Board Seeks Discussion on ECC Roundhouse
by Jessie Graves, Director of Facilities and Ruth Hood, Publications Editor

The fate of the ECC Roundhouse, the very first building erected in Lake of the Woods in early 1967, is under discussion by the members of the Board. The building was initially used as the main office for completion of lot sales. Salesmen first met prospective buyers on Lake of the Woods Drive and escorted them down the hill to a large, striped circus tent to begin their sales discussions. Sales were finalized in the Roundhouse. Construction was in full gear at this time, and Jim Foote, Vice President and Sales Manager, made certain that everyone was aware of the activity—he ordered all equipment operators to tie their legs to the dozer horns to encourage buyers not to delay their purchase and miss out on a good deal. Reporter Alex Bilanow, of The Washington Daily News, touring the area by jeep in March 1967 remarked “In the background, raising a dust cloud over a hill, were the bulldozers and heavy earth-moving equipment of the developers. The roar of the engines sounded like buzz-saws.”

In its next life, the building was used jointly as the office of the Environmental Control Committee and the Orange County building inspector from the early 1970s until 1992. One secretary handled the paperwork for both entities. A great deal of building was in progress: from 1967 to 1992, 2023 houses were built. As reported by Ed Taylor, former ECC inspector, several LOW residents were OC building inspectors: Sonny Weedon, Warren Story, Ken Baer, and Walt Velona. ²

Currently, the building is being used for the storage of business records. If the Roundhouse is repurposed for meeting use or torn down, LOWA will need to replace the document storage of approximately 400-500 square feet. The suggested new location is storage room space in the Lower Level of the Clubhouse.

Three proposals have been presented:
1. **Renovate the building and use it for meeting rooms**—**Cost Estimate:** $45,000 to $55,000 (including $5,000 for wooden ramp for accessibility)
   
   Although the Roundhouse is an iconic building in LOW history, there are many severe conditions with the structure that would seem to preclude any decision to save the building. After a thorough inspection by Walls Home Inspection, their report noted rotten fascia boards, leaking windows, wooden foundation wall and crawlspace under water, severe mold damage in the crawl space, and the metal support posts around the perimeter of the foundation wall were under water.

2. **Demolish the building**—**Cost Estimate:** In-house by LOWA staff would only require $1,500 for a dumpster (and 120 man hours); **Contractor cost:** $4,000

   Water and electric will remain in place for the use associated with the Memorial Garden. The area would be graded and stabilized. Additionally, removing the building would reduce energy costs by an average of $2,400/year.

   3. **Replace it with a gazebo similar in size and shape**—**Cost Estimate:** Demolition costs as above plus $15,000-$25,000 depending on structure options and size.

   This option involves tearing down the Roundhouse and replacing it with a gazebo/pavilion-type structure which will complement the Garden Club’s bridge and path. Pre-fabricated structures are typically more economical than stick buildings. This structure could commemorate the Roundhouse structure by being similar in size and shape. A portion of the original outer-wall area could be preserved and used as a sign board showing a rendition of the original building engraved on a metal plate, along with details about the history of the building.

   The Board of Directors discussed these proposals at their June 18 board meeting (See the June 27 issue of Lake Currents under the “Lake Living” tab on the LOWA.org website for the minutes of that meeting.) The decision on the proposals will be put to a Board vote at the August 2 Board meeting.

   The Board is encouraging members to send their comments about these proposals. Reach the Board at board@LOWA.org.

Meet the Candidates for the LOWA Board
by Betty Tabor, Chairman, Election Committee

The annual election of new board members for the LOWA Board of Directors is fast approaching. This year we will be selecting two new board members from a list of four candidates. New this year, the conclusion of elections will be Saturday, August 30, at 1:30 PM instead of at the Annual Meeting of the Membership on Labor Day. No ballots will be taken after Saturday, August 30, at 1:30 PM. The new Board of Directors will be introduced at the Annual Meeting on Labor Day.

See Board Candidates on pg. 6

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Reminders

| Saturday, July 12          | Tennis Social  |
|                           | Hollyfield Courts, 9 AM |
| Wednesday, July 16         | Board Meeting/Workshop  |
|                           | Community Center, 2 PM |
| Sunday, July 20            | Hunter Horse Show |
|                           | Equestrian Center, 9 AM |
| Friday, July 25            | Summer Concert Series |
|                           | Clubhouse Point, 7 PM |

Independence Day Celebration Photos p. 13

Security at Front Gate
Info: 972-2210 or 972-2020 or use CapSure
lakeofthewoods.capsure.com
FootGolf.net is the website associated with FootGolf. It cites the American FootGolf League's site for more information. The article presents a case for adding FootGolf as a new activity to attract outside tournament money and reduce the council's subsidy. The start-up costs are estimated at $3,000. The game is played using a soccer ball, and players wear flat sneakers or indoor soccer shoes. The longest hole planned will be 175 yards long. The game is endorsed by the Professional Golfers Association of America. 

Face County Fines as of August 1

Beginning August 1, drivers caught speeding 20 mph over the posted speed in LOW will be issued uniform traffic citations (UTC) to Orange County District Court in Orange rather than a LOWA Summons to the Legal and Compliance Committee. The Security Force’s Special Conservators of the Peace must issue the uniform traffic citation. The Board of Directors approved the change by resolution on June 7.

This switch to a County UTC eliminates the need for Security Force officers to make regular court appearances. This will help improve road safety by making a traffic fine more costly. A LOWA Summons is limited by state law at $50 while a county uniform traffic citation carries a fine, plus court costs, of $200. A County UTC citation also carries a $5 insurance points.

What is a SCOOP officer? A SCOOP officer is authorized by the County Sheriff and sworn in to enforce State Law by the Circuit Court Judge. Not only does our security contractor, the Security Force, have at least one SCOOP officer per shift by agreement with the Sheriff, but they are already on duty and will need to be trained.

Does the Sheriff support this? Yes, Sheriff Amos supports our SCOOP officers issuing the UTCs for this purpose.

LOWA encourages all drivers to heed the posted speeds. The maximum speed limit on all LOWA roads is 25 mph, except where lower speed limits are posted. (LOWA Regulation VI.C.)

Lake of the Woods Association

Regular Board of Directors Meeting and Workshop, Wednesday, August 20, 2014, Community Center, 2 PM

1. CALL TO ORDER
2. OPEN SESSION
3.  APPROVAL OF MINUTES:
4. REPORTS
5. MEMBER COMMENTS ON AGENDA
6. UNFINISHED BUSINESS
7. NEW BUSINESS
8. WORKSHOP
9. MEMBER GENERAL COMMENTS
10. SCHEDULED MEETINGS
   • Regular Board of Directors Meeting, Saturday, August 2, 2014, Clubhouse Great Hall, 9 AM Executive Session, 10 AM Open Session
   • Regular Board of Directors Meeting and Workshop, Wednesday, August 20, 2014, Community Center, 2 PM
11. ADJOURNMENT

The Board reserves the right to remove, add and/or relocate agenda items as necessary.
General Manager’s Report
by Phil Rodenberg

We count on solid partnerships to keep our marvelous association going, especially in the busy summer months. Readiness. Hurricane Arthur is a not-too-subtle reminder that all of us should be ready for severe weather this summer. Should we get damaging winds and rain from a big storm, LOWA will work with utility providers such as REC and RSA to get things back in working order. Now is a good time to make sure your emergency supplies are ready to go. Need a reminder of what supplies you need? Check out the Ready Virginia website of the Virginia Department of Emergency Management at www.vaemergency.gov/readyvirginia. Also, be mindful to heed weather alerts from Orange County government.

Trash and Recycling Service. A few members were very disappointed to find out LOWA has an exclusive contract with Waste Management for residential trash and recycling services. A new local company had begun establishing new accounts here, but we had to turn them away from the gate. Only trucks from Waste Management, or its subcontractor County Waste, may come through the gate to pick up residential trash and recycling. Our Declarations of Restrictions dictate LOWA give a company the exclusive right to operate here. Why? The declarations documents explain it is to “enhance the appearance and orderliness of the Section or Subdivision,” so only one set of trucks is running through the community. How can the new company get a bite at the apple? Waste Management’s contract expires in early 2015, and we will consider companies with the capabilities, customer service, and prices to handle our community’s high service needs.

Vandalism Prevention. A group of 27 LOWA security and sheriff’s office representatives got together July 2 to talk about ways of preventing vandalism in the community. We identified hotspots, talked about preventive measures, and how we will respond. I was left with the strong impression LOWA Security Force has cultivated a very good working relationship with Orange County Sheriff Mark Amos and his deputies. This relationship has helped tame a lot of the vandalism problems we had in recent years. In addition, this summer we are using more cameras at and near key buildings to identify individuals causing problems. All these efforts go to protect member investments in amenities in common areas.

Enjoy your summer!
Wake Surfing
by the Lakes Committee

This article is based on currently available information about wake surfing, as well as a review of VA boating laws on the sport. LOW intends to comply with state regulations regarding wake surfing.

I thought I saw someone surfing on the Main Lake. Is that possible?
Well, yes, kind of...

A relatively new water sport called “wake surfing” has come to LOW. The aim of the sport is to use the wake of the tow boat as the wave on which one “surfs.” After using the towrope to get up on the surf board, the rider throws the handle of the rope back into the boat. Good wake surfers can surf, towline free, for long distances, “figure-eights”/doing tricks, on the wake, all while remaining close behind the boat where the wake is largest. After using the towrope to get up on the surf board, the rider throws the handle back into the boat. Good wake surfers can surf, towline free, for long distances, “figure-eights”/doing tricks, on the wake, all while remaining close behind the boat where the wake is largest (for a video clip see: http://www.youtube.com/watch?v=sQVayRd4VVw).

Wake surfing requires a lot of special equipment. First of all, a towboat, which, according to Virginia law, must have an inboard engine. Outboard and inboard/outboard (an inboard/outboard is NOT a kind of inboard – it has an outboard motor) boats have too much of a risk of propeller injury since the surfer is only a few feet from the stern of the boat. The towboat has a special hull and equipment that enables it, in addition to traveling at a slow speed and loading the stern with passengers and special weighting devices, to create the large wake required for surfing. The towboat also should have special venting of exhaust gases to keep them directed away from the surfer.

The surfboard is a special board, lighter than what would be used in ocean surfing, mostly to prevent injury to passengers and/or damage to the boat when the surfer falls and the board pops forward. The towrope is tailored for wake surfing. At 10 to 20 feet, it is much shorter than the typical water ski towrope (60 – 75 feet); when attached to the boat’s tower (the 20 foot rope) or at the transom (the 10 foot rope) the surfer ends up roughly 10 feet behind the stern of the boat, where the boat wake is largest. Also, the rope handle is much smaller than usual, or is replaced by a large knot, all to keep from injuring passengers when the handle is flung back into the boat by the surfer.

The major risks of wake surfing include all those related to any water sport (holes in the eardrum, bruises, fractures, etc.). In addition, owing to the surfer’s proximity to the stern, propeller injury is more likely than with other water sports; hence the absolute requirement (as per Virginia law) for an inboard boat, where the propeller is tucked underneath and forward of the transom. Another special risk is that of carbon monoxide poisoning, as inboard boats typically vent the exhaust to the stern (hence the utility of special venting of boat exhaust). Of course, as with any towed water sport, a life jacket is a must.

Covenant Enforcement Statistics
by Matilde Barone, Inspector, Environmental Control, LOWA

During the months of May and June 2014, 45 new issues were addressed. Of these and ongoing issues, 159 were resolved. Summonses were issued for 11 violations, which were referred to our Legal and Compliance Committee for resolution. The most common violations were unlicensed vehicles, unsightly lots, dead trees, and overgrown lots. If you have any questions or concerns, please call the Environmental Control Committee office at 972-2011.

Come to the Next Tennis Social
by Miff Devens, Tennis Committee

The next Tennis Social will take place on Saturday, July 12. Tennis play starts at 9 AM and continues in a Round Robin, mixed-doubles format until 11 AM. Teams are switched at 25-minute intervals. Next follows food and frivolity in the gazebo. This is true social tennis, so anyone can play; all it takes is $2 a person and a dish to share. Tennis balls are provided. There are six courts (two with a brand-new surface, we hope). It’s easy to sign up, just call Connie or Miff at 412-5958. We’d love to have you join us. The only caveat is: this is all weather permitting.
Finding Illegally Parked Vehicles
by Chief Scott Walker, Allied Barton Security

Summer is here, and traffic volume has increased dramatically throughout the community. In an effort to control illegally parked vehicles at community beaches and common property, Security will start placing orange violation stickers on vehicles not displaying a visitor’s hangtag or an issued barcode. LOWA regulation 2.B.7 states, “...hangtags must be displayed from the rearview mirror when a vehicle is parked on LOWA property.” The goal is to identify anyone abusing their hangtag privileges or tailgating through the Back Gate. Community beaches have limited parking; unauthorized users deprive property owners and their guests from enjoying these areas. We welcome your assistance identifying trouble areas and curbing this growing problem. Please call LOWA Security at 972-2210.

Clubhouse by the Numbers

Numbers from Calendar Year 2013

30,865 Dinners served
9,180 Members Lounge guests
40 Wedding Receptions or Special Events
70 Club Banquets

Tips from the Pro
by Rea Hargraves, PGA and Woods Center Manager

On June 14, Lake of the Woods held the 2nd Annual Wounded Warriors Golf Tournament, chaired by the LOW Men’s Golf Association. The tournament drew 92 players to participate in the event. All of the money raised went to the Quantico Wounded Warriors. We had speeches by LOWA President Jim Walsh, District 5 Chairman Lee Frame, Representative Ed Scott, and a Wounded Warrior from Quantico. The Men’s Golf Association raised $7,900 for this very worthy cause. Way to go MGA!
I’ll see you on the course.

MGA Men’s Member-PLUS Golf Tournament

August 9-10, 2014

$40 per player
(Green fee and Cart Additional)
Format: One Best Ball of the Two Man Team

Sign-up in the Pro Shop or contact Terry Thompson at 972-7349

MALE / FEMALE GOLF TOURNAMENT

July 26 –27, 2014

Sign-up by July 9 / Cut off July 23
Entry Fee: $30 per team
(Cart and Green Fee Additional)
Sign-up in the Pro Shop
Board Candidates from p. 1

To help the LOWA membership in selecting the candidates whom they think will do the best job for the Association, the Election Committee is presenting the candidate biographies in this edition of Lake Currents. These biographies will also be included with the ballots when they are mailed August 1. Chosen candidates will be elected for a three-year term each.

To further the electorate’s knowledge, the Election Committee and Communications Department conducted video interviews with each candidate. These interviews are now being broadcast on Channel 18 and will continue through the month of July. They can also be viewed on LOWA.org after login. The videos are located under the Administration tab click on Videos in the drop-down box.

In addition, the annual Candidates Forum will be held on Sunday, August 3, at the Community Center from 4 PM to 6 PM. The Forum will also be videotaped and telecast on Channel 18 beginning August 8.

Leighton H. Cumming
Born: 1945; Lynchburg, Virginia
LOW Residence: 204 Beachside Cove
Family: Husband William, two sons in Alexandria, and three granddaughters (under 3 years old)
Education:
• Executive Development Program, Harvard Business School, Boston, Massachusetts.
• Masters in Library Science, University of Maryland. College Park, Maryland.
• BA Degree, Randolph-Macon Woman’s College, Lynchburg, Virginia
Occupation: Retired Library Manager and Technology Support Center Manager.
Career History:
International Bank for Reconstruction and Development (World Bank)
• Advisor, World Bank, Office of Chief learning Officer
• Manager, World Bank, Information Management Division, Washington DC. Oversight of libraries and archives in the Bank.
• Manager, World Bank, Technology Support Center, managing staff of 70 who delivered technology support to Bank staff at headquarters and in 90 field offices in developing countries.
• Project Manager for SAP Training, World Bank, Information Systems Renewal, organizing and delivering training for an SAP implementation in which the Bank replaced 65 fragmented systems and more than 100 databases with six SAP modules on a single go-live date with limited lead time.
• Acquisitions Librarian and Projects Librarian, Joint Bank-Fund Library of the International Monetary Fund and the World Bank.
Experience Summary:
Over 24 years as an experienced manager with an extensive background in libraries, records management, and technology help desks.

See Leighton Cumming Bio on p. 21

Nigel Goodwin
Born: 1943; Bury St Edmunds, England
LOW Residence: 428 Birdie Road
Education:
• 1961-64, Royal Naval College, Dartmouth, England
Career:
• 1961-93. Full service career in Royal Navy including one frigate and two submarine commands.
• 1989-91: Head of Strategic Planning. NATO HQ in Norfolk, Virginia.
• 1991-93: Director of Recruiting for Royal Navy and Royal Marines. Retired in rank of Captain.
• 1995-2010. Administrator of medical clinics in Fredericksburg/ Richmond area and North Carolina. Duties included personnel, financial, safety, physician recruiting, building maintenance and general supervision. Also required close liaison with management staff in local hospitals and specialty clinics.

Experience Summary:
• Extensive leadership and management experience in military and civilian environments
• Command of nuclear submarine during construction, sea trials, and Cold War operations
• Senior NATO staffer during transition to post-Cold War structure
• Planned and implemented the opening of five new medical practices in Fredericksburg

Awards/Honors:
• Outstanding student, Royal Naval Staff College (1976)
• Honorary Aide-de-Camp to H. M. Queen Elizabeth II (1991-93)

Community Service:
(Resident of LOW 1994-2003 and 2007 to present)
• Orange County Planning Commissioner (1997-2003 and 2008 to present)
• Chairman, Winfall (N.C.) Planning Board (2003-07)
• LOW committee member for Planning, LCC, and Finance
• Orange County Habitat for Humanity

Personal Strengths:
• Ability to achieve goals via consensus and communication with all sides involved
• Clear priority setting and problem-solving skills
• Analytical approach to project and financial issues
• Acknowledged leadership ability in military and civilian settings

Most Urgent Issue:
To sustain Lake of the Woods’ reputation as an attractive, progressive, multi-generational-community with tolerant, cooperative leadership

Most important short- and/or long-term goals:
• Achieving and maintaining the health of the Main and Keaton’s lakes.

See Nigel Goodwin Bio on p. 21

Wicked Sisters 2nd Annual Home Show
Saturday, July 26, 2014 11 am - 5 pm
107 Green Spring Road
10% off every purchase!

Gorgeous evening bags, jewelry, passport wallets, scarves, Pashmina wraps, pillows, huge fleece throws, embroidered towels, and more!
Beautiful fabrics and unique designs - cotton, silk, leather, twisted silk, linen

All artisan and locally made
Refreshments served; all major credit cards accepted

A great opportunity to do a little holiday shopping early - or shop just for yourself! Hurry in, because supplies are limited and at these wicked good prices, they are sure to go fast!

For directions, call Barbara Robinson - 972-9554
Bruce Kay

LOW Residence: 105 Constitution Blvd, Locust Grove, VA

Career History:
- Operations Manager for Hughes Aircraft Company for 23 years. Responsible for the development, planning, execution, and cost control of capital and expense program budgets in excess of $100 million. Involved in deliberations with many different government and civic sub-contractor organizations including in-house divisions, in the course of executing my responsibilities.

Community Service:
- Member of the Lake of the Woods (LOWA) Board of Directors 2007 to 2010. As President of the Board in 2010, I worked with Attorneys and Legislators in writing legislation for Dam Safety (SB276) that was passed by the Virginia House and Senate and signed by the Governor. This Law prevented the Modification of the LOWA Dam, saving the Association Members over $6 million.
- In 2010 I helped to put in place the first Restricted Reserve Policy to ensure funds are set aside in separate bank accounts for maintaining the Association’s infrastructure. Established good working relationship with Virginia regulating departments/commissions and government bodies to ensure LOWA future interests are protected.
- Currently, Chairman of External Affairs Committee and member of the Golf Committee.
- Previous member of the Hickory Cluster Board of Directors, which is one of the first developments in Reston, Virginia. That Board encountered many issues and costs in the management of this historic area.
- Before moving to Virginia, I lived in The Forest at Springhaven, a historic area.

Relevant Career History:
- Before moving to Virginia, I lived in The Forest at Springhaven, a new development in Seattle, Washington. Served on the Board of Directors and became President of the Homeowners Association. Was active in developing the Association assessment and procedures for working with support service organizations in the area of maintenance and the community physical appearance. Assisted in establishing guidelines for contractual services, Bylaws and Covenants for the community.

Strengths:
- Will motivate expanded community participation in the management of the community to ensure that all members’ opinions and ideas are considered.
- My career and community experience provide me with the necessary skills to deal with the many issues and challenges currently facing our Association, while using fiscally sound concepts.

See Bruce Kay Bio on p. 21

JoAnn M. Zwickl

Born: 1955; Allentown, Pennsylvania
Family:

LOW Residence: 1210 Eastover Parkway since June 16, 2011

Education:
- BS Music Education, Mansfield University, Mansfield, PA
- General Insurance and Commercial Insurance Principles courses, Arlington, TX
- Community Associations Institute (CAI), passed M-100, M-200 series courses

Occupation: Community Association Manager (portfolio), Comptroller

Relevant Career History:
- At-home mom 1981-1987

Relevant Experience Summary: Over 20 years of experience in management of community associations of all kinds. Properties managed include HOAs from 16 - 532 single family homes; 39 - 460 townhouses; condominium associations with 60 - 140 units; townhouse-style, garden-style, midrise-style and commercial, with full complement of mechanical equipment, pools and exterior maintenance requirements. Services included:
- financial, facilities, operations, and contractor oversight;
- meeting attendance and preparation of monthly Board package;
- preparation of RFPs and analysis of proposals for the BOD;
- daily contact with BOD President as necessary for smooth flow of association operations;
- analysis for and preparation of annual draft budget for BOD approval; and
- analysis and update of replacement reserve fund and schedule for BOD review; other tasks as requested by the BOD.

Awards/Honors: CMCA from Community Associations Institute (2004-2010)
(Certified Community Association Manager)

Professional Affiliations:
- LOWA Clubhouse Committee 2012-present
- LOWA Planning Committee 2012-present
- LOWA Planning Committee 2012-present

See JoAnn M. Zwickl Bio on p. 21

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Most Important, Least Remembered County Event is Next CWSG Topic
by Craig Rains, President, Civil War Study Group, Inc.

“What is the most important and least commemorated event to occur in Orange County?”

Pete Rainey has made that question the title of his upcoming presentation to the Civil War Study Group at its next meeting, 10:30 AM, Friday, July 25, at the Woods Center. Rainey’s answer is timely in this 150th anniversary of the Battle of the Wilderness. “It is about Union Lt. Gen. U.S. Grant putting his headquarters in our neighborhood, then never again going back across the Rapidan River,” he says.

Grant has been made commander-in-chief of all U.S. armies only two months before he crossed the river in May, 1864, accompanying the Army of the Potomac as it moved to meet Lee’s Army of Northern Virginia. Previous commanders had always retreated following battles against Lee.

What Grant did, both during the battle and afterwards, changed the course of the war, Rainey notes, and it doesn’t get the recognition it deserves. He will discuss how America’s history might have changed had Grant retreated back over the Rapidan after the stalemate in the Wilderness. Rainey contends that this major battleground site has not received proper attention, even after 150 years. He will outline the history of America’s preserving battlefields, starting right after the Civil War ended and through the 20th century development of the National Park system, including the 1927 Congressional authorization of the initial land purchase for the Wilderness battlefield.

Grant’s Knoll became the first tour stop for visitors to the Wilderness. But it has been almost hidden from public view for decades. In the past few years, some significant actions point to the hope for making Grant’s Knoll, now renamed Grant’s Headquarters, into a significant educational site.

Rainey discusses these changes and makes his case that this “least commemorated event” should get the attention it deserves. Rainey is chairman of the Civil War Study Group. A descendent of the Spottswood families who lived here in the 1700s and 1800s, he is the author of two historical books about eastern Orange County.

The Civil War Study Group at Lake of the Woods was formed primarily to research and present the historical events that took place during the Civil War, especially in the 1864 Battle of the Wilderness in and around what is today’s Lake of the Woods area. The meetings are free and open to all with an interest in the Civil War. For details, go to civilwarstudygroup.org or contact Craig Rains 540-972-2844.

Record Breaking Start for the Barracudas
by Megan Harlan, Barracudas Swim Team

Congratulations to the LOW Barracudas on the terrific start to the 2014 summer swim season! Records are flying off the shelves with several being broken in just the first meet of the year. They defeated Fredericksburg Country Club with a score of 328-177. Bethany Blake, an 11-12 age racer, set a record in the 50-meter freestyle race with a time of 33.94. This meet also garnered three triple winners, Christian Bove (25-free, fly, and breast), Corinne Ford (100-free, 50-back, and 100-individual medley), and Bethany Blake (100-free, 50-back, and 100-individual medley).

The team fought a hard battle over the course of two days against College Heights for their second meet. Lightning postponed the second half of the meet until Thursday night, but the swimmers still managed to break a few more team records. Bethany Blake again posted great numbers, breaking the 100-free record with a time of 1:16:07, as well as the 11-12 age group 50-meter backstroke (38.88). Laine Harrington continues her impressive swimming career with a record breaking time of 43:15 in the 13-14 age group breast stroke. Even with impressive times for all the swimmers, the Barracudas lost this meet with a score of 298-218.

There are still more exciting meets to come and the team would like to invite you to join us. Meets begin at 6 PM.

Wednesday, July 16 – Away at Ferry Farm
Monday, July 21 – Away at Lee’s Hill

For more information on the team or for directions to any of the meets, please visit our website at LOWswim.org.
July 11 - July 13
Friday
Fish Trio or Prime Rib or Stuffed Flounder
Saturday
Filet W/ Lobster Tail or Prime Rib or Fried Shrimp
Sunday
Beef Stroganoff

July 16 - July 20
Wednesday
Tilapia Almandine or Taco Salad
Thursday
Jack Daniels Ribs or Lobster Roll
Friday
Snow Crab Legs or Prime Rib or Fried Oysters
Saturday
Grilled Swordfish or Steamed Crab Legs or Prime Rib
Sunday
Chicken Caprese

July 23 - July 27
Wednesday
Seafood Cannelloni or Coconut Shrimp
Thursday
Fish Trio or Prime Rib or Salmon in Puff Pastry
Friday
Tortilla Crusted Tilapia or Prime Rib or Grilled Lamb Chop
Sunday
Chicken Carbonara

Come join us on the deck!
Lunch: Sat & Sun, 11 AM-4 PM
Dinner: Wed & Sun 5-9 PM - Thurs, Fri & Sat, 5-10 PM
Brunch: Sunday 10 AM-1 PM
Menus: LOWA.org/Amenities
The entire menu is not available during lunch hours on Saturday or Sunday. It is a modified menu to include: sandwiches, burgers, salads, appetizers and soups. We do not serve dinner/chef specialties for lunch

To make reservations, call the Clubhouse at 972-2221.

Serving breakfast and lunch 7 days a week! Open Daily 7 AM to 5:30 PM, Thursday until 9 PM

Monday, July 14 - Friday, July 25
Monday
Tuna Melt w/ Chips & Fountain Drink $6.25
Tuesday
Chef’s Choice
Wednesday
Turkey Club w/ Chips & Fountain Drink $5.50
Thursday
Grilled Ham & Cheese w/ Chips $5.25
Friday
BBQ Sandwich w/ Coleslaw $4.50

Serving Breakfast All Day along with sandwiches, soup, salads and burgers. Call your order in at 972-2216

Board Meeting:
Wednesday, July 16, 2 PM (CC)

Committee Meetings:
July 11 through July 31
Members are encouraged to attend.

Tennis: 7/14, 4 PM (CC)
External Affairs: 7/14, 7 PM (CC)
Rules: 7/15, 4 PM (CC)
M&E: 7/16, 7 PM (M-CR)
LCC Hearing: 7/16, 7 PM (WC)
LCC Meeting: 7/16, 8 PM (WC)
Elections: 7/17, 10 AM (CC)
Lakes: 7/21, 7 PM (WC)
Communication: 7/23, 3 PM (WC)
Planning: 7/23, 7 PM (LLCH)
ECC: 7/24, 8:30 AM (WC)
Golf: 7/28, 3 PM (WC)
Investment: 7/31, 11 AM (RR)

Meeting Facility Key:
CC Community Center
CH Clubhouse
CHGH Clubhouse Great Hall
CH-PR Clubhouse President’s Room
CR Craft Room in Community Center
EQ Equestrian Center
LLCH Lower Level Clubhouse
M-CR Maintenance Conference Room
RR Reading Room
TC Teen Center in Community Center
ULH Upper Level Holcomb
WC Woods Center

Program Schedule
Channel 18 is available to Comcast Cable subscribers. Watch for new Amenity Infomercials at the end of most programming
- Icon indicates videos available to be viewed at LOWA.org, after logging in.

July 11-17, 2014
Lowa Board Candidate Interview (1:15)
Four candidates vying for two board seats which will open September 1. Candidates: Leighton Cumming, Nigel Goodwin, Bruce Kay, and JoAnn Zwickl.
7:30 AM 11:30 AM 7:30 PM 11:30 PM
LOW Independence Day Celebration (1:15)
6 AM 10 AM 6 PM 10 PM
Tips From the Pro: Rea Hargraves, LOW PGA Pro (:10)
9 AM 1 PM 9 PM 1 AM
Real Virginia – Early July Report (:30)
9:15 AM 1:15 PM 9:15 PM 1:15 AM

July 18-24, 2014
Lowa Board Candidate Interview (1:15)
Four candidates vying for two board seats which will open September 1. Candidates: Leighton Cumming, Nigel Goodwin, Bruce Kay, and JoAnn Zwickl.
6 AM 10 AM 6 PM 10 PM
Tips From the Pro: Rea Hargraves, LOW PGA Pro (:10)
8:15 AM 12:15 PM 8:15 PM 12:15 AM
LOW 40th Anniversary Presentation (from 2007) (:40)
Peter Williams and Marion Pronk Review the First 40 Years of LOWA History
8:30 AM 12:30 PM 8:30 PM 12:30 AM
LOW Fire & Rescue Squad: “Hands Only CPR” (:15)
9:30 AM 1:30 PM 9:30 PM 1:30 AM
Real Virginia – Mid-July Report (:30)
7:30 AM 11:30 AM 7:30 PM 11:30 PM
Orange County Board of Supervisors – July 8 Meeting (3:00)
2 PM...Saturday 2 PM...Monday
Notice of Meetings & Events

Saturday, July 12
9 AM Tennis Social (HF Courts), $2/pp. Info: Connie or Miff 412-5958.


Wednesday, July 16
2 PM LOWA Board Meeting/ Workshop (CC). Info: 972-2214.
5:30 PM Civic Club Meeting (CH). Info: Pat 540-735-7998.

Saturday, July 19
10 AM LYF Cardboard Regatta (CH Point). Info: Diane 972-8634.

Sunday, July 20
9 AM Hunter Horse Show (EQ). Info: 972-2238.

Monday, July 21

Tuesday, July 22
1 PM-7 PM Lions Red Cross Blood Drive (LLCH). Info: Larry 972-9107.
5 PM OC Board of Supervisors Meeting (Gordon Bldg.). Info: orangecountyva.gov.

Thursday, July 24
1 PM NARFE Ice Cream Social (LLCH). Info: Chris cmelcho@comcast.net.
7 PM LOW Veterans Club Meeting (LLCH). Info: Bob 972-1726.

Friday, July 25
10:30 AM Civil War Study Group (WC). Info: Craig 972-2844.
7 PM-9 PM Summer Concert on the Point, Free.

SPORTS & EXERCISE (subject to change)

<table>
<thead>
<tr>
<th>Activity</th>
<th>Location</th>
<th>Time</th>
<th>Day</th>
<th>Contact</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aerobics</td>
<td>LOWC</td>
<td>8:30 AM-9:30 AM</td>
<td>M, W, F</td>
<td>Church 972-9060</td>
</tr>
<tr>
<td>Choreographed Ballroom Classes - Beginner</td>
<td>LLCH</td>
<td>6:30 PM-8 PM</td>
<td>SU call for dates</td>
<td>Ron/Melissa 972-2586</td>
</tr>
<tr>
<td>Choreographed Ballroom Classes – Phase III-IV</td>
<td>LLCH</td>
<td>8 PM-9:30 PM</td>
<td>SU call for dates</td>
<td>Ron/Melissa 972-2586</td>
</tr>
<tr>
<td>Exercising for Health</td>
<td>CC</td>
<td>10:30 AM</td>
<td>M, TH</td>
<td>Donna 972-1977</td>
</tr>
<tr>
<td>Horseshoes for Fun</td>
<td>HF Park</td>
<td>9 AM</td>
<td>TU, TH</td>
<td>Ron 412-2872</td>
</tr>
<tr>
<td>Kayak Club</td>
<td>Edgemont Bch</td>
<td>7 PM</td>
<td>10 AM</td>
<td>F</td>
</tr>
<tr>
<td>Pickle Ball</td>
<td>CC</td>
<td>1:30 PM-4:30 PM</td>
<td>M, W, F</td>
<td>Bob 972-1866 or Shirley 540-878-8130</td>
</tr>
<tr>
<td>Square Dancers</td>
<td>LLCH</td>
<td>7:30 PM-9:30 PM</td>
<td>2nd/4th/5th F</td>
<td>Darby 972-7696 or Boyd 972-0674</td>
</tr>
<tr>
<td>Stretch and Flex</td>
<td>LLCH</td>
<td>8:30 AM-9:15 AM</td>
<td>M, W, F</td>
<td>Jacobeen 972-4085</td>
</tr>
<tr>
<td>Tae Kwon Do (8-12)</td>
<td>CC</td>
<td>7 PM</td>
<td>TU, TH</td>
<td>Mike 972-2058</td>
</tr>
<tr>
<td>Tae Kwon Do (13-adult)</td>
<td>CC</td>
<td>7:45 PM</td>
<td>TU, TH</td>
<td>Mike 972-2058</td>
</tr>
<tr>
<td>Tennis-Intermediate</td>
<td>HF Courts</td>
<td>1:30 PM-3:30 PM</td>
<td>M, W, F</td>
<td>Charles 972-5858</td>
</tr>
<tr>
<td>Volleyball Adult/coed</td>
<td>CC</td>
<td>7-11 PM</td>
<td>SU</td>
<td>Michael 809-7406</td>
</tr>
<tr>
<td>Walkers Club</td>
<td>Call for location</td>
<td>9 AM</td>
<td>M, W, SA</td>
<td>Diane 972-2596</td>
</tr>
<tr>
<td>Yoga, Beginner</td>
<td>CC</td>
<td>10:30-11:45 AM</td>
<td>W</td>
<td>Phyllis 972-1457</td>
</tr>
<tr>
<td>Yoga, Evening</td>
<td>Call for location</td>
<td>6 PM-7 AM</td>
<td>W</td>
<td>Phyllis 972-1457</td>
</tr>
<tr>
<td>Yoga, Hatha</td>
<td>Call for location</td>
<td>7:15 PM</td>
<td>M</td>
<td>Donna 972-1977</td>
</tr>
<tr>
<td>Yoga, Intermediate</td>
<td>CC</td>
<td>9 AM-10:15 AM</td>
<td>W, F</td>
<td>Phyllis 972-1457</td>
</tr>
</tbody>
</table>

ACTIVITIES, CLUBS, BRIDGE & FUN (subject to change)

<table>
<thead>
<tr>
<th>Activity</th>
<th>Location</th>
<th>Time</th>
<th>Day</th>
<th>Contact</th>
</tr>
</thead>
<tbody>
<tr>
<td>AARP Meeting</td>
<td>CH</td>
<td>9:30 AM</td>
<td>3rd M</td>
<td>Tony 972-2016</td>
</tr>
<tr>
<td>Art for Fun</td>
<td>CC</td>
<td>1:30 PM-5 PM</td>
<td>TH</td>
<td>Elaine 972-0956</td>
</tr>
<tr>
<td>Bridge, Sunday Duplicate</td>
<td>WC</td>
<td>7 PM-9 PM</td>
<td>SU</td>
<td>Bob 972-8211</td>
</tr>
<tr>
<td>Bridge, Monday Night</td>
<td>WC</td>
<td>7 PM</td>
<td>M</td>
<td>Marianne 703-569-9107</td>
</tr>
<tr>
<td>Bridge, Wednesday Ladies</td>
<td>WC</td>
<td>9:30 AM-2 PM</td>
<td>W</td>
<td>Alice Ann 972-0012</td>
</tr>
<tr>
<td>Book Club</td>
<td>Wilderness Lib.</td>
<td>1 PM</td>
<td>2nd W</td>
<td>Helen -972-9068</td>
</tr>
<tr>
<td>Camera Club</td>
<td>CC</td>
<td>7:30 PM</td>
<td>2nd TU</td>
<td>Bob 972-1803</td>
</tr>
<tr>
<td>Childhelp Auxiliary</td>
<td>LOWC, rm. 211</td>
<td>10 AM</td>
<td>1st W</td>
<td>Nancy 972-2599</td>
</tr>
<tr>
<td>Civic Club Meeting</td>
<td>WC</td>
<td>7:30 PM</td>
<td>3rd TU</td>
<td>Boggs 972-6875</td>
</tr>
<tr>
<td>Civil War Study Group</td>
<td>WC</td>
<td>10:30 AM</td>
<td>4th F</td>
<td>Craig 972-2844</td>
</tr>
<tr>
<td>Closet Quilters</td>
<td>CC</td>
<td>12:30 PM-3 PM</td>
<td>TU</td>
<td>Marie 972-4358</td>
</tr>
<tr>
<td>Craft Group</td>
<td>LOWC</td>
<td>9:30 AM-11:45 AM</td>
<td>TU</td>
<td>Rochelle 972-3438 or Jeanne 972-4459</td>
</tr>
<tr>
<td>Democratic Club</td>
<td>LLCH</td>
<td>1:30 PM</td>
<td>3rd TH</td>
<td>Kerry 972-2737</td>
</tr>
<tr>
<td>Fire &amp; Rescue Auxiliary</td>
<td>Call for location</td>
<td>2 PM</td>
<td>3rd W</td>
<td>Mary 972-4895</td>
</tr>
<tr>
<td>Fun Bunch 55+</td>
<td>CC</td>
<td>10 AM-1 PM</td>
<td>TU</td>
<td>Hank/Carolyn 972-0359</td>
</tr>
<tr>
<td>Garden Club</td>
<td>CH</td>
<td>12:30 PM</td>
<td>2nd M</td>
<td>Jan 972-1630</td>
</tr>
<tr>
<td>Investment Club</td>
<td>WC</td>
<td>7 PM</td>
<td>4th TU</td>
<td>Lee 972-0395</td>
</tr>
<tr>
<td>Knitting &amp; Crocheting</td>
<td>CC</td>
<td>10 AM-12 PM</td>
<td>W, F</td>
<td>Sylvia 972-9680</td>
</tr>
<tr>
<td>Knitting &amp; Crocheting</td>
<td>CC</td>
<td>1 PM-3 PM</td>
<td>F</td>
<td>Sylvia 972-9680</td>
</tr>
<tr>
<td>Litter Pick-up in LOW</td>
<td>All around LOW</td>
<td>9 AM</td>
<td>3rd SA</td>
<td>Jan 972-1630</td>
</tr>
<tr>
<td>Mothers of Preschoolers</td>
<td>LOWC, Founders</td>
<td>9:15 AM</td>
<td>1st/3rd W</td>
<td>Julie 540-841-8366</td>
</tr>
<tr>
<td>Players, LOW Theater Group</td>
<td>CC</td>
<td>7 PM</td>
<td>2nd W</td>
<td>Sandie 972-6385 or Gayle 972-4823</td>
</tr>
<tr>
<td>Republican Women’s Club</td>
<td>CH</td>
<td>11:30 AM</td>
<td>4th W</td>
<td>Connie 972-0083</td>
</tr>
<tr>
<td>Susannah Chandler DAR</td>
<td>WC</td>
<td>1 PM</td>
<td>2nd SA</td>
<td>Martha 972-3721</td>
</tr>
<tr>
<td>TOPS weigh in/meeting</td>
<td>LGES (Rt. 20)</td>
<td>5:15 PM</td>
<td>TU</td>
<td>Carla 972-3436</td>
</tr>
<tr>
<td>Veterans Club</td>
<td>LLCH</td>
<td>7 PM</td>
<td>4th TH</td>
<td>Link 972-8340</td>
</tr>
<tr>
<td>Woodworkers Shop</td>
<td>Compactor Bldg.</td>
<td>9 AM</td>
<td>2nd SA</td>
<td>Hal 972-9803 or Ken 972-5515</td>
</tr>
<tr>
<td>Woodworkers Club</td>
<td>CC</td>
<td>7 PM</td>
<td>2nd TH</td>
<td>Hal 972-9803 or Ken 972-5515</td>
</tr>
</tbody>
</table>

Please refer to meeting room location key on previous page
Civic Club to Host
LOW BOD Candidates
by Pat Licata, President, Civic Club

Please join the Civic Club on Wednesday, July 16, at 5:30 PM, as we host a Reception for the Candidates, in the Great Hall of the Clubhouse. LOW BOD candidates are Leighton Cumming, Nigel Goodwin, Bruce Kay, and JoAnn Zwickl.

The reception will begin with a social time to include hors d’oeuvres and a cash bar. A more formal program will follow in which each candidate will have up to five minutes to address the gathering.

The Reception for the Candidates is open to all members of the community. Please plan to attend so that you are able to know your candidates better. We look forward to seeing you on the 16th!

100 Days of Summer/
Time to Give
Someone Hope
by Lion Larry Deem, LOW Lions Club

The LOW Lions Club wants to remind the community that with the 100 days of summer coming up, it is never too early to choose your time to support the American Red Cross in providing adequate blood supplies to give hope to those in need. Here at LOW, summer is a very busy time. School graduations are now behind us with everyone’s attention now on planning summer activities and vacations.

However, the American Red Cross cannot wait for the 100 days of summer to pass to start collecting fresh blood donations for local and national blood banks that are still below normal levels. Choosing a time to donate blood that fits in with all of your planned activities would be a great way to show community support for the American Red Cross and the hope they provide to those in need.

The next blood donor drive at LOW will be on July 22 in the lower level of the Clubhouse. Blood donations can be given from 1 PM to 7 PM. Appointments can be made by visiting the American Red Cross web site at redcrossblood.org to find the latest information on blood donation needs, eligible donor criteria, and how to sign up for an appointment. Appointments can also be made by calling 1-800-RED CROSS (1-800-733-2767). Appointments let the American Red Cross know you are coming. The LOW Lions Club, sponsoring the blood drives, will also accept and work with all walk-in donors to get them in and out as fast as possible.

Drives are also planned for September 23 and November 25 of this year.
Two very deserving Orange County High School seniors were awarded college scholarships at the June Lake of the Woods Lioness’ dinner meeting. Tanner Kelson was awarded the annual Bridge Scholarship with funds donated by Jan Lemieux through her bridge lessons.

Kauri Dynes pictured with Youth Outreach Chairperson Connie Buttimer was awarded a scholarship with monies from Lioness fundraising activities. Tanner and Kauri will both be freshmen at the University of Virginia in the fall.

2014 Pete Johnson Memorial Fun Tournament Sponsored by LOW Waterski Club
by Shane Quinlan, VP, LOW Waterski Club

On Saturday, June 21, the LOW Waterski Club held its annual Fun Tournament. The day consisted of a competition at Bear Lake, which is a dedicated slalom lake in Spotsylvania. Over 30 participants competed in front of the roughly 100 people in attendance. The club would like to thank everyone who participated in this event and made it a huge success.

Trophy winners in each age group were as follows:

Girls 1 (age 9 and under)
1st place - Abigail Quinlan
2nd place - Natalie Pettyjohn

Boys 1 (age 11 and under)
1st place - Ethan Pettyjohn
2nd place - Josh Benner
3rd place - Seamus Quinlan

Girls 2 (Age 10 to 12)
1st place - Isabel Haakman
2nd place - Morgan Cotton
3rd place - Cailyn Ingram
Honorable mention - Alyson Kinkopf

Boys 2 (Age 12-13)
1st place - Chamberlain Cotton
2nd place - Chance Prine
3rd place - Gavin Ingram
Honorable mention - Cristos Apostolakis

Girls 3 (Age 13-15)
1st place - Corinne Marr
2nd place - Hayley Schatzer
3rd place - Annaleah Schatzer
Honorable mention - Sandra Moore

Boys 3 (Age 14-15)
1st place - Will Richardson
2nd place - Riley Pope
3rd place - Jarod Hoerner

Women’s Open winner:
Sidney Hawkins

Men’s Open winner:
Eric Kronenwetter

Photos by Melissa Daly

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Vast
Oodle
OLX
DuPont Registry
Realtor.com
Lakehouse
Home Debut
NewHome Source
Trulia and Zillow
Military
Propert Shark
YouTube
Front Door
Google and Yahoo
House Locator, as well as all other Real Estate web sites.

Lots for Sale:

Lakeview lot perfect for a walk out! 109 Skyline Drive, $17,500  OR8383124

Lakefront lot over $18,000 sq ft, 19’ on lake $115,000 108 Beachside Circle OR8319853

113 Monticello Cir backs to VA Wildlife Club Beautiful move in ready ranch $214,900 OR8357802

24 Year LOW Resident
Gorgeous home! Main level master suite, over 2800 sq ft looking over 1st Tee. Main level hardwood & so much more!  $312,900 OR8358857

Move in & enjoy...4br/4.5ba main lake, fully finished walk out basement. Over 3700 sq ft. Private quiet setting, lovely lake views...416 Birchside Ct $610,000 OR8305763

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ONLY State chartered elderly care service based in LOW and dedicated to LOW residents and immediate surrounding areas

Guaranteed reduced fees compared to all local agencies & home care providers in the Lake

24/7 Services Include:
Professional personal care, companion care, special care to remain at home, mobility support, household management, doctor visits, errands, light housekeeping, meal preparation, all activities of daily living to increase and prolong independence. Complete homemaker services.

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Summer Concert Series on the Point

Uncle Bill and the Boys Bluegrass Band will play in the Summer Concert Series on Friday, July 25 from 7-9pm!

Clubhouse Point is the place to be Friday, July 25, from 7-9pm!

The last concert of the 2014 season is almost here:
Friday, August 22 - The Island Gerry Duo featuring Island Gerry and Matty D (Jimmy Buffet-style music)

One of our LOW Church Bible Study Groups will provide snacks and cleanup for the July concert. Donations for the Home Help Ministry are greatly appreciated.

Would your club or organization like to act as the hospitality committee for one of the events? For information, contact Pat Licata at 540.735.7998.
**Notices**

Wilderness Library Activities:
- July 15 & 22, Story Time Tuesdays: 10:15 AM Toddler Time, 15-20 minutes of stories, fingerplays, nursery rhymes, and music for children ages 18 months to 3 yrs old with a caregiver.
- 11 AM, Preschool Storytime, 30-45 minutes of stories, action rhymes, music, and crafts for children 3 to 5yrs old with a caregiver.
- 2014 PAWS to Read Family Performances: Tuesdays 3 PM at Locust Grove Middle. July 15, Mad Science and July 22, Reptiles Alive! All programs are drop-in, individual registration is not required. Groups are encouraged to call ahead due to space limitations. Info: 854-0310.
- July 19, the Lignum Ruritan Club is having a Large Yard Sale from 8 AM to 2 PM. Proceeds will benefit local area Club. Local is located on Old Rt 3 near Lignum Post Office. Info: Bob, 972-9971.
- Swim Lessons at LOW provided by American Pool staff. Info: Toni, 540-840-1173.
- September 10, Washington Nationals vs. Atlanta Braves baseball game sponsored by AARP. Game starts at 4:05 PM. Bus pick-up at 1:15 PM in LLCH parking lot. Cost is $65 pp (includes bus and ticket). Info/Reserve: John, 972-4895 or Nick, 972-0350.
- Fireworks Notice: The Mid-Atlantic Pyrotechnic Arts Guild will be displaying fireworks on the last weekend of the month (Thurs-Sat ending by 11 PM) from April to October. Located outside and west of the back gate.
- Lost or Found Pets. A Facebook page has been set up for posting lost or found pets in LOW. facebook.com/ LOWlostandfoundpets.
- Hearing Aids/Eyeglasses Recycled: Place unused hearing aids and eyeglasses in LOW Lions boxes at Wells Fargo Bank, Wilderness Pharmacy, LOW Hair Studio, LOW Security, and Dr. Stephen Lord in Orange.
- The Lions Club is seeking wheelchairs and attached equipment for wheelchairs. Info: Noel, 972-0018 to donate items.

**Fundraisers**

- July 17, The Inn at Willow Grove is hosting "Dining for Donations" to benefit the Orange County Free Clinic. A percentage of the evening’s net sales and 100% of the raffle will be donated to the Orange County Free Clinic. Come for cocktails, pub fare or dinner and enter to win a dinner for two at the inn. Reservations are recommended so please call 540-317-1206 and join us for a wonderful evening.
- Cause 4 Paws. We are still in need of volunteers, cat food, and monetary donations. Proceeds benefit feline rescue. Donations are tax deductible as we are a 501(c)(3) charity. Info: Mary Kay, 809-2156 or CC, 972-4085.
- LOW Lioness Book Sale - Used books will be sold on the last Saturday of each month from 8:30 AM-3:30 PM at the Ferris Bldg. Proceeds go to the Benevolence Fund. Book donations are accepted at our book sales and on Mondays and Thursdays from 9:30 AM-11 AM. Info: Ann, 972-4338 or Sherri, 412-9894.
- Bargains, Bargains, Bargains! The Lions/Velona Bldg. will be open for sales and drop offs on Saturdays each month from 9 AM to Noon. For furniture pick-ups, call John at 972-1187; for Velona sales, call Dan, 972-4531; for buying/selling furniture, call Norm, 540-205-5529 or Stan, 412-9894.
- Cars for Homes. Donate your car, boat, RV, trailer and produce that will go to Orange County Habitat for Humanity. Call 877-277-4344, and they will pick up. All donations are tax deductible.
- LOW Directory - On sale for $10 at Member Services area in the lower level Holcomb Bldg. Sales benefit F&R. For directory changes or additions, please email LOWDirectory@comcast.net. The new Directory will be available for sale on Labor Day instead of Fourth of July time.

**Human Services**

- LOW Lions/Lioness Wilderness Food Pantry located behind LG Town Center, Rt. 20, 1st and 3rd Thursdays from 9 AM to Noon; second and last Wed from 5-7 PM; last Sat. from 9 AM to Noon. Clients may come to the pantry two times each month. Info: Betty 972-1872.
- Lions Medical Equipment - Durable Medical Equipment is available for temporary loan to those with needs. Lions also gratefully receive donations of used equipment, in good condition, that can be used by others. Info: Noel 972-0018, Dave 972-2125, Florence 972-6555, or George 540-840-2740.
- Lyme Disease Support Group, 7 PM. Meeting every other week at 106 Mt. Pleasant Drive. RSVP/Info: Terry 570-228-7415.
- Looking for a Baby Sitter? The Lake Youth Foundation has a list of students that have taken their Super Sitter class with lessons in fire, first aid and CPR, practiced handling babies with confidence, and learned fun activities that children will enjoy. The list can be obtained by contacting Sylvia at 972-9680 or email LYF at info@lakewoodyouth.org.
- Alzheimer & Dementia Support Group. 3rd Wed. at 10 AM, Room 210/211. Info: LOW Church 972-9060.
- Alzheimer’s Support Group: 6:30-7:30 PM, Culpeper County Library, 271 Southgate Shopping Ctr. FREE. Learn tools needed in each stage of the disease to support both care partners and those diagnosed. Open to all. Meets 3rd Tuesday. By Alzheimer’s Association’s Caregiver Support Groups. Call to confirm group is meeting. Info: Kathi Walker, 825-3100, ext. 3416, or kwalker@mcsb.org.
- Alcoholics Anonymous: Meetings are held at LOW Church, 7 PM, every Mon (Rm 505), Wed (Cabin), and Fri (Rm 505). Info: LOW Church 972-9060.
- Al-Anon Meeting: Every Tues. at 7 PM, LOW Church, Founders Room. Info: Diane, 540-538-7121.
- Seeking Counseling? The LOW Church offers free counseling, by appointment. Info: Church 972-9060 or a Pastor. We care.

**Red Cross Blood Drive.** 4th Tues. every other month. LL Clubhouse from 1-7 PM. To give blood, you must be generally healthy, 17 years of age or more, and weigh at least 110 pounds. The next blood drive will be July 22. Info: Larry 972-9107.
- Thinkin’ About Quittin’. Free, individualized stop-smoking program. Culpeper Regional Hospital, 829-4190.
- Orange County Free Clinic offers primary medical care and prescription assistance to the uninsured in OC. Medical care available Mon., Wed., and Fri. by appointment and on Tues. evenings (walk-in). 13296-A James Madison Hwy, Orange. Volunteers needed. Info: Dorren Brown, 872-0793.

**Wi-Fi available** at the Holcomb Building, Woods Center, and Community Center.

To reserve meeting space in all facilities: Woods Center, Community Center, Lower Level Clubhouse, and Sweetbriar Park/Pavilion, contact Sylvia 972-9680, or see “Forms” at LOWA.org.

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**Lake Currents - July 11, 2014**

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**Low Directory**

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**LOW Community**

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**Carpet Steam Cleaning**

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**Bring in this ad for FREE cleaning and tightening of your glasses and for a FREE cleaning cloth!**

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**2345 Constitution Hwy (Rt. 20) Locust Grove Dr. Katherine A. Kloper, O.D. 540-854-2255**

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**Left out back gate, right on Rt. 20, 1 mile on right.**

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**Paid Advertisements**

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**Lake Currents**

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**396-41**
LOW Ladies Golf Association News
by Karen Woods, Publicity, Ladies Golf Association

The LGA’s Tenth Sadie Hawkins Tournament took place on June 24. Many thanks to Loretta Yurkus and her team of volunteers for organizing this fun and challenging event. Congratulations to the winners.
Overall Low Gross Janet Berge and Leo Maruschak 72
Overall Low Net Marion Dumais and Rick Hooper 54
“A” Flight - Low Net
1st Place: Jeanne Woodward and Chuck Lawrence 54
2nd Place: Kathy Smith and Ralph Debnam 54
3rd Place: Sharon Debnam and Don Smith 56
4th Place: Lisa Wortman and Ray Woodward 57
“B” Flight - Low Net
1st Place: Dottie Lohr and Ted Ludvigsen 56
2nd Place: Mary Ann Hamilton and Bill Wilson 56
3rd Place: Bonniebeth Foltz and Tom Sheridan 57
4th Place: Pat Shrader and Bill Halpin 57
“C” Flight- Low Net
1st Place: Jo Stewart and Bob Leuallen 58
2nd Place: Judy Ludvigsen and Jim Hoffman 61
3rd Place: Nancy Sanford and Jan Trach 63
4th Place: Nancy Horch and George Colby 63

LOW Ladies Golf Associations Golf Team, The Lady Hawks, played host to eight teams from the Ladies League of Virginia on Thursday, June 26. Team Captain, Sharon Debnam thanks the Lady Hawks for their work in assuring our guests had an enjoyable day. They provided breakfast, assistance on the course, and even arranged for wonderful weather. The Farm Team will meet on July 16 and 30. For information, contact Nancy King at nankking@aol.com or 972-0884. PALS will meet on July 9 and 23. Contact Karen Woods at 972-4807 or kandkwoods@comcast.net
The two-day LOW Club Championship will take place on July 19-20. The cost is $30 in addition to greens and cart fees. Sign up in the Pro Shop.

Opportunity Knocks:
For All Published Authors in LOW
by Julie Phend, Publicity Chair, Lake Authors

The Lake Authors Club plans several fabulous opportunities to promote and sell your books in September, October, November, and December, 2014. Please contact lakeauthors@gmail.com NOW to participate. Don’t miss out!

Democrats Independence Day Bash July 12
by Kerry W. Sipe, Publicity, LOW Democratic Club

Don’t let your Independence Day celebration end with the fireworks! Attend the Lake of the Woods Democratic Club’s Independence Day Bash and keep the party going. The event will take place from 5:30 to 7:30 PM on Saturday, July 12, in the cool, air-conditioned comfort of the LOW Community Center. There will be catered fried chicken and homemade side dishes and beverages provided by club members.
Beautiful door prizes and a Blue Donkey raffle will give attendees the opportunity to go home with something more than full tummies and smiles on their faces. The “Demettes,” will perform some of their traditional political satire for your entertainment.
Special guests will include Traci Dippert, Democratic candidate for the Virginia State Senate.
Tickets are $5 per person and are available at the door. Youngsters under the age of 12 will be admitted without charge.
For more information, visit the club’s Web site at LOWdemocrats.org.

Are You Single and Hungry?
by Judith Ayers, SOLOS

As busy as we all are with summertime activities, SOLOS still meets on Wednesday evenings to spend time with friends. Evelyn has put together our events for July, and we are hoping you’ll come out and join us. Here are the plans for the rest of this month:
• July 16. LOW Clubhouse, meet at 5:15 PM for drinks and dinner on the deck, weather permitting. RSVP to Evelyn at 972-7331 by Noon. You may need your sunglasses!
• July 23. Cowboy Jack’s in the ‘Burg, cross I-95 on Route 3 and take the first right. RSVP to Evelyn at 972-7331 by Noon that day. Meet at the LLCH parking lot at 5:30 PM to carpool.
• July 30. Mama’s Pizza on Route 20. Meet there at 5:30 PM. RSVP to Evelyn at 972-7331.
Hope to see some new folks!

Vacation Bible School

The Lake of the Woods Church
July 21—25
9:00 a.m.—12:00 noon
Ages: 3 by 9/30/13 thru rising 6th grade
Space is limited for the 3 and 4 year old preschool classes.

Sunday Celebration
July 27
11:00 a.m.—1:00 p.m.

Register online at www.lowchurch.org or contact Sherri at 9060 for more details.
The LOW Lions Club’s many public services—running a food pantry, recycling eyeglasses, giving sight and hearing tests, granting scholarships, and more—don’t just happen. Living up to the Lions motto, “we serve,” involves a lot of volunteer time and effort, and sometimes unforeseen obstacles.

Witness what happened when Ron Moffa, chairman of a Lions sight committee, hit on a new way for the club to help people. Browsing the internet, he found he had a chance to obtain, for pennies on the dollar, five devices that enable people with uncorrectable low vision to read. A MagniLink, as it is called, puts reading material on a screen, increasing the letters’ size many times.

Kent State University, in Kent, Ohio, was soliciting bids for the devices, which it was replacing with a new model. Moffa was one of two bidders, and won. Including extra charges, he got the five for $158. Their original retail price: $2,500 apiece, or a total of $12,500.

How to get them here? Moffa decided to drive, and set off on a Sunday, figuring to stay in a motel and make the pickup the next morning. But in Donegal, Pa., more than halfway on the 400-mile trip, disaster struck. Steam bellowed from the radiator of Moffa’s 15-year-old car. He couldn’t call for help, his wife, Carol, had the couple’s lone cell phone back in LOW.

Eventually, a policeman came by. He called the AAA, and a low truck took the car to an auto mechanic’s—closed on Sunday—and Moffa to a motel. Next day, more bad news. The car’s engine, as well its radiator, was shot. Carol had to drive to Donegal in the couple’s second car to bring her husband home.

Kent State agreed to hold Moffa’s purchase, and he searched for a way to avoid another long drive. He found it in Jane Gwinn, an officer in the Kent, Ohio, Lions Club. She took care of shipping, which cost the LOW Lions another $268.

The Lions have now donated a MagniLink to the Orange County Library’s Wilderness branch and another to the Locust Grove Middle School, with more donations to come. As for Ron Moffa, he has bought a new car.
LOW Clubs Award Seven Scholarships
by Lois Powell, President, Lake Youth Foundation

Our organization is proud to be able to award scholarships to four students who are residents of Lake of the Woods. During these times when we are experiencing rising costs for college, we, as an organization, are honored to be able to help these students further their education. The recipients are: Amanda Berube and Cecilia Tiblin, who each received $500; Eric Kramer and Deven Petty both received $1,000 scholarships (Devon's was sponsored by Vicky Shew). Amanda Berube, Cecilia Tiblin, and Deven Petty are graduates of Orange County High School. Eric Kramer attends Riverbend High School.

Lake Youth Foundation Scholarships require that students be residents of Lake of the Woods; that they be involved in activities that reach out to other people in their school and community; and that they have at least a 2.5 GPA. All of these students had GPAs which were well above that requirement! It made us so proud to know that we are producing such capable young adults. We thank their parents for doing such an outstanding job of raising their children and preparing them for this all important next phase of their lives.

The Lioness Club and the Susan Allen Republican Women’s Club are also a part of this process. All students are interviewed individually which gives us an opportunity to learn so many important qualities of these students. The Lioness Club awarded two scholarships; the Jan LeMieux Bridge scholarship of $1,500 to Tanner J. Kelson, and $500 to Kauri Dynes. The Susan Allen Club awarded one scholarship of $1,000 to James Wachter.

The Lake Youth Foundation had a reception for our scholarship winners on April 2. These awards will be presented at 10:30 AM on Saturday, July 19, which is the Lake Youth Foundation’s 10th Annual Cardboard Boat Regatta held at Sailboat Beach (near Clubhouse Beach).

I hope all of you have marked your calendar for Saturday, July 19, which is the Lake Youth Foundation’s 10th Annual Cardboard Boat Regatta. Festivities start at 10 AM with the boats being judged in the following categories: “Best in Show,” “Most Likely to Float,” and “Titanic.” These awards will be presented at 10:30 AM. Our “People’s Choice” award will be offered again with spectators voting for their favorite boat by placing money in their favorite boat’s donation box. The boat that collects the most money wins the award. The funds from this award help support the Lake Youth Foundation Scholarship fund. The cardboard boat races will begin at 11 AM. Upon completion of the races, trophies will be awarded to the boats that come in 1st and 2nd place in their race category along with the People’s Choice award.

We look forward to next year when we’ll have the opportunity to meet more people in their school and community; and that they have at least a 2.5 GPA. It is also a great way to get to know what we’re all about. An application can also be obtained from their high school counselor.

Plan to Attend the 10th Annual Cardboard Boat Regatta
by Diane Hileman, Chair, Cardboard Boat Regatta

I hope all of you have marked your calendar for Saturday, July 19, which is the Lake Youth Foundation’s 10th Annual Cardboard Boat Regatta held at Sailboat Beach (near Clubhouse Beach). Festivities start at 10 AM with the boats being judged in the following categories: “Best in Show,” “Most Likely to Float,” and “Titanic.” These awards will be presented at 10:30 AM. Our “People’s Choice” award will be offered again with spectators voting for their favorite boat by placing money in their favorite boat’s donation box. The boat that collects the most money wins the award. The funds from this award help support the Lake Youth Foundation Scholarship fund. The cardboard boat races will begin at 11 AM. Upon completion of the races, trophies will be awarded to the boats that come in 1st and 2nd place in their race category along with the People’s Choice award.

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The Lake Youth Foundation awarded four scholarships. Pictured (left to right) are: Lois Powell, LYF President, Cecilia Tiblin, Deven Petty, Eric Kramer, Amanda Berube, and Connie Buttmer, LYF Past President.

Pennies Growing Into Trees
by Karen Kovarik, Publicity Chairman, LOW Garden Club

While most of the Garden Club activities focus on beautifying three gardens in LOW (Clubhouse, Memorial, and Butterfly), our garden club has also reached out to the larger community. Our club has also sponsored the garden at Wilderness Library and the Blue Star Memorial Garden in Orange. One of our current projects is even more exciting. Each meeting, members contribute their pennies and other coins into a jar for the National Garden Club’s project called Penny Pines. For each $69 collected, we fund one plantation of seedlings to help reforest areas of Virginia struck by fire, or drought.

The next time you pass by a penny on the sidewalk, remind yourself that in the skilled hands of Garden Club members, pennies can grow into trees, and thank Marie Barrett, the member who spear-heads this campaign.
HELP Restore the Emergency Vet Fund
by Linda Sutphin, President, Orange County Humane Society

It has come to my attention that our Shelter’s Emergency Vet Fund has scraped the bottom of the barrel. As you know, our Shelter depends on the generosity of others to provide funding to care for the injured, abused, and sick animals that come through their doors. How do we save this cat, dog, horse, etc.? With your help, that’s how. Please consider sending a much-needed donation at this time. It is because of you, that we are able to save these dogs and cats and find them new loving forever homes.

Mail your check to: Orange County Animal Shelter, Attn: Emergency Vet Fund, 11362 Porter Road, Orange, VA 22960. Again, we very much appreciate and thank you for your donations, your thoughtfulness, and your caring.

Contact us to discuss buying or selling a home.
(Personalized market analysis available)
Now is the time to list!
Summer is here and buyers are looking!
Buying or Selling, We Will Work For You.
Let Us Be of Service.

4207 A Germanna Hwy,
Locust Grove, VA (across from the Lake)

A lifelong resident of Orange County, I have been employed with the Orange County Commissioner’s office for 18 years, of which I have been Chief Deputy. Our office recently suffered a great loss with the passing of Donna H. Chewning, Commissioner of the Revenue since 2004. We are deeply saddened by the loss of our dear friend and leader. It was an honor and a privilege to be named Interim Commissioner of the Revenue on June 12, 2014. It is with great pride that I take on the duties appointed to me and I look forward to serving the citizens of Orange County.

Renee Lloyd Pope
540-672-4441 or rpope@orangecountyva.gov

Finding a New Superintendent of Schools
by Jim Hopkins, Orange County School Board

Appointing a Superintendent of Schools is one of the most important duties of the Orange County School Board. And in this effort, the School Board has taken several steps toward finding a new superintendent. We have appointed Dr. Brenda Tanner as Interim Superintendent, to administer the school system until a new superintendent is selected. Dr. Tanner is a retired superintendent of schools from Madison County with over 35 years of experience in education. With Dr. Tanner at the helm, our school system will be well managed until a new superintendent can take over leadership of our schools.

The School Board has hired the Virginia School Board Association to advise us on how to conduct the search for a new superintendent. Their first words of advice were to take our time and get it right. To that end, the school board has established a time-line for conducting the search.

During July, the School Board will seek input from parents, staff, students, and the community on what qualifications/characteristics would be most desirable in a superintendent. If you have Internet access, there is a survey that can be completed on the school’s website OCSS-VA.org. You may also obtain a hard copy of the survey at the Holcomb Building or the Wilderness Library. In addition, the School Board will hold a public hearing on Wednesday, July 23, at Unionville Elementary School at 7 PM to receive additional input from the public.

In August the School Board will be accepting job applications from prospective candidates and on September 10 the School Board will meet to review the applications. Interviews will be conducted in late September and October with hopefully, an announcement of the appointment of a new superintendent in November. If the successful candidate is currently under contract, the actual starting date for the new superintendent could be delayed until July 1, 2015.

This time-line will be an inducement for experienced superintendents who are currently under contract to submit an application. Attracting an experienced superintendent to Orange County would be in the best interest of our students, our employees, and the public.

It is an honor and a pleasure to represent District 5 on the Orange County School Board. If I can be of assistance, please contact me at jhopkins@ocss-va.org.

Orange Recreation Association

Registering for Fall Season
Ages 3 - 17
Deadline July 15th
Sign Up Day July 12th,
9am-12pm
LOW Marine and Service Plaza on RT 3
(1 mile west of LOW Main Gate)
Questions or for a registration form – Email ora@lowmarine.net
Register at OrangeSoccerVA.org

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Orange County Supervisor’s Letter
by Lee Frame, District 5 Supervisor

Orange County holds cash equivalents of between 15 and 30 million dollars at any particular time depending on the time of year. There are peaks when the taxes are received in June and December, and the amounts decrease between these times as county expenses are paid. As I mentioned last month in the discussion about the delayed state budget, some of these funds are held long term for emergencies.

Normally, these long-term funds have been invested in the Local Government Investment Pool managed under the Virginia Department of the Treasury. At a recent meeting (and after a public hearing) and with the concurrence of the Orange County Treasurer, the Supervisors approved an ordinance to establish a trust for investing some of the long-term county funds in the Virginia Association of Counties/Virginia Municipal League Investment Pool Trust Fund. This trust fund invests in longer term (1- to 3-year) investments allowed by the Virginia Code and should produce a better return than the state run pool.

The emergency radio communications system in Orange County has had a number of problems over the years. There are some parts of the county where emergency personnel cannot reliably communicate with the 911 center or other emergency units. I have experienced this directly as a member of the LOW Rescue Squad. Last February the Supervisors authorized a contract for consulting services to examine the near-term needs of our radio system and the upgrades needed to meet increasing regulatory requirements and standards. The initial report has been submitted and the consultants made relatively low-cost recommendations to improve the radio antenna system at Lake of the Woods and at the radio antenna system on Clark Mountain. The Supervisors will be considering those recommendations at our next meeting.

Orange County is implementing an employee wellness program. Recently, the county began self-insuring for employee health insurance and encouraging wellness should help to control the county’s costs for employee medical care. The wellness program enables employees to get a corporate rate at local fitness centers with the county picking up about half the costs for those who regularly use the fitness centers. This program is voluntary for employees currently enrolled in the county’s health insurance plan.

Orange County’s Dogwood Village Health and Rehabilitation Center will be receiving a Bronze National Quality Award from the National Health Care Association and National Center for Assisted Living. This award recognizes health care facilities across the nation that strive for improved quality care. The program sets high standards for quality based on Baldrige Performance Excellence criteria. Orange County is fortunate to have a high quality rehabilitation facility available to our county citizens.

If you have questions about county government or want to let me know your feelings on specific issues, you can contact me at leeframe@orangecountyva.gov.

Lake Currents           July 11, 2014
Leighton Cumming Bio from p. 6

Community Service:
- LOW
  - Voting Member Planning Committee 2013 – present
  - Liaison from Planning Committee to Pools Committee
  - Member Ad Hoc Committee on Senior Housing
- Lake Monticello
  - Member of Board of Directors 2007 -2010
  - President of the Board of Directors 2008 – 2010
  - Member Solicitations and Contract Review Committee
  - Member Beautification Corps

What personal strengths do you bring to the Board of Directors?
- Strong organizational, problem-solving, and people management skills;
- Experience in managing outsourced projects;
- Familiarity with the Virginia laws under which all home owner associations operate;
- Awareness of issues and choices facing our community;
- Ability to get people to work together for the good of the larger group.

What do you think is the most urgent issue facing LOWA?
I don’t see a looming disaster or issue so critical that immediate action is required. The LOW Board of Directors must continue to maintain the community, enhance property values, communicate well with its members so they understand the issues and choices, and reach out to our varying populations of young people, weekenders, working people, and retirees. The Board must manage LOWA’s finances in a prudent way, balancing needs and wants, while being aware of our members’ ability to pay assessments. If elected, what do you see as the most important short- and/or long-term goals for the LOWA community?

In the short term, we need to continue improving the health of our lakes, monitoring the effect of the Route 3 development proposals, and addressing the needs of young families at the Lake. Our young people are the future of this community, and they should be encouraged to participate in ways that ensure that they feel that this is their community.

One long-term goal is to be better aware of our larger community in Orange County. We are affected by other communities around us, and by transportation and development policies. I would like to see a way to broaden LOWA’s understanding of how the County operates and how the players are. Our County supervisor does an excellent job of keeping us informed of issues, but LOW needs to do more.

In a diverse community such as Lake of the Woods, I believe that my work and community experience enable me to contribute to productive work on the LOW Board of Directors.

Nigel Goodwin Bio from p. 6

- Ensuring that the interests of LOW are represented in the planning and implementation of the Route 3 development (Germana-Wilderness Area Plan).
- Improve interactive communication and information flow within LOW
- Find a workable solution for amending the Declaration of Restrictions.
- Ensure that BOD decisions affecting the annual assessment and other costs borne by residents take account of the different impact these decisions have on the variety of households within LOW.

Bruce Kay Bio from p. 7

Urgent issue:
- Bring the Community back together with open communication for all.
- Establish policies for expenditures that encourage commitment of the entire Community for projects, not special interest groups. Review assessment for “value added to members” and eliminate items that don’t add value to the entire community.

Most important long/short term goal:
- In-depth reviews are needed of how our assets are being used, who is using them, and how we can increase their value and revenue stream with little or no capital expenditures. When changes are proposed, with Community support, an accurate identification of the impact of these changes on assessment and fees should always be stated in a manner that describes what we plan to do and what the anticipated cost will be to Members, their families and guests.

JoAnn M. Zwickl Bio from p. 7

What personal strengths do you bring to the Board of Directors?
I am competent working with spreadsheets, reading financial reports, and reviewing replacement reports and schedules. I have nearly always personally looked at conditions of infrastructure with contractors rather than rely on someone else’s opinion of their condition, including climbing on roofs of commercial buildings.

What do you think is the most urgent issue facing LOWA?
“Spend money wisely and make educated decisions” is what I have advised Boards throughout my management career. LOWA cannot afford to waste money. So, before we start approving capital funds for enhancements to existing facilities, or for building new facilities, let’s do our homework. If analysis determines that the project has a good return on investment, then proceed. If not, drop it and move on to other things that do.

If elected, what do you see as the most important short- and/or long-term goals for the LOWA community?

Short-term
- It is vital that we aggressively continue our Lakes Restoration Implementation Plan to restore and maintain the good health of our lakes.
- In addition, we must keep up our reserves so that we do not fall behind in major repairs and replacements. This includes keeping up with routine facilities maintenance every year.
- We should also be pursuing homeowners who do not adequately maintain their homes and lots.

Long-term
- LOWA must develop and maintain long-range plans for competing with the growing real estate market in Northern Orange County so that our homes maintain and increase their value.
- As LOWA continues to move towards a full-time resident community, we must also continue to evaluate our facilities and determine what, if any, amenities need to be improved or enhanced to meet our future needs.
- We need to be aware of and involved in Orange County’s plans for the areas outside LOWA gate. LOWA is already close to becoming the “outer suburbs” of Northern Virginia and DC. We already have many residents who commute there from LOWA daily, rather than just come down here on the weekends.

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errands, meal preparation, light housekeeping, Tina Townsend h-540-972-3064, c-540-842-7026, Nan2Noah1@aol.com.

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