lake. Contestants are allowed to paddle and use other non-motorized forms of propulsion in the Turtle Island cove area, where the narrow waterways and high tree line generally make the winds unreliable for maneuvering under sail.

Light, variable, and extremely spotty winds produced one of the most closely-contested races of recent years. John Carley, with crew Jimmy Lee, sailed a Flying Scot to victory, finishing with an elapsed time of one hour and thirty-four minutes. Jean Westholt, sailing a Sunfish, finished a mere 61 seconds behind to take second place. Richard Chitty, with daughter Laura as crew, crossed the finish line in his Hobie 16 catamaran barely 25 seconds later to secure third place, while Ed Hoffman’s Sunfish finished less than two minutes after that. Fifth place went to the Flying Scot of Bill Wemmerus, with Bill Ruark as crew. Jim Ryan roared back from a starting line equipment failure on his Sunfish to complete the course in just under two hours.

Dan McFarland and Dwight Westholt performed race committee duties for the competition.
ASSOCIATION NEWS

President’s Letter
by Jim Walsh, President, LOWA

We are in the middle of presentations by the seven Board Candidates to fill four vacant positions. Ballots will be mailed to all lot owners in early August. I encourage you to learn about the candidates and then make an informed decision. When you get your ballot, it will include each candidate’s biography. Please take the time to read them. Lake of the Woods has traditionally had a low number of returned ballots. Let’s turn those statistics around. It’s your association. Take the time to vote.

I want to thank everyone who commented on the 55 and over community. We received plenty of great questions and ideas. We communicated your thoughts to A&K. We will await a response from A&K, and if and when we receive one, we will let you know.

At the most recent Board Workshop, we had a discussion about possible front and back gate message boards. Cost, design, manual or digital board options were presented by our General Manager. Over the past several years, we have greatly improved how we communicate with members. We have a new website with a member’s only section. Go to LOWA.org to check it out. For those without the internet Lake Currents has a great calendar with most activities listed. And let’s not forget Channel 18. If you want to see first-hand what was presented to the Board go to the website, click on administration, click on Board of Directors, and then view the Board Agenda for July 17. If you believe we need a message board or want to comment on the design, please contact the Board at board@LOWA.org.

I attended the Pony Camp Graduation at the Equestrian Center on July 12. Despite the pouring rain all of the graduates put on a great show. Every one of them rode high in the saddle and were obviously proud of all of their accomplishments. I want to thank Carolyn and all of her instructors for doing such a great job. If you have children or grandchildren who may want to learn firsthand about horses consider Pony Camp 2014.

I will have an update in my next column on the Board goals, on which all Board members had input.

LOWA’s new security company, Allied Barton, has new vehicles that sport LOWA’s new logo and a flat light bar on the roof.

Board of Directors, LOWA, Inc.
Send email to the Board at: board@LOWA.org
President: Jim Walsh
Vice President: Dave McKee
Treasurer: Olive Kelly
Secretary: Louisa Rucker
Directors: Jon Anderson, Ernie Meier, Mike Rugless

Lake of the Woods Association, Inc.
Regular Board of Directors Meeting
Saturday, August 3, 2013, Community Center

8 AM CALL TO ORDER

1. EXECUTIVE SESSION

10 AM 2. OPEN SESSION
2.1 Pledge of Allegiance
2.2 Motion to Enter Into Open Session
2.3 Approval of Agenda
2.4 Approval of Minutes: July 17, 2013

3. REPORTS
3.1 Report from Orange County District 5 Supervisor – Lee Frame
3.2 Report from Orange County Sheriff – Mark Amos
3.3 Report from Security Chief – Scott Walker
3.4 Report from LOW Fire & Rescue President – Joe Clontz
3.5 Report from Orange County School Board Member – Jim Hopkins
3.6 Reports of Vice President, Treasurer and Secretary
3.7 Report of General Manager
3.8 Committee Reports

4. MEMBER COMMENTS ON BUSINESS AGENDA

5. UNFINISHED BUSINESS

6. NEW BUSINESS
6.1 Consideration of Repairing the Tar Applicator Truck
6.2 Consideration of Sending to Rules Committee Proposed Amendment LOWA Regulations Concerning Disorderly Conduct

7. SCHEDULED MEETINGS
Board Meeting and Workshop, Wednesday, August 21, 2013
Annual Meeting of the Membership, Monday, September 2, 2013
Board Reconstitution Meeting, Wednesday, September 4, 2013

8. MEMBER GENERAL COMMENTS

9. ADJOURNMENT

Lake Currents The official newsletter of the Lake of the Woods Association, Inc. (USPS 872-400) is published bi-weekly for its membership. Nonmembers $20 per year (26 issues). Periodical postage rate paid at Spotsylvania, VA 22553. Visit our web site at: www.LOWA.org. ITEMS FOR PUBLICATION in the newsletter must be received in the Association office by noon on the Monday after publication for the next publication or by the preceding Friday if Monday is a holiday. All advertising and articles need to be submitted via email to lakecurrents@LOWA.org. ADVERTISING: Acceptance of an advertisement in the Association’s newsletter does not constitute a recommendation of the advertiser or approval of the advertisement by LOWA, Inc. Classified ads may be accepted at 40 cents per word when accompanied by currency or check made payable to LOWA, Inc. by Monday after publication to be included in the following publication. Call the communications office (540) 972-2278 for details about other display advertisements which must be prepaid (unless other arrangements are made) and which are due in the Association office by noon on the Monday after publication for the next publication or by the preceding Friday if Monday is a holiday. POSTMASTER: Send address changes to LOWA, Inc., 102 Lakeview Pkwy, Locust Grove, VA 22508
**Lake of the Woods Association, Inc.**

**Regular Board of Directors Meeting/Workshop**

**July 10, 2013, 2 PM, Community Center**

**Present**
- Jim Walsh, President
- Dave McKee, Vice President
- Olive Kelly, Treasurer
- Louisa Rucker, Secretary
- Jon Anderson
- Mike Rugless
- Ernie Meier

**Others**
- Phil Rodenberg, General Manager
- Linda Brooks, Recorder

**Call to Order**
With a quorum present, President Walsh called the meeting to order at 2:01 PM in the Community Center.

1. **OPEN SESSION**
1.1 **Pledge of Allegiance**

1.2 **Approval of Agenda:** Motion by Anderson, passed unanimously, to approve the Agenda.

1.3 **Approval of the Minutes of June 19, 2013.**
Motion by Rugless, passed unanimously, to approve the minutes of the June 19, 2013 Board of Directors meeting, with one change.

2. **Member Comments on Business Agenda. No comments**

3. **NEW BUSINESS**
3.1 **Consideration of Approving Committee Changes.**
Motion by McKee, passed unanimously, to approve the following Committee Changes as per the memo Dated July 10, 2013:

<table>
<thead>
<tr>
<th>Name</th>
<th>Status</th>
<th>Committee</th>
</tr>
</thead>
<tbody>
<tr>
<td>William Holt</td>
<td>Alternate</td>
<td>External Affairs</td>
</tr>
<tr>
<td>Charles Russell, Jr.</td>
<td>Extended to 9/15</td>
<td>Fitness</td>
</tr>
<tr>
<td>Daniel Greene</td>
<td>Extended to 9/15</td>
<td>Fitness</td>
</tr>
<tr>
<td>Donna Price</td>
<td>Extended to 9/14</td>
<td>Fitness</td>
</tr>
<tr>
<td>Jennifer Zukowski</td>
<td>Extended to 9/14</td>
<td>Fitness</td>
</tr>
<tr>
<td>Nigel Goodwin</td>
<td>Resigned</td>
<td>Finance</td>
</tr>
<tr>
<td>Dick Delio</td>
<td>Voting</td>
<td>Finance</td>
</tr>
<tr>
<td>Bill Mason</td>
<td>Resigned</td>
<td>Finance</td>
</tr>
<tr>
<td>Hank Lewis</td>
<td>Alternate</td>
<td>Maint. &amp; Ecology</td>
</tr>
<tr>
<td>Joachim Schirmacher</td>
<td>Voting</td>
<td>Communications</td>
</tr>
<tr>
<td>Roger Anderson</td>
<td>Resigned</td>
<td>Planning</td>
</tr>
<tr>
<td>Jack Spadaro</td>
<td>Alternate</td>
<td>Rules</td>
</tr>
<tr>
<td>Philip DeMailo</td>
<td>Voting</td>
<td>Golf</td>
</tr>
<tr>
<td>Jim Murphy</td>
<td>Alternate</td>
<td>Golf</td>
</tr>
<tr>
<td>Chuck Liddick</td>
<td>Alternate</td>
<td>Golf</td>
</tr>
<tr>
<td>Gordon Rowe</td>
<td>Alternate</td>
<td>Finance</td>
</tr>
<tr>
<td>Gary Reese</td>
<td>Alternate</td>
<td>Legal &amp; Compliance</td>
</tr>
<tr>
<td>Gary Reese</td>
<td>Advisor</td>
<td>Legal &amp; Compliance</td>
</tr>
</tbody>
</table>

3.2 **Consideration of Approving Golf Course Irrigation System Project Contracts and Purchasing Authority.**
Motion by Rugless that the Board approve a professional services contract with Hydro Designs in the amount of $42,000. Vote: Yea: Rucker, Anderson, Rugless, and Meier. Nay: Kelly and McKee. Motion passed 4 to 2.

Motion by Rugless that the Board approve an installation contract with Nutt Construction, LLC, in the amount of $320,475. Vote: Yea: Rucker, Anderson, Rugless, and Meier. Nay: Kelly and McKee. Motion passed 4 to 2.

Motion by Rugless that the Board approve purchase of materials from various vendors according to price and quality in the amount not to exceed $502,925. Vote: Yea: Rucker, Anderson, Rugless, and Meier. Nay: Kelly and McKee. Motion passed 4 to 2.

Motion by Rugless that the Board approve an owner’s contingency of $9,000. Vote: Yea: Rucker, Anderson, Rugless, and Meier. Nay: Kelly and McKee. Motion passed 4 to 2.

3.3 **Consideration of Entering Lots for Maintenance.**
Motion by Rugless, passed unanimously, that Section 2, Lot 434 be entered on or after July 11, 2013, and the lot be mowed and cleared of debris and that the respective property be billed for the cost related to such work in accordance with paragraph 14 of the Restrictive Covenants.

See Minutes, p.4

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**ASSOCIATION NEWS**

**Speed Enforcement Tool, Message Board Proposal, Front Desk Move**

*by Phil Rodenberg, General Manager, LOWA, Inc.*

LOWA has purchased a LIDAR speed detector that is now in use by our security force to enforce our speed limits. LIDAR is a remote sensing technology that measures distance by illuminating a target with a laser and analyzing the reflected light. It is hand-held, battery powered and highly accurate. The portability of the unit makes it easier to monitor traffic without being tethered to a vehicle. The LIDAR unit supplements the radar units in security vehicles.

One of the 2013 Board of Director’s Goals is obtaining costs and options for the replacement of the community message board that was removed in 2010, as well as obtaining the same information for an additional message board at the back gate. At the July 17 Board meeting, staff presented the options for an electronic board and a hand lettered board. At the front gate, the Board preferred locating the board in the triangle between the visitor lane and the member lane. At the back gate, the single option is to set the sign at the mail station to the right when you enter through the gate arm. The three-line electronic board is approximately $8,000 itself. Here are the options:

**Front Gate:**
1. Digital with Stone Base in Triangle: $23,711
4. Manual with Vinyl Frame at Original Location: $2,870

**Back Gate:**
1. Digital with Steel Frame at Mail Station: $12,780
2. Manual with Stone Base at Mail Station: $15,710
3. Manual with Steel Frame at Mail Station: $7,720
4. Manual with Vinyl Frame at Mail Station: $2,870

The Board of Directors is anxious to hear member feedback on whether LOWA should (1) purchase and install a new message board at the front gate, (2) purchase and install one at both the front and back gate, or (3) neither. The message board purpose would be to have another way of getting out information on association business, amenity offerings, and safety information. Please send an email to feedback@LOWA.org. We will make sure the Board receives your comments.

The Association has begun the Holcomb Building Front Desk Relocation Project, to create a no-barrier entry into the area where most members conduct business with the Association. W.E. Bowman Construction of Richmond began work this week to build the new front desk area in the Conference Room on the lower level of the Holcomb Building. The contractor is scheduled to complete the work of the new front counter, waiting area, office space, and small meeting room by the first part of September. We have relocated committee meetings and other member gatherings from the Conference Room to spaces in other LOWA buildings.

**Looking Your Best at the Clubhouse**

*by Chaz Kilby, Member, Clubhouse Committee*

Whether it is an evening dinner, lunch on the deck, or drinks with friends in the Members’ Lounge you always want to look your best at The Lake of the Woods Clubhouse.

**Our Formal Areas:** The President’s Room, Great Hall, Germanna, Chancellorsville, and Wilderness Rooms: Dinner and Sunday Brunch is served in these rooms and more “dressy” attire is appropriate.

**Our Casual Areas:** Grill Room, Members Lounge, and Deck: You can also have dinner and drinks in these areas and a more “casual” approach is accepted.

We look forward to seeing you “Looking Your Best” at the Clubhouse.

The Clubhouse dress code is in place to enhance our members’ dining and entertainment experience. Clothing should always be neat, clean, and in good taste. Shoes are always required. Swimwear is not permitted without proper cover up in the Clubhouse or on the deck. For questions or more information about the Clubhouse Dress Code, please contact Clubhouse Management at 540-972-2221 or refer to our website: LOWA.org/Amenities/Clubhouse
ASSOCIATION NEWS

Minutes, from p.3

3.4 Consideration of Authorizing Funding for the Golf Course 15th Fairway Drainage Project.
Motion by Rugless, passed unanimously, that the Board authorize funding for the Golf Course 15th Fairway Drainage Project in the amount of $17,000.
Motion by Kelly, passed unanimously, that the funds for the project be allocated from the Roads Reserve.
3.5 Adjournment: Motion by Meier, passed unanimously, to adjourn the business portion of the meeting at 3 PM, and move into the Workshop.

4. WORKSHOP
4.1 Planning Committee Presentation on the 25-Year Plan.
Planning Committee Chair Tom Sheridan narrated a slide presentation and provided the Board with an outline of the 25-year strategic outlook for the LOWA Community as currently envisioned by the Planning Committee. Needs were identified within the framework of current Orange County Zoning, Route 3 corridor, and land use plans, with consideration given to the current and projected demographics within LOW.

Working primarily with the Safety & Security and M & E Committees, the Committee compiled a comprehensive list of future needs both outside and inside LOWA which included perimeter fences and gates, roads, trails, utilities, lake ecology, dams, marinas, buildings, pools, parking, and all other amenities. Technology upgrades and improved energy and environmental efficiencies were also considered and included in the plan. Future plans were assigned to a timeline of short-term needs (1-5 years), middle-term needs (5-15 years), or long-term needs (16-25 years).

Priority was assigned to those projects identified in the 5-year plan as most likely to provide subsidy stability/reduction, or those that would improve community safety.

5. Member General Comments
Board members heard comments relative to concerns about specific aspects of the irrigation system replacement contract, especially warranties and supervisory responsibilities, and sources for funding repairs. There was a request that additional consideration be given to day lighting the 15th Fairway stream now rather than invest in repairs. The feasibility study for the golf course irrigation system will be posted on the LOWA website.

6. Scheduled Meetings
- Regular Board Meeting and Workshop: Wednesday, July 17, 2013, at 2 PM in the Community Center.
- Regular Board Meeting: Saturday, August 3, 2013, in the Community Center. Executive Session: 8 AM. Open Session: 10 AM.

7. Adjournment: There being no further business, President Walsh adjourned the Workshop at 4:25 PM.

Louisa Rucker, LOWA Secretary

Volunteer for Honor Awards Committee
by George Lovelace, Chairman, Honor Awards

On Labor Day 2012, you saw the fruit of the work of the Board of Directors’ Honor Awards Committee. In accordance with the charter, the Committee makes an oral report through the President to the BOD, recommending individuals and groups to receive recognition who have made outstanding contributions toward advancing and promoting the community welfare of LOW residents. Twenty members received awards this past year for their volunteer service to the community.

Why volunteer for the Awards Committee? You will have an opportunity to contribute to the community. Use your skills in a new setting. Bring refreshed energy to the committee. You will find new friends and new relationships, and most of all, develop a sense of accomplishment and self-worth. Also, you will bring value to LOWA by assisting and advising the BOD and the General Manager.

The committee only requires monthly meetings from April through Labor Day. Our main task is to provide oversight of the Honor Awards Program. Significantly, the committee solicits nominations for the various award categories, reviews the nominations, and recommends to the Board the awards to be given in each category.

The committee needs you because it recognizes you are a very special person who will grow, learn, and seek fulfillment as you help the committee to accomplish its mission.

It is a great honor to participate in the process that recognizes the many volunteers within LOW who do such things as giving aid to seniors, holding hands in a hospice, or spontaneous acts of kindness like helping a neighbor shovel snow from their walk. These large and small acts, given freely, are what bind our community together.

As you look for ways to volunteer, please give the Honor Awards Committee consideration. Please contact Chairman Larry Eiben at 972-1847 should you have questions or wish more detail.

Improvements Made at Fitness Center
by Daniel L. Greene, Chairman, Fitness Committee

The new low-velocity/high-volume ceiling fans at the Fitness Center have greatly improved the comfort in the rooms. There are no drafts, just a gentle breeze throughout the rooms. The humidity is low and the temperature uniform throughout the rooms. As you work out on any of our 27 pieces of equipment, it is nice to have a cool, clean-smelling environment in which to work out, no matter where you are in the rooms.

Our new Recumbent Elliptical is getting use. More and more people are beginning to use the Free Weight equipment that has its own room, separate from the Aerobic treadmills, elliptical, and recumbent bikes. The four-center Circuit Series equipment is becoming very popular along with the open floor space for stretching and balance work.

The new card reader system is proving to be so much more reliable and easier to use. Security has become more visible and has increased its onsite inspections. The Red Phone is fully functional and checked every day. Room and equipment cleaning is now done daily. The Center is open from 5 AM to 11 PM, 7 days/week. It is still only $95/family/year from the day you sign up—that means Dad, Mom, and kids over 14 for just $95/year.

There is a sign-in sheet to help us track what equipment is being used for future expansion and to show the strong activity at the Fitness Center. Come join us at our clean, well-equipped, airy, open Fitness Center.

Next Tennis Social is Saturday, August 10
by Ken Kaltenmark, Chairman, Tennis Committee

All players are invited to the next Tennis Social to be held at Hollyfield Park on Saturday, August 10 starting at 9 AM. Please bring a dish to share during the social gathering following the tennis play (about 11 AM). This is a social with all levels of players expected to attend and enjoy.

Please call Sharon or Ken at 972-2616 to reserve your spot to see how much fun you can have for two bucks.

Water Fitness
Clubhouse Pool
Monday, Wednesday: 9 AM and 10 AM
Friday: 10 AM

$5 a class, Pay at pool
Info: Greeney -6739

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Local References

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Mike Cell 703-309-3070
Marlene Cell 703-209-9789

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Water Fitness
Clubhouse Pool
Monday, Wednesday: 9 AM and 10 AM
Friday: 10 AM

$5 a class, Pay at pool
Info: Greeney -6739

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Mike Cell 703-309-3070
Marlene Cell 703-209-9789
ASSOCIATION NEWS

Tips from the Golf Pro
by Rea Hargraves, PGA and Woods Center Manager

Coming Events:
July 27-28 Male / Female Golf Tournament, 8:30 AM
August 21 “Social Golf“ 60 players, 9 AM, Shotgun
3,4,10,11 Men’s Club Championship, 8:30 AM
5 Special Olympics, 5:30-6:30 PM
8 Sr. League Match - LOW vs. FSCC, 9 AM

Posting of events is listed in the Pro Shop or call 972-2230 for more information.

On June 22-23 we held the Spring Two-Person Team Tournament, which had 66 players. There were three different divisions: Men, Senior Men, and Ladies. Each group had a Low Gross and a Low Net. For the Men’s Division, Low Gross went to David Carli and Jerry Hoerner, who shot a 138. Low Net went to Earl Porter and Paul Yurkus with a 123. For the Senior Men, Overall Low Gross went to Ralph Debnam and Warren Gage with a 156. Overall Low Net went to Tommy Thompson and Bob Leuallen with a 125. They had a tie and won the victory with a sudden death on the first hole. For the Ladies Division, Sandy Kenyon and Anne Thaxter won the Overall Low Gross with a 167. Overall Low Net went to Denise Reese and Debbie May with a 128.

On June 25 we held the Sadie Hawkins Golf event in which the lady invites a man, not her husband, to play golf. The format was a one best ball of the twosome with three flights. The event was sponsored by Loretta Yurkus and her helpers from the Ladies Golf Association. There were 92 players. The Overall Low Gross winner was Jeanne Woodward and Chuck Liddick with a 77. The Overall Low Net went to Louise Hoh and Bill Halpin with a 56. Next year will be the 10th Anniversary of starting the Sadie Hawkins at Lake of the Woods.

On July 8-12 we held the Junior Golf Camp at Lake of the Woods. For this year we had 29 junior golfers. During the week, we learned the proper grip, posture and stance. As a group we covered the different parts of the golf course, fixing ball marks of the greens, learned putting, short game, irons and woods. We were going to play golf at Sweetbriar Park on Friday, but it was cancelled due to heavy rain! Instead, we met Friday afternoon at Lion George Lewis Pavilion in Sweetbriar Park for our picnic of pizza, watermelon, and sodas. Everyone learned a lot during the week and had a good time!

On July 13, we held the Lake of the Woods Junior Club Championship and the Junior Golf Tournament at Lake of the Woods. We had 17 players in the golf tournament. Children ages 11 to 13 played nine holes from the silver tees. The winner for the Junior Club Championship was Corrado Apostolakis, who shot a 67. The next group, ages 7-10, played four holes from the “Family Tees.” The winner was Ben Heffer, who shot a 22. For the Junior Golf Tournament, ages 7-10, the winner was Brady Falk with a score of 17. The weather was great and everyone enjoyed the golf course.

Have a great day on the golf course!
ASSOCIATION NEWS

Resolutions Considered by the Board

At its July 17, 2013 meeting, the Board of Directors voted to publish the following proposed Policy Resolutions to make amendments to the Regulations.

Amendments to Regulation IV.D., Individual Behavior, Regarding Solicitation, (Policy Resolution 2013-10)


The intended effect is to update the Association Regulations to bring all in compliance. The membership should submit their comments to the Board of Directors at Board@LOWA.org by August 9, 2013 for consideration at the August 21, 2013 Board of Directors’ meeting. At which time the Policy Resolutions will be voted on and could become effective.

Policy Resolution 2013-9
Traffic Violations

WHEREAS, Article V of the Bylaws gives the Board of Directors the authority to adopt, publish and enforce rules and regulations governing permitted and prohibited uses and restrictions within the Association; and

WHEREAS, Section 12C of the Declaration of Restrictions authorizes the Association to regulate the use of the streets; and

WHEREAS, there is a need for a clear, concise and enforceable language concerning traffic violation; and

WHEREAS, the Legal and Compliance Committee recommended the Board adopt amendments to the traffic regulation on May 7, 2013.

NOW THEREFORE RESOLVED, that the Board will amend the language in Section IV.D., Individual Behavior, as written below to be effective immediately:

1. No door-to-door or common area sale of goods and services or solicitation of funds is permitted except for:
   a. Annual LOW Volunteer Fire and Rescue, Inc. Fund Drive
   b. Annual CHART (Cancer, Heart, and Red Cross Together)
   c. Sales and solicitation by LOW youth to support school activities, Girl Scouts, and Boy Scouts.
   d. Annual White Cane Days by the Lions Club
2. All others desiring to sell goods and services, or solicit donations within LOW must have the written permission of the General Manager. Such requests could become effective.

Policy Resolution 2013-10
Solicitation

WHEREAS, Article V of the Bylaws gives the Board of Directors the authority to adopt, publish and enforce rules and regulations governing permitted and prohibited uses and restrictions within the Association; and

WHEREAS, there is a need for regular review of Regulations for completeness, clarity and enforceability; and

WHEREAS, there is a need for a clear, concise and consistent meaning concerning Solicitation; and

WHEREAS, the Rules Committee initiated the review of regulations regarding solicitation and recommended amendments on June 18, 2013.

NOW THEREFORE RESOLVED, that the Board will amend the language in Section IV.D. Individual Behavior, as written below with an effective date of ____________:

a. Annual LOW Volunteer Fire and Rescue, Inc. Fund Drive
b. Annual CHART (Cancer, Heart, and Red Cross Together)
c. Sales and solicitation by LOW youth to support school activities, Girl Scouts, and Boy Scouts.
d. Annual White Cane Days by the Lions Club

2. All others desiring to sell goods and services, or solicit donations within LOW must have the written permission of the General Manager. Such requests must be submitted in writing at least 45 days before the desired date.

Policy Resolution 2013-11
Use of Lakes

WHEREAS, Article V of the Bylaws gives the Board of Directors the authority to adopt, publish and enforce rules and regulations governing permitted and prohibited uses and restrictions within the Association; and

WHEREAS, there is a need for a clear, concise and consistent meaning concerning the use of LOWA Lakes; and

WHEREAS, the Lakes Committee recommended the Board adopt amendments to Regulation X., Use of Lakes on April 20, 2013.

NOW THEREFORE RESOLVED, that the Board will amend the language in Regulation X., Use of Lakes, as written below with an effective date of ____________:

X.A.1. a. “Motorized Watercraft” shall include all gasoline or electric, inboard, outboard, inboard-outboard motor boats, pontoon boats, sailboats (when motorized), fibertoon or deck boats capable of carrying multiple passengers. These watercraft are categorized as “Vessels by US Coast Guard regulations and as such, must have on board all required safety equipment (See X.A.8., Safety Equipment.). Operators must satisfactorily complete the LOWA Safe Boating examination (if engine is 10 HP or greater), and each vessel must display current LOWA decals.

X.A.1.b. “Personal Watercraft (PWC)” comprise a narrow category of Motorized Watercraft capable of carrying multiple passengers. These watercraft are

See Traffic, p.18

See Lakes, p.18
Thunderstorms – What is a Boater to Do?
by Julie Wilson, Chair, Lakes Committee

OK – so you’re out boating on the lake and you hear thunder, or worse yet, see lightning. What do you do? Your decision could make the difference between serious injury or even death – and returning to enjoy water sports another day.

Let’s look at some facts.

• Virginia averages 35-45 thunderstorms per year, most commonly in the late afternoons and evenings of summer months.1
• Boats operating near thunderstorms are at great risk of being struck by lightning. Lightning is attracted to tall objects, and boats are normally the tallest thing out on the water. A strike to a boat can cause personal injury, death, hull damage and more. 2
• The vast majority of lightning deaths on boats occur on small open boats (i.e., those without a cabin – like almost all boats at LOW). In other cases boaters have been knocked unconscious but eventually recovered. Half of all lightning related deaths occur after the storm has passed. 3
• If you can hear thunder, you are close enough to the storm to be struck by lightning. 4

So, back to the question, thunderstorms -- what is a boater to do? The National Oceanographic and Atmospheric Administration (NOAA) recommends following the 30-30 rule ‘If the time after seeing a lightning flash is less than 30 seconds from hearing the thunder, you are in danger of being hit and need to seek shelter. After seeing the last flash of lightning, wait 30 minutes before leaving safe shelter.

The smart boater checks the Doppler radar and/or carries a NOAA weather radio (http://www.nws.noaa.gov/mwr/) onboard their vessel. Defer boating activities when thunderstorm warnings have been issued for the area.

Have fun – stay safe.


Equestrian Center Having Banner Year!
by Louisa Rucker, Board Liaison, Equestrian Committee

For the third straight summer, enrollment for the week-long Pony Camps has exceeded expectations - make that wildest hopes - with 92 children expected to attend and requests for space still coming in. Also, 102 children received pony rides on the morning of July 6 at the Equestrian Center, even as the annual Independence Day Parade was taking place! Trail rides remain popular; think of those for a fun activity when guests are visiting. What a wonderful amenity for city folk to experience in our historic neighborhood.

The Equestrian Center’s Second Annual Dog Festival will be held on September 14. Vendors are already calling for display space, so mark your calendar for this popular, fun event. The local animal shelters and rescue groups are planning to bring new friends for you and your family to meet.
LOW COMMUNITY

Friday Night 9 Hole

Couples Events

Dates: August 23 & September 20, 2013
Shotgun at 4:30 pm
Sign up in the Pro Shop or contact Janet Thompson at 972-6758 for more information

The Annual Clubhouse Luau

Friday, August 2nd, 2013
Dress up in your favorite Hawaiian Outfit and dance the night away!
6-10 PM
$25 per person (tax and gratuity NOT included)
Cash Bar & DJ 6-10PM
Contest: Best Luau Outfit
Limbo Contest
Best Hula Dancer
(Winners to receive Clubhouse Certificate)

Luau Buffet to include:
Pulled BBQ Pork
Huli Huli Chicken
Coconut Shrimp
Sunset Spring Rolls
Luau Rice
Banana-Yam Casserole
Mahi-Mahi w/ Pineapple Salsa
Fresh Fruit Display
Caribbean Cole Slaw
Hawaiian Potato-Mac Salad

Desserts:
Coconut Layer Cake
Aloha Nut Brownies
Key Lime Pie
Banana Nut Bread

Reservations A Must
Call 972-2221
Adults Only Please!
(no cancellations after July 26th)

Men’s Club Championship 2013

Qualifying Round
August 3, 2013

1st Round match Play
August 4, 2013

2nd Round Match Play
August 10, 2013

Final Round Match play
August 11, 2013

We will again have the Match Play Championship for Men at Lake of the Woods for 2013.

Gold Tees at Scratch /Gold Tees with Handicap

Cost will be $25.00 per player (Cart and Green Fee Additional)
Sign-up in the Pro Shop

Senior Men’s Club Championship 2013

Qualifying Round - August 17, 2013

1st Round Match Play - August 18, 2013

2nd Round Match Play - August 24, 2013


We will be having the Match Play Championship for Senior Men at Lake of the Woods in 2013.

Gold Tees at Scratch /Gold Tees with Handicap

Cost will be $25.00 per player (Cart and Green Fee Additional)
Sign-up in the Pro Shop
ASSOCIATION NEWS

ASSOCIATION BULLETIN BOARD

Board Meeting: Saturday, August 3, 10 AM, CC
LOWA Board Candidates Forum Question & Answer Session:
Sunday, August 4, 3 PM-6 PM, CC

COMMITTEE MEETINGS:
July 26 through August 14
Members are encouraged to attend.

- Pools: 8/5, 7 PM (WC)
- Finance: 8/6, 7 PM (LLCH)
- Fitness Center: 8/7, 10:30 AM (CR)
- Safety & Security: 8/7, 3 PM (WC)
- ECC: 8/8, 8:30 AM (CC)
- Honor Awards: 8/9, 10 AM (WC)
- Tennis: 8/12, 4 PM (CC)
- Equestrian: 8/13, 1 PM (CC)
- clubhouse: 8/14, 1 PM (CH)

MEETING FACILITY KEY:

- CC: Community Center
- CH: Clubhouse
- CHGH: Clubhouse Great Hall
- CH-PR: Clubhouse Presidents Room
- EQ: Equestrian Center
- LLCH: Lower Level Clubhouse
- M-CR: Maintenance Conference Room
- RR: Reading Room
- TC: Teen Center
- WC: Woods Center

July 26 to 28
Friday — Prime Rib or Crab Stuffed Shrimp or Pan Seared Scallops
Saturday — Prime Rib or Sirloin w/ Crab cake or Seafood Mornay
Sunday — Chicken Pot Pie or Monterey Chicken

July 31 to August 4
Wednesday — Pasta Da Vinci or Steamed Crab Legs
Thursday — Jack Daniels Ribs or Citrus Glazed Chicken or Fried Panko Shrimp
Friday — Prime Rib Dinner or Yellow fin Tuna w/ bacon jalapeno cream sauce or Seafood Skewers
Saturday — Prime Rib Dinner or Baked Scallops Florentine or Porterhouse Porkchop
Sunday — Broiled Crab Imperial or Beef Stroganoff

August 7 to 11
Wednesday — Fried Oysters or Chicken Parmesan
Thursday — Jack Daniels Ribs or BBQ Pork Platter or Manicotti w/vodka cream sauce
Friday — Prime Rib Dinner or Yellow fin Tuna w/ bacon jalapeno cream sauce or Seafood Skewers
Saturday — Prime Rib Dinner or Baked Scallops Florentine or Porterhouse Porkchop
Sunday — Broiled Crab Imperial or Beef Stroganoff

The entire menu is not available during lunch hours on Saturday or Sunday. It is a modified menu to include: sandwiches, burgers, salads, appetizers and soups.

To make reservations, call the Clubhouse at 972-2221.

CHANNEL 18 PROGRAMS
Please check Channel 18 for a list of show times. Watch for new Amenities informercials at the end of most programming.

Serving breakfast and lunch 7 days a week!
Open Daily 7 AM to 5:30 PM except Thursdays, open until 9 PM

Farway's CAFE AT THE WOODS CENTER

Serving breakfast all day along with sandwiches, soup, salads and burgers.
Call your order in at 972-2216

Daily Specials:

Monday: Turkey Club with Chips & Drink $5.25
Tuesday: Ham Salad Sandwich with Chips $4.25
Wednesday: Kraut Dog with Chips & Drink $4.00
Thursday: BLT with Chips & Drink $5.25
Friday: Reuben With Chips $5.50

Serving Breakfast All Day along with sandwiches, soup, salads and burgers.
Call your order in at 972-2216
TO RESERVE MEETING SPACE IN ALL FACILITIES: WOODS CENTER, COMMUNITY CENTER, LOWER LEVEL CLUBHOUSE, SWEETBRIAR PARK/PAVILION, AND HOLCOMB BUILDING, CONTACT SYLVIA -9680, OR SEE "FORMS" AT LOWA.ORG.

WI-FI AVAILABLE AT THE HOLCOMB BUILDING, WOODS CENTER, AND COMMUNITY CENTER.

HOLCOMB BUILDING: Info -2237
M-F, 8:30 AM-5 PM
Saturdays 9 AM-1 PM

CLUBHOUSE: Info: Reservations -2221
Office Hours: Wed-Fri, 8 AM-5 PM
Lunch: Sat & Sun, 11 AM-4 PM
Dinner: Wed & Sun 5-9 PM
Thurs, Fri & Sat, 5-10 PM
Brunch: Sunday 10 AM-1 PM
Menus online: LOWA.org/clubhouse.htm
Deck is open!

COMMUNITY CENTER: Info -9680

ECC OFFICE: Info -2211
M-F, 7 AM-3:30 PM

EQUESTRIAN CENTER: Info -2238
Hunter Horse Show, 8/11, 9 AM Free

FITNESS CENTER: Info: Sylvia -9680
Open Daily 5 AM-11 PM
Equipment Trainer: Jennifer -8880

GOLF: Reserve a tee time -2230
Pro Shop: 7 AM, daily
Golf Course: (subject to change) 7:30 AM daily
Tee Times: Info -2216
7 AM-5:30 PM, daily except
7 AM-9 PM, Thursdays

MARINA: (through September 1)
Tues-Fri, 12-7 PM; Sat/Sun, 9:30 AM-5:30 PM
Closed Mondays (except holidays)

POOLS: Info: Sylvia -9680
Clubhouse Pool: 12 PM-7 PM, daily
Sweetbriar Pool: 1 PM-8 PM, 6 days a week, closed Wednesdays

SECURITY/FRONT GATE: Info -2210 or -2220
lakeoftenwoods.capsure.com

TENNIS: Hollyfield Park
Info: Jim -8888
Courts available 24/7 with pass code or key.
Tennis Social, 8/10, 9 AM. Info: 2616

September 21, Friends of the Rappahannock 23rd annual Rappahannock Riverfest, at Farley Vale Farm on Route 3 in King George from 3-8 PM. Tickets are $75 each. Event details and tickets are available online at www.riverfriends.org. Info: 540-373-3448.

HALLOWEEN FUNDRAISER IS NOVEMBER 1

FLAXY'S WOODS BOOK SALE
- Lowa.org/clubhouse.htm
- 7 PM-9 PM, 8/11
- Lowa.org/clubhouse.htm
- Please refer to the previous page for meeting room location key

Friday, July 26
9 AM Yoga Class (call for location). Fee. Info: Phyllis -1457.
1 PM-3 PM Open Tennis (Hollyfield). Intermediate/above players welcome. Info: Charles -5858.
7:30 PM-9:30 PM Square Dancers (LLCH). Info: Darby -7696 or Boyd -0674.

Saturday, July 27
8 AM-1 PM Rikki’s Refuge PAWS-itivey Gigantic Yard Sale. 21410 Constitution Hwy, Rapidan.
Info: www.rikkisrefuge.org.

Sunday, July 28
7 PM-9 PM Duplicate Bridge (WC). Info: Bob -8211.

Monday, July 29
1:30 PM-3:30 PM Open Tennis (Hollyfield). Intermediate/above players welcome. Info: Charles -5858.
7 PM Monday Night Bridge (WC). Info: Martha -0385.

Tuesday, July 30
9 AM Horseshoes for Fun (HF Park). All levels. Info: Ron 412-2872.
12 PM-3 PM Closet Quilters (LLCH). Info: Marie -4538.
5 PM TOPS weigh-in/meeting (LGMS). Info: Carla -3436.
7 PM Tai Kwon Do class for ages 8-12 (CC). Fee. Info: Mike -2058.
7:45 PM Tai Kwon Do class for ages 13-adult (CC). Fee. Info: Mike -2058.

Wednesday, July 31
9:30 AM-12 PM Wednesday Ladies’ Bridge (WC). Info: Debbie -1147.
1:30 PM-3:30 PM Open Tennis (Hollyfield). Intermediate/above players welcome. Info: Charles -5858.

FUNDRAISERS

September 21, Friends of the Rappahannock 23rd annual Rappahannock Riverfest, at Farley Vale Farm on Route 3 in King George from 3-8 PM. Tickets are $75 each. Event details and tickets are available online at www.riverfriends.org. Info: 540-373-3448.

Cause 4 Paws current fundraiser is raffling off a Queen-Sized Cat Quilt and other gift certificates from local businesses. The drawing will be held on December 10, and you need not be present to win. We are still in NEED of VOLUNTEERS, cat food, and monetary donations. Proceeds benefit feline rescue. Donations are tax deductible as we are a 501(c)(3) charity. Tickets/info: Mary Kay -5467 or CC -7902. Meow Stories is seeking kind-hearted, compassionate volunteers to lovingly foster kittens and cats, help with fundraisers, adoption events, clinic transportations, and more. Visit www.meowstories.org or email meowstories@gmail.com or call 540-373-5515 for more information. LOW Lions Book Sale - Used books will be sold on the last Saturday of each month from 8:30 AM-3:30 PM at the Ferris Bldg., except Dec and Jan. Profits go to the benevolence fund. Book donations are accepted at our book sales and on Mondays and Thursdays from 9:30 AM-11 AM. Info: Ann -4383 or Sherri 412-9854. Car & Boat Donations - We accept car, boat, cano, or other large equipment donations that are in working, safe condition. Info: Lion Bob -0783. Bargains, Bargains, Bargains! The Lions/Velona Bldg. will be open for sales and drop offs on Saturdays each month from 9 AM to Noon. For pickup, call Norm, 540-205-5529. LOW Directory - On sale for $10 at the Holcomb Bldg. Sales benefit F&R.

Deadline for submissions to the August 9 issue of Lake Currents is July 29.
Deadline for submissions to the August 23 issue of Lake Currents is August 12.
LOW COMMUNITY

NOW ENROLLING

The Lake of the Woods Church Child Care Center is Now Enrolling School-age Children for the 2013-14 School Year.

Morning Program
Afternoon Program
Drop-In Program
All Day Care for Teacher Workdays/Holidays
6:30 AM - 6:30 PM

To enroll or for more information please contact
Belinda Divelbiss, Director
or Tracy Dodson, Asst. Director
540-972-2349
Fax 540-972-2209
cccbelinda9722349@yahoo.com
Serving the community for over 25 years

NOW ENROLLING

The Lake of the Woods Church Child Care Center & Preschool is Now Enrolling 3s and 4s for the 2013-14 School Year.

Morning Preschool
8:30 AM to 12:00 Noon
Day Care
6:30 AM - 6:30 PM

To enroll or for more information please contact
Belinda Divelbiss, Director
or Tracy Dodson, Asst. Director
540-972-2349
Fax 540-972-2209
cccbelinda9722349@yahoo.com
Serving the community for over 25 years

Your Neighbors Need You – Join the Team!

Lake of the Woods Rescue Squad

Emergency Vehicle Operator Course

August 5th, 7th & 11th, 2013
Aug 5th & 7th – Classroom Instruction
Aug 11th – Driving Test

For more information – please contact:
Larry Eiben - 540-972-1847

A pessimist, they say, sees a glass of water as being half empty; an optimist sees the same glass as half full. But a giving person sees a glass of water and starts looking for someone who might be thirsty.
Lucky Charms Win June Tournament!

by Joe Lentine, Reporter, LOW Angler

The LOW Anglers held their fourth tournament of the 2013 season on Saturday, June 23, with thirteen teams fishing for six hours under hot early summer conditions on the lake. The rising water temperatures have brought the fish up for feeding as nearly all 13 boats were able to bring in total weights over ten pounds. The Lucky Charm team of Mike Fanning and Rich Stanton fished hard throughout the day and caught fish at a variety of depths, and locations using an assortment of baits, including some top water lures, jigs, and Texas-rigged worms. Their persistent efforts were rewarded with the highest total weight of the season so far, as they brought in an impressive five-fish weight of 19.53 lbs. The next closest weight came from Team Extreme with 17.07 lbs., which included the big fish of the day, a 4.84 lb. lunker caught by John Micks. Then the Bass Wholes team weighed in at 14.35 lbs. The fishing action across all teams was fast and furious, and included a few tales of big fish that were heartbreakingly missed at the boat, which could have made a difference in the final line ups.

The top five finishes for the June 23 event were as follows:
1st Place – Lucky Charms (Mike Fanning & Rich Stanton): 5 fish total 19.53 lbs.
2nd Place – Team Extreme (Mark Nowacki & John Micks): 5 fish total 17.07 lbs.
3rd Place – Bass Wholes (JD Krob & Matt Brady): 5 fish total 14.35 lbs.
4th Place – Hay Seeds (Dave Allen & Guy Breden): 5 fish total 14.12 lbs.
5th Place – Crimson Tide (Carl Clawson & Greg): 5 fish total 13.95 lbs.

Big Fish – John Micks – Team Extreme – 4.84 lbs.

After four events, the season point standings are starting to take shape with the Lucky Charm team building a significant lead in the overall point totals. The top five teams in the overall point standings are:
1. Lucky Charms - 665 points
2. Five Alive - 620 points
3. Hay Seeds - 615 points
4. Team Extreme - 610 points
5. Crimson Tide - 580 points

All fish were released safely back in the lake after weigh-in.

For more information regarding the LOW Anglers, please go to the website: www.lowanglerwebs.com/

Members Matter

by Judy Minzes, Members Matter

Members Matter “Meet the Candidates Night” was held at 7 PM on July 11 at the Woods Center. All BOD candidates participated. Members Matter wishes to thank all the candidates: Dick Delio, Jim Hutchison, Nancy King, Stan Lasover, Colin Newlin, Louisa Rucker, and Mike Rugless, for taking the time to come out and meet the residents, present their platforms, discuss their points.

Future forums will be conducted in the coming weeks before the September election. All residents are encouraged to attend these forums in order to meet and hear the candidates discuss their platforms.

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DON’T MISS IT $189,000! One owner beautiful Colonial home featuring 3br/2.5ba, living, family, dining, breakfast and year around sun room. Built-in book cases & cabinets-plenty of storage. About 2,000 sq. ft. Hardwood floors & carpet. Great location, just minutes from front gate pool & beach.

My list of residents willing to be part of a “wildlife watch” or to assist in the rescue of injured wildlife is growing dramatically. Thank you to everyone! If you are interested in becoming a member of our informal wildlife group, FOWL (Friends of Wildlife at the Lake), please email me at plicata@mrisc.com.

Until next time… It’s another beautiful day at the lake!
LGA News
by Karen Woods, Publicity Co-Chair, Ladies Golf Association

August will be a very busy month for the Ladies Golf Association. The President’s Cup Tournament is scheduled for three consecutive Tuesdays: August 6, 13 and 20. This is an individual stroke play tournament, and you compete within your own flight. August 1 handicaps will be used throughout this tournament. Winners are determined by the best of two rounds-out-of-three for low gross and low net score. Declare your intent to participate by paying the $2 entry fee when you check in on Tuesday, August 6 or 13. If you miss one of the days you can still compete by playing two rounds.

Now is the time to line up your partner for the Member/Member Tournament, which will take place on Tuesday, August 27. The annual LGA membership meeting, the election of officers, and presentation of next year’s budget will begin in the Woods Center Cardinal and Dogwood Rooms at 7:30 AM when a continental breakfast provided by the Member/Member co-chairs will be available. The shotgun start will be at 9 AM. All participants will receive a $7 coupon for lunch at the Fareways Café following play.

Your partner’s handicap should be within seven strokes of your handicap. If there is more than a seven stroke difference, strokes will be taken off the highest handicap.

The August 15 handicaps will be used for the tournament. The format will be Ryder Cup. For 18-Holers, Holes 1-6 will be Best Ball of the twosome with full handicap. Holes 7-12 will be Alternate Shot. One partner tees off, then the other hits and they alternate shots until the ball is holed. Holes 13-18 will be a two-person scramble using at least two drives from each partner. For 9-Holers, holes 1-3 will be Best Ball of the Twosome. Holes 4-6 will be a two-person scramble using at least one drive from each partner. Holes 7-9 will be Alternate Shot until the ball is holed. The sign-up sheet will be in the ladies room at the Woods Center about two weeks ahead of the date.

The cost for the tournament is $15 per person. Cart and green fees apply, as usual. Checks should be made out to “LOW LGA” and noted Member/Member. The deadline for sign up and payment is Monday, August 19. If you have any questions, please see any of the Member/Member Co-Chairs, Heather Kuzma, Judy Hall, or Elaine Shirley.

Snapper Jack’s Yard Care, LLC
Taking Care of Mother Earth

- Spring clean-up, leaves, gutters, etc.
- Ask about custom yard care packages
- Power Washing - Decks, Docks, Houses
- Mulch - Bulk Mulch Delivered & Spread
- Grass Mowing - Aeration, Weed, Feed & Seed
- Trimming - Grass, Shrubs, Trees & Small Tree Removal
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GOOD CHOICES for LOWA!
Paid for by friends and neighbors who know them well

Book Club News
by Helen Nolan, Book Club

Anne Morrow Lindbergh’s A Gift From The Sea, was well-received by the members of the Book Club, and was given high marks for the writing style and insightful observations by the author.

The August selection takes the reader to New England and a local Red Lobster restaurant, where we are introduced to manager Manny DeLeon and his staff. Stewart O’Nan’s Last Night at the Lobster has been described as “...a poignant yet redemptive look at what a man does when he discovers that his best might not be good enough.” Copies of the book are available through the Wilderness, Salem Church, and Culpeper Libraries or at your favorite bookstore. Pick up your copy and join the Book Club’s discussion at the Wilderness Library, at 1 PM on Wednesday, August 14.
For information, please call Helen at 972-9068.

Photo by Drew Jackson

Long-time LOW resident John Henry (center) was inducted into the Habitat for Humanity Virginia Affiliate Hall of Fame in May 2013. “John was about Habitat all the time, he could not talk to anyone without making a pitch for Habitat. John was our chief volunteer, Board member, Board President, fundraiser, and deal maker,” said Cindy Reid, current Board President (left). “OCHFH (then known as Rapidan Habitat for Humanity) built a lot of houses for a small, rural, all volunteer affiliate. We had a four house Blitz Build in 2004, and a Women’s Build one year. We are now making plans for our 28th house, a remarkable feat for an all-volunteer affiliate.”

“There isn’t anyone who better deserves to be in the Virginia Affiliate Hall of Fame. Central Virginia, and Orange County specifically, is much better off for the work and inspiration that John Henry provided,” reported Overton McGhee, Executive Director at Habitat for Humanity of Virginia.
Lions Plan September Golf Tournament

by Jerry Davis, Member, LOW Lions Club

If you’re looking for an afternoon of fun on the beautiful Lake of the Woods Golf Course, sign up now for the annual LOW Lions Club Golf Tournament to be held at 1:30 PM on Friday, September 27.

With a scramble format, the tournament offers a great time for a good cause—proceeds will go to the LOW Lions benevolence fund to support its sight and hearing programs. The cost is just $65 per person and includes green fees, cart, and a picnic dinner after the tournament.

Prizes will be awarded to teams finishing in first, second, and third place, and for closest-to-the-pin and closest-to-the-line for both men and women. There will also be lots of other prizes for raffle winners.

You may sign up individually or put together your own foursome on the poster in the lobby of the Woods Center. Registration forms are available at the Pro Shop and on www.LOWLions.org, or by calling Lion Tom Walker at 972-4338. The deadline for registration and fee payment is September 20.
Thursday, August 1
9 AM  Horseshoes for Fun (HF Park). All levels. Info: Ron 412-2872.
7 PM  Tae Kwon Do class for ages 8-12 (CC). Fee. Info: Mike -2058.
7:45 PM  Tae Kwon Do class for ages 13-adult (CC). Fee. Info: Mike -2058.

Friday, August 2
9 AM  Yoga Class (call for location). Fee. Info: Phyllis -1457.
1:30 PM-3:30 PM  Open Tennis (Hollyfield). Intermediate/above players welcome. Info: Charles -5858.

Saturday, August 3
10 AM  LOWA Board Meeting (CC). Info: Lorri -2214.
6 PM  Water Ski Show (CH Dock). Info: Susie -5751.
Dusk  Lighted Boat Parade (CH Point). Info: -5751.

Sunday, August 4
3 PM-6 PM  LOWA Board Candidates Forum (CC). This is your chance to ask questions and get to know the candidates. Info: Betty -8232.
7 PM-9 PM  Duplicate Bridge (WC). Info: Bob -8211.

Monday, August 5
1:30 PM-3:30 PM  Open Tennis (Hollyfield). Intermediate/above players welcome. Info: Charles -5858.
7 PM  Monday Night Bridge (WC). Info: Bob -8211.
**HUMAN SERVICES**

**Blood Pressure Screening.** The LOW Lions and Nurses United Network offer screenings on the 1st Wed. of the month in the CH Presidential Room, 5:30-6:30 PM, and in Room 216 at LOW Church on the 3rd Sun., 9:30-11 AM. Free.

**LOW Lions/Lioness Wilderness**

**Food Pantry** located behind LG Town Center, Rt. 20. 1st and 3rd Thursdays from 9 AM to Noon; second and last Wed. from 5-7 PM; last Sat. from 9 AM to Noon. Clients may come to the pantry two times each month. Info: Betty -8172.

**Lions Sick Room** Equipment for loan. Call Noel -0018 or Vinnie -3721 for your temporary needs. We have a wide assortment of wheelchairs, crutches, potty seats, shower seats, etc.

**Lyme Disease Support Group**, 7 PM. Meeting every other week at 106 Mt. Pleasant Drive. Next meeting is July 31. RSVP/Info: Terry 540-412-2282.

**The Woods Cares:** an AARP program, will run errands and do small repairs, light yard work for shut-ins and caretakers. Free service. Call Jeannette -0726, Marion -4085, or Gail -7436.

**Alzheimer & Dementia Support Group**, 3rd Wed. at 10 AM, Room 210/211. Info: LOW Church -9060.

**Alcoholics Anonymous:** Meetings are held at LOW Church, 7 PM, every Mon (Rm 505), Wed (Cabin), and Fri (Rm 505). Info: LOW Church -9060.

**Al-Anon Meeting:** Every Tues. at 7 PM, LOW Church, Founders Room. Info: Holly -8607.

**Seeking Counseling?** The LOW Church offers free counseling, by appointment. Info: Church -9060 or a Pastor. We care.

**Healing Hearts Grief Support Group.** Tuesdays, 7 PM, LOW Church Library. Weekly support group for anyone grieving the death of someone close. Please call Lynn -7714, before attending.

**Red Cross Blood Drive.** 4th Tues. every other month. LL Clubhouse from 1-7 PM. To give blood, you must be generally healthy, 17 years of age or more, and weigh at least 110 pounds. The next blood drive will be September 24. Info: Joe -8403.

**Thinkin’ About Quittin’**. Free, individualized stop-smoking program. Culpeper Regional Hospital, 829-4190.

**Orange County Free Clinic** offers primary medical care and prescription assistance to the uninsured in OC. Medical care available Mon., Wed., and Fri. by appointment and on Tues. evenings (walk-in), 13296-A James Madison Hwy, Orange. Volunteers needed. Info: Doreen Brown, 672-0793.

**Free Medication Assistance** for OC residents on limited incomes with no prescription coverage, 18 yrs and older, taking brand name medications long term. Info: Pat Lucey, 825-3100 ext. 3012.
Barracudas Spotlight Youngest Teammates
by Megan Harlan, Publicity, Barracudas Swim Team

This year the LOW Barracudas have an amazing 32 new members added to the team and we want to highlight the youngest swimmers. We added thirteen Six and Under swimmers, and are looking forward to many great years with them. Jacob Dudley has taken 8.93 seconds off of his 25m freestyle, while Scarlett Sholtis has taken 7.05 seconds in the same event, followed by Brayden Dodson (5.23 seconds), Katherine Slagle (5.11 seconds), Gracie Hunsicker (4.65 seconds), Rowan Turner (7.6 seconds) and Jacob Flynn (4 seconds). Seamus Quinlan, Scarlett Sholtis, Katherine Slagle, Jacob Dudley, and Brayden Dodson have participated in every meet so far this season. Amber Trask and Regan Morris both participated in their very first meet against Fredericksburg Country Club on Monday July 15 and did a great job. Derek Fernandez has also tried his hand at the 25m freestyle with a time of 1:02.87. Anastasia Eclipse and Jacob Flynn are the only newbies who haven’t quite made it to being meet ready, but they still have two more meets to try, and they will do their best.

And we haven’t forgotten the rest of our undefeated Barracudas. On July 1 we had our third meet at home against Spotsylvania YMCA. Noah Klug was our only triple winner of the night (100m freestyle, 50m butterfly, and 50m breaststroke). All his teammates did a great job as well to beat the Rays 277-225. The next meet was scheduled for July 10 at Fredericksburg Country Club, but Nature conspired against us. We had to reschedule for July 15. Even with two practices rained out the week before, the Barracudas pulled out another win with a final score of 335 and the Buccaneers with 138. Our triple winners of the night were Paul Wilson (50m butterfly, 50m backstroke, Individual Medley), Tanner Kelson (100m freestyle, 50m breaststroke, 50m breaststroke) and Noah Klug (50m freestyle, 50m butterfly, 50m breaststroke).
Nunsense information contact Sandie Frame at 972-6385. Come to one of our meetings held at 7 PM on the second Wednesday of the month. Other things. If you have a couple of hours to find out more about our group, please come to one of our meetings held at 7 PM on the second Wednesday of the month. We will be meeting at the Community Center in the Craft Room on August 14. For information contact Sandie Frame at 972-6385.

Traffic, from p.6

5. Improper or illegal entry or assisting another vehicle in improper or illegal entry through either the front or rear automatic gates. (Refers to Regulation II.B.)
6. Exceeding posted speed limit by 20 miles per hour. (Regarding Regulation V.I.C.)
7. Reckless driving, other than high speed. (Refers to Regulation VI.A.)
8. Driving without a valid operating permit, or driving on a suspended or revoked operator’s license. (Refers to Regulation VI.A.)
9. Parking construction related vehicles, trailers or other equipment on any LOWA property without the consent of the General Manager. (Refers to Regulations V.I.D., VI.I and VI.L.)
10. Parking in handicapped spaces and emergency access areas. (Refers to Regulation VI.A.)
11. Failure to obey a reasonable order from a security officer, including showing photo identification. (Refers to Regulation VI.M.)
12. Failure to yield the right of way to emergency vehicles, including LOWA security vehicles. (Refers to Regulation VI.N.)

VI., Use of LOW Roads and Parking Lots

M. Members, Tenants and Guests operating a motor vehicle must obey reasonable orders from security officers, including presenting a driver’s license or other photo identification card and vehicle registration.

N. Members, Tenants and Guests operating a motor vehicle must yield the right of way to emergency vehicles displaying lights and sirens including LOWA security vehicles.

Lakes, from p.6
categorized as “Vessels” by US Coast Guard regulations and as such, must have on board all required safety equipment (See X.A.8., Safety Equipment.) and each vessel must display current LOWA decals. All riders are required to wear US Coast Guard (USCG) approved Personal Flotation Devices (PFDs) (See X.A.8.b). Additionally, all operators must satisfactorily complete the LOWA Safe Boating Examination (Certified teenaged operators must satisfactorily complete the Virginia Boating Safety Educational Requirement (See X.E.2.b.).

X.A.1.c. “Sail Watercraft” shall include all watercraft powered by wind such as sailboats, sailfish and windsurfers capable of carrying multiple passengers. These watercraft are categorized as “Vessels” by US Coast Guard regulations and as such, must have on board all required safety equipment (See X.A.8., Safety Equipment.) and each vessel must display current LOWA decals.

X.A.1.d. “Non-Motorized Watercraft” shall include all watercraft powered by paddle to include canoes, kayaks, paddle boats, row boats and shells/sculls, and are capable of carrying multiple passengers. These watercraft are categorized as “Vessels” by US Coast Guard regulations and as such, have full access to the entire main lake, must have on board all required safety equipment (See X.A.8., Safety Equipment.) and each vessel must display current LOWA decals.

X.A.1.e “Other Recreational Water Equipment” shall include all items that are powered by users standing, sitting, kneeling or lying on the equipment such as, but not limited to, water slides, platforms, trampolines, inflatable rafts, hydro/aqua-bikes and stand up paddleboards (SUPs). This equipment is restricted for use only in the “No Wake Zones” of the Main Lake and the entirety of Keaton’s Lake and as such, does not meet the criteria to be considered “Vessels” by US Coast Guard regulations when used in these areas. Users are neither required to wear PFDs nor to satisfactorily complete the LOWA Safe Boating Examination.

X.A.1.f. “Main Lake” shall mean the body of water bounded by Veterans Dam to Flat Run extending from shore to shore.

X.A.1.g. “No Wake Zones” shall mean the body of water bounded by Veterans Dam to Flat Run extending maximally 100 feet from the shoreline to designated “No Wake” buoys and include all coves.

X.A.1.h. “Small Lake” shall mean Keatons Lake, the body of water bounded by Keatons Dam and Keatons Run located in Section 13. This entire lake is a No Wake Zone.

X.A.1.i. “Cove” shall mean a body of water extending from the Main Lake more than 100 feet from the No Wake buoy towards the shoreline.

X.A.1.j. “Beach” shall mean the space so designated by LOWA and includes the sand and grass areas.

X.A.1.k. “Skiers” shall be used to include persons using such equipment as water skis, tubes, or any similar devices.

X.A.8.b. Children under the age of 13 shall wear a US Coast Guard (USCG) approved Personal Flotation Device (PFD) on all watercraft (as designated above) when underway. A PFD shall be worn by all persons operating or riding a PWC; by all persons skiing or tubing, etc.; and by all persons occupying a “Non-Motorized Watercraft” when operating outside the No Wake Zone (NWZ) on the main lake. All other operators/passengers on each of the above watercraft regardless of area of operation are strongly encouraged, but not required, to wear PFDs (See X.A.8., Safety Equipment.)
The Nurses United Network is proud to announce that Carol Roddy is the recipient of its 2013 Florence Nightingale Award. This award is given to a nurse whose actions best exemplify the values of the founder of modern nursing, Florence Nightingale. Carol is one of the co-founders of the Nurses United Network and has enjoyed a varied and interesting nursing career. She is being honored for her dedication to the profession and for her volunteer work. Her most recent positions include Quality Assurance and Utilization Review Officer for the medical staff of Fairfax Hospital and Senior Field Investigator for the Virginia Department of Health Professionals.

As she focused on volunteer work, Carol enjoyed her duties at the Culpeper Free Clinic so much so that she founded the Orange County Free Clinic, which provides primary medical care and prescription assistance to the uninsured and under-served in Orange County. After setting up the clinic’s medical program, she became a member of the Board of Directors. Carol and her husband Mike volunteered for the Rappahannock-Rapidan Medical Reserve Corps, responding to public health emergencies as well as providing information and education. They presented numerous talks on Family and Personal Preparedness for Natural Disasters to new volunteers. We congratulate her and are very proud and grateful to have Carol as a member of our organization and our community.

The Nurses United Network membership is made up of people involved in or retired from nursing. Meetings are held four times a year, with a guest speaker or a member of our organization and our community.

If you are a nursing student, a nurse currently practicing, or retired from the profession and would like to join The Nurses United Network, please contact Barbara Strain at 972-0815 or Glennah Moy at 972-4347, the group’s Co-Presidents.

**Polymer Clay Crafts**

**LOW Lions Annual Card Party**

by Karen Woods, Nurses United Network, Publicity Co-Chair

July 26, 2013 Lake Currents

Lioness Annual Card Party

Bubbles, Bangles and Beads is the theme of this year’s annual Lioness Club Card Party and Jewelry Show. Yes, you read it correctly—jewelry show! It has been increasingly more difficult to find local clothing stores to support the traditional fashion show, therefore a decision was made to try something new and different. The jewelry will be provided by our many local, talented jewelry artists and will be available for purchase. Credit cards will not be accepted—cash and check only.

The event will take place at our Clubhouse on Thursday, September 26, beginning at 11 AM, with a social hour, cash bar and time to peruse and purchase items. The luncheon offering will be a chicken salad croissant, fresh fruit, and a brownie delight which will be served at Noon. (Pasta salad and fresh fruit will be offered as the vegetarian alternative.) The playing of Bridge and all other games will begin at 1 PM.

In addition, there will be a raffle of many exciting prizes ranging from dining gift certificates to lodging overnights. Raffle tickets will be available during the social hour and lunch.

Reservations are needed and will be taken starting August 1. Traditional, Progressive Bridge players should call Jan LeMieux at 972-8888; all other game players should contact Linda Oglette at 972-7713. Those who do not wish to play are welcome to come for the Jewelry Show and Luncheon. The cost for the event is $25.

This is one of the Lioness Club’s most popular endeavors and is always sold out, so get your players together soon and give Jan or Linda a call August 1.

All proceeds support the Lioness Benevolence Fund.

**Quilt Raffle to Benefit C4P**

by Mary Kay Wilks, Publicity & Fundraiser Chair, Cause 4 Paws

Cause 4 Paws would like to thank everyone who stopped by our booth on Clubhouse Point July 6, and bought “Thank You” items, raffle tickets, or gave us a donation. Without you, we could never help those homeless kitties who are in need.

We still need your support for our current fundraiser, which is raffling off a queen-sized cat quilt and other various gift certificates from local businesses. The drawing will be held on December 10, and you need not be present to win. Raffle tickets are available from any of our members.

The officers and members of Cause 4 Paws also want to thank everyone from Lake of the Woods and their friends for their past support at our monthly yard sale fundraisers. Unfortunately with the loss of the use of the Conference Room in the Holcomb Building, it was decided to discontinue the monthly yard sales. We are hoping to have at least one more yard sale fundraiser in a location outside LOW, which will be announced in a future Lake Currents.

Remember, we are a 501(c)(3) nonprofit charitable organization supporting feline rescue operations. We are in need of cat food, monetary donations and especially volunteers. For information, to drop off cat food, monetary donations, or buy raffle tickets, please contact Mary Kay Wilks at 972-5467 or Carolyn Cernea at 972-7902.
Orange County Supervisor’s Letter
by Lee Frame, District 5 Supervisor

Many of you have heard of Dogwood Village and some of you have visited either the Health and Rehabilitation Center or Senior Living. As I have mentioned in past articles, I am one of the Directors of the Orange County Health Center Commission which is responsible for the rehab center. Both facilities serve the citizens of Orange County and surrounding vicinity. However, they are very separate entities and have very different functions.

The Health and Rehabilitation Center provides post hospital care that requires some medical services for up to 164 patients. It is funded primarily by the revenues from Medicare, private insurance and Medicaid. The building and grounds belong to Orange County, but the Center operates without county funding. This facility generally breaks even financially on operations with sufficient extra income to fund significant repairs such as a new roof. The building was constructed in three phases from 1969 to 1982 and has been well maintained. However, since part of the building is over 40 years old, some action will be required to continue providing these services in the future.

Dogwood Senior Living provides residential rooms, complete meal services and social activities to people who rent units at this facility. There are 66 one- and two-bedroom and studio-sized units. Varying levels of care are available depending on need. Senior Living revenue comes from the rents paid by the residents. This facility is not owned by the county, but the county provided a bond issue to finance the facility’s construction. Senior Living provides the funds for bond payments and maintains an escrow of two years bond payments to protect the county interest. Senior Living operates at close to break-even, although support from the Dogwood Foundation has assisted with funding during the start-up period.

The two parts of Dogwood Village have revenue totaling about sixteen million dollars a year, which is a significant contribution to the Orange County economy. They also are a major employer in the county with about 300 employees. If you have ever visited these facilities, you can see why they are a source of pride to the people of the county.

If you have questions about county government or want to let me know your feelings on specific issues, you can contact me at leeframe@orangecountyva.gov.

Walmart Donates to OC Humane Society
by Linda Sutphin, President, Orange County Humane Society

At the July 10 Grand Opening of the new Locust Grove Walmart, Linda Sutphin, President, OCHS received a generous donation of $500 from Store Manager, Terralis Gibson. Walmart gave to other community groups, including the Boys and Girls Club, Fire Departments at Lake of the Woods, Mine Run and Orange; the Love Outreach Food Pantry; and Virginia Hunters for the Hungry.

Additionally, Walmart managers presented scholarships to four Locust Grove Middle School students. Donations and scholarships given totaled over $8,000. Members of the Lake of the Woods Veterans Club conducted an impressive presentation of colors at the start of the Grand Opening. Following the ceremony, hundreds of eager shoppers entered to shop the impressive new store.

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Summer days make for great times with family and friends, whether having a barbecue or going to the beach (like us!). I decided to try some very diverse wines during our beach “odyssey,” to drink for the fun of it and when we had a barbecue. Here are my “odyssey” suggestions:

Spier Sauvignon Blanc, Stellenbosch Region, South Africa, Vintage 2012 – This is a lovely, unoaked, dry white wine, especially considering the price. A very easy-drinking wine, with the typical grassy and herbal flavors and plenty of grapefruit as well. This beauty has low acidity, so it won’t be overly crisp. Great with crab cakes and grilled lemon shrimp! Price: About $9 a bottle.

Brian Carter Cellars, Abracadabra, Columbia Valley, Woodinville, Washington State, Vintage 2010 – Dark ruby-colored, it displays an aromatic array of cinnamon, violets, black cherry and black currant. This is a medium-bodied, dry, blended red wine with flavors of red currant, and vanilla. Very tasty and expensive Napa Valley wines! with any grilled red meats, ribs, and even pizza. Nice pairing complexity too! Price: About $25, but still a great price for the quality.

Michel Gassier, Cabernet Sauvignon, Les Piliers, Country Wine, Vintage 2010 – This was not only a great find, but a really good bottle of well-crafted “Cab.” Very dark purple in color, this dry red wine possesses very noticeable aromas of black cherry, cassis, and oak. Flavors of black cherry, black currant, and vanilla are really apparent, with just a touch of tobacco and earth. Try this wine with grilled foods, heavy cheeses, chili, or spicy Mexican food. Price: About $15 a bottle.

Charles Shaw, Sauvignon Blanc, Sonoma and Napa Valleys, California, Vintage 2010 – I had the opportunity to try this dry white wine, brought by a family friend. I was quite surprised! It has all the characteristics of a California Sauvignon Blanc (i.e., grassy, herbal, and fruity), but with an added flavor of melon, and was very refreshing! Not a complex wine, but for the money, I wouldn’t turn it down! Try this one with summer salads, cold shrimp, soft cheeses, or just sipping. Price: About $3.50 a bottle.

Elderton Friends, Shiraz, Barossa Valley, Australia, Vintage 2009 – Hold on to your seats folks! This is a real dry red wine powerhouse! Very dark purple in color, with highly aromatic black fruit and oak, followed by intense flavors of black currant, vanilla, spice, pepper, and subtle oak. Barossa Valley is one of my favorite wine-making areas in Australia and 2009 was a “killer” vintage. Any red meats, especially finer cuts of beef and lamb, along with hearty cheeses, and chili will really complement this beauty! Price: About $20 a bottle.

Wine Talk
by Joe Szadvari, Sommelier
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ANIMAL CARE: Lake of the Woods Pet Care, LLC. Laurie Knights, Owner/Operator (Mobile) 703-203-0011. For a complete listing of our pet-sitting services and prices, please visit www.lowpetcare.com.

APPLIANCES REMOV AL - Just $25 can get those old appliances taken away. Contact James at 540-547-6632.

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HALFWAY TO MAILING LIST (Maybe)

July 31, 2013
Lake Currents

CLASSIFIEDS

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EMPLOYMENT

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FAREWAYS is HIRING a part time attendant to work 20 hours per week. Must be 21 years old and able to work flexible hours cooking, cleaning, serving and all aspects of restaurant work. Applications are available at the Holcomb Bldg. For more information, contact Carletta Johnson at 972-2216. LOWA, Inc. is seeking applicants for a full-time Lead Mechanic for the Equipment Shop. Position is responsible for the maintenance and repair of all LOWA-owned and operated vehicles and equipment. Applicant must have 3 years of experience and have a valid Va. driver’s license. Please submit applications/resumes to bhalpin@LOWA.org or fax 540-972-4205 EOE.

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HANDICAP RAMP, 10 foot, trifold, $400. 972-3725.

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