Sun and Riders Shine at First Horse Show of 2016
by Cara Potter, Manager, Equestrian Center

It was a beautiful sunny day for our first horse show of the season! Our morning classes were full of young participants. It’s great to see a new generation of riders coming into their own in addition to adults advancing their skills at the competition.

Our Equestrian Center students and horses competed well. Skylar Ruggeri, an Equestrian Center student, was competing for the first time riding Patton. Together they won two 4th place ribbons and one 3rd place in their Pre-Short Stirrup classes, where they were asked to display their skills at the walk and trot. Other accomplishments by the Equestrian Center riders and horses—Alyssa Strain riding Shady won Reserve Champion in the Pleasure Pony Division; Anneliese Mabie won Reserve Champion in the Student Equitation Division; and Brittany Nowacki riding Patton won Champion in the Maiden Hunter Division. Congratulations to all!

Photo by ZVHphotography

Notices

Special Meeting of the Membership
June 13, 2016 at 7 PM, Community Center
110 Sweetbriar Park Road

The purpose of this meeting is to vote on the Amendment to Declarations of Restrictions which would clarify the authority of LOWA to permit non-LOWA members to use the Golf Course and Golf Course food and beverage facility, pursuant to the terms, conditions, fees and limitations determined by the LOWA Board of Directors, in its sole discretion. The Amendment is provided below. To assist you in reviewing the Amendment, new language is indicated in **bold and underlined**.

The Amendment changes and causes Section 11.A of the Declarations to read as follows:

AMENDMENT: Use of Golf Course and its Food and Beverage Facility

Amend Section 11.A of the Declaration to read as follows:

A. Each of the streets in the Section or Subdivision designated on the plat is a private street, and every park, recreational facility and other amenity within the Section or Subdivision is a private park, facility or amenity and neither the Declarant’s execution or recording of the plat nor any other act of Declarant with respect to the plat is, or is intended to be, or shall be construed as a dedication to the public of any of said streets, parks, recreational facilities and amenities other than as reflected therein. An easement for the use and enjoyment of each of said streets and areas designated on the plat as parks is reserved to the Lake of the Woods Association, Inc., and to the invitees of the aforementioned. **The Board of Directors of the Lake of the Woods Community Association, Inc., in its discretion, shall also have the authority to permit non-member use of the recreational facility known as the Lake of the Woods Golf Course, including the Golf Course food and beverage facility, subject to any terms, conditions, fees and limitations adopted and imposed by the Board of Directors from time to time.**

Members are asked to approve or disapprove the Proposed Amendment as stated above. For those submitting proxy ballots, all proxy ballots must be received by the Secretary prior to the close of voting at the Special Meeting, or any continuation thereof. All designated proxy holders must attend the meeting in person for the proxy ballots they are holding to be valid. If you should have any questions, please contact the General Manager’s Office at 540-972-2214.
Dear Friends,

The adventure of all things Lake of the Woods continues at a fast clip. Here is an overview of recent activities and one happening.

The 20th Annual Children’s Fishing Tournament held May 14 was a successful lure for youngsters to be hooked on fishing! Eighty-four children participated in catching 244 fish. The prize winning fish was 19 inches long and weighed 3.5 pounds. Kudos to all the participating parents, volunteers, and Clubhouse staff members, as well as to Rea Hargraves who spent his afternoon promoting our golfing amenity.

The Equestrian Center’s first Hunter Horse Show of the season was reported to be a success for riders, spectators, and our Security staff (who, of course, monitor traffic for special events).

The Woods Center renovation is substantially completed and in use; patrons have been enthusiastic about the new look and functionality. Current additional experienced restaurant personnel are being sought to complement the current staff.

The “happening” is the Sweetbriar Pool structure failure discovered two weeks before its seasonal opening. What a shock! The pool is cracked from end to end with a central fissure, and from side to side where the deep end begins. That crack goes up the two opposite sides. All of this was found when the pool was emptied for spring cleaning; the cracks were revealed and ground water began seeping into the pool shell almost immediately. The structural engineers who are evaluating the damage have said their report will be completed in about a month. In the meantime, staff and members are working on rescheduling swimming events (see note).

Note: If this had happened to the Clubhouse Pool whose future is currently at the heart of the Pool/Outdoor Recreation Complex discussion, it might have been called Divine Intervention, rather than the challenge it is. However, from another point of view, this could not have happened at a more opportune time when an Ad Hoc committee is in the midst of making pool recommendations with the help of two very seasoned professional consultants. I will choose to believe that our “glass” – or in this case – ‘pool-plan’ is half full and preparing to be filled to the top in due time. Note: Barracudas will practice from 7:45-10:45 AM on M, TU, W, and F. All swim meets will be water. Water Fitness class will be held from 11 AM to Noon on Mondays, Wednesdays and Fridays.

Warmly,

Louisa

Board@LOWA.org

General Manager's Column
Management by Mucking Around
Third installment in a series on Managing LOWA by Walking Around
by Phil Rodenberg

MUCK (verb): to clean up; especially: to clear of manure or filth - usually used with out. (Merriam-Webster Dictionary).

It’s a rainy, soggy Friday morning in May as I turn off Lakeview Parkway in Section 4 onto Tally Ho Lane toward the Equestrian Center. It’s 8 AM. Time to report to Equestrian Manager Cara Poter. She and Assistant Allie Arnatt are ready for the first chores of the day: feeding the 15 equines (14 horses and one mule) then mucking the paddocks. We load feed buckets, hay bales and the pitch forks in the back of the orange Kubota utility vehicle and off Allie and I go. Cara meets us at the first stop - the Upper Paddocks. There is a colorful, name-labeled bucket for each horse with his/her own special mix of grain to control diet as well as three “flakes” of hay. A flake of hay is a slice of a bale of hay about 10 inches wide. Since LOWA stables have dry lots, all the equines get nutrition from grain and hay mix instead of grass. Our horses have been chosen because they can thrive on a dry lot. Not all horses do well on dry lots, but it is an accepted industry practice. The residents of Upper Paddocks are six boys – the geldings – Fred, Spot, Blue, Flash, Patton and Maverick. Blue is one of six horses being boarded in the stables. The lone mare is Georgia, a black horse with a white star on her face. She is new to LOWA and in her own paddock as quarantine until the staff knows her temperament and health. Once we are finished feeding, off we go in the Kubota to repeat the process in the Lower Paddocks. We feed the four remaining boys - Oreto (boarder), Prescot, AppleJack (boarder) and Grey Ghost (boarder). And the four girls – Sky, Shady, Burtly (boarder), and Ginger the mule (boarder).

Routine is key at the stables. The horses know the routine set by Cara, Allie and the staff. I help guide two horses into the stables. They obviously already know where they are going. “Don’t mess with the routine,” I tell myself.

After all feeding is complete, it is time to muck out the Lower Paddock including the run in sheds. I grab a pitch fork (muck rake) which is designed with plastic tongs to sift out the horse manure and dirty hay from the ground materials. Shovel. Empty into the Kubota bed. Repeat. It is easy to see straying from this daily routine would make for a royal mess! Cara and Allie

Lowa Management by Walking Around
by Phil Rodenberg

Lowa horses Maverick (left) and Patton have an afternoon snack...to give the General Manager more for his mucking experience. Maverick is a 9 year old Thoroughbred (who did formerly race) and Patton is an 11 year old Connemara.

See General Manager on p. 7
LAKE OF THE WOODS ASSOCIATION, INC.
Regular Board of Directors Meeting
May 18, 2016
1 PM, Community Center

Note: These minutes are unapproved and provided to members for review.

Present
Louisa Rucker, President
Mike Rugless, Vice President
JoAnn Zwickl, Treasurer
Leighton Cumming, Secretary
Jim Hutchison
Larry Morlan
Kathy Genson

Others
Phil Rodenberg, General Manager
Linda Brooks, Recorder (from 2 PM)

Call to Order. With a quorum present, President Rucker called the meeting to order at 1 PM in the Community Center.

EC: EXECUTIVE SESSION

1. EXECUTIVE SESSION

Pledge of Allegiance

Motion by Genson, passed unanimously, to exit Executive Session at 2:05 PM.

2. OPEN SESSION

Motion by Hutchison, passed unanimously, to enter into Open Session at 2:10 p.m., and to affirm that the Board met earlier today in Executive Session for the purpose of reviewing attorney-client privileged and confidential communication from legal counsel, and to discuss contracts and personnel matters.

2.1 Meeting Notice and Quorum Confirmation

Secretary Cumming confirmed that a quorum is present and proper notice was sent to all members of record.

2.2 Approval of Agenda. Motion by Morlan, passed unanimously, to approve the Agenda.

2.3 Approval of the Minutes of May 7, 2016 Regular Board of Directors meeting.

Motion by Cumming, passed unanimously, to approve the minutes of the May 7, 2016 Board of Directors meeting.

3. REPORTS

3.1 Reports of Officers

President Rucker reported that the renovation project at the Woods Center is nearly complete and thanked Assistant GM Dave Heiser for his dedication to the project.

Vice President: No report.

Treasurer: No report.

Secretary: Secretary Cumming reported that as of yesterday 1850 ballots have been returned on the Golf Referendum. Some ballots cast were considered invalid for a variety of reasons, and she will be calling those members to clarify their intentions.

A. Committee Changes

Motion by Rugless to amend the current Committee change list to indicate Roger Anderson as removed from the Finance Committee. Vote: Yea: Rugless, Cumming, Zwickl, Hutchison and Genson. Nay: Morlan. Motion passed 5 to 1.

Motion by Rugless to approve the following Committee changes as listed on the Committee change list dated May 18, 2016, as amended: Vote: Yea: Rugless, Cumming, Zwickl, Hutchison and Genson. Nay: Morlan. Motion passed 5 to 1.

See May 18 Minutes on p. 18

Member Services/Holcomb
Building: 972-2237
M-F: 8:30 AM-5 PM; Sat. 9 AM-1 PM

Clubhouse: 972-2221
Office Hours: Wed.-Fri., 9 AM-5 PM
Menus: LOWA.org/Amenities/clubhouse
See p. 9 for Hours

Community Center: 972-9680

ECC Office: 972-2211
M-F, 7 AM-3:30 PM

Amenities

Equestrian Center: 972-2238
Fareways Café: 972-2216
Daily 7 AM-4 PM
Fitness Center: 972-9680
Daily 5 AM-11 PM
Golf Pro Shop (Woods Center):
Daily 7 AM
Reserve a tee time 972-2230
Golf Course: 7:30 AM daily

Main Marina: 412-6552
Ethanol-free gas available
Memorial Day-May 30, 11:30 AM-6:30 PM
May 31-Sept. 5, Tues-Sun, 12-7 PM (closed Mondays)

Maintenance Office: 972-2223
M-F, 7 AM-3:30 PM

9.9 Leaf/Brush Area:
Daily 7 AM-7 PM

Pool (Clubhouse)
Opens Saturday, May 28
M-F, 12-8 PM;
Sat/Sun/Hol, 10 AM-8 PM

Security/Gate:
972-2210 or 972-2020
lakeofthewoods.capsure.com

Tennis: Jim 972-8888
Courts available 6 AM to 11 PM

County Waste: 540-727-0887
Curbside trash & recycling collection: Wednesdays
Proposed Amendments to Bylaws and Regulations to Alert Members of Changes

The LOWA Board of Directors has proposed amendments to the Bylaws and Regulations in order to clarify the procedures for amending those documents, and to bring the Bylaws back into congruence with the Regulations.

BACKGROUND: On June 17, 2015, when the Board adopted comprehensive amendments to the LOWA Bylaws, the procedural step of an additional publication of a proposed Bylaws amendment when the Board determines revisions to the proposed amendment to be significant was not included. It had existed in the previous version since at least May 2011, and currently still exists in the Regulations.

WHY? The Board would use the procedural step in Step 4 of the amendment process when an amendment, already advertised in Lake Currents, is modified to a “significant” level.

• If the Board finds the modification to be significant, the revised amendment is published again for comments prior to being considered.
• If the modification is found not to be significant, the Board may act on the amendment.

By publishing significant changes, LOWA can encourage dialogue and help build understanding and buy-in for Bylaws and Regulations amendments.

ISSUES: Shall the Board add procedural steps to the amendment processes as follows?

1. Shall the Board add the procedural step in Step 4 of again publishing a Bylaws amendment when the Board determines revisions to the amendment to be significant?

2. Shall the Board add a new Step 5 to the Bylaws and the Regulations procedures to require the General Manager to publish the newly-adopted policy or regulation in Lake Currents in a timely manner? For regulations, this would mean before enforcement begins.

EFFECT: Board approval of these amendments will align the Bylaws amendment process with the Regulations amendment process.

See below. New language is in bold.

Bylaws Art. XVI: Amendments

These Bylaws may be amended by the Board of Directors, at a regular meeting or at a special meeting of the Board of Directors called for this purpose. The Bylaws are amended according to the following procedure:

Step 1. Any proposed amendment to the Bylaws and or the Rules and Regulations may come from any Member of the Association, any of the advisory committees, the GM, or any member of the Board of Directors. All proposed amendments must be submitted to the Board of Directors who shall determine if the proposal has enough merit to send to the Rules Committee and Association Attorney for review.

Step 2. The Rules Committee will conduct research to determine if the proposal is ambiguous, redundant, or in conflict with the Declaration, Bylaws, Articles and applicable law. If the Rules Committee determines that the proposal is ambiguous, redundant, or conflicting, it shall report this conclusion to the Board; otherwise, the Rules Committee shall prepare a resolution using appropriate language in congruence with the Declaration, Bylaws, Articles and applicable law and submit the resolution to the Board.

Step 3. After receiving the reports from the Attorney and the Rules Committee, the Board may approve, modify or reject the resolution. If approved, the Board shall forward it to the General Manager for publication in the “Lake Currents”. The Association Members will then have two weeks from the date of the “Lake Currents” to forward written comments to the Board on the proposed new or amended Bylaws provisions.

Step 4. The Board shall take into consideration the comments received from the Members and shall adopt, reject or modify the proposed amendment. If the Board determines that the changes to the proposal are significant, the proposed amendment will again be published in “Lake Currents” for public comment. Following the designated two weeks for comments and final approval by the Board, the approved amendment shall be incorporated into the Bylaws. An affirmative vote of a majority of Directors on the Board is required for any amendment to the Bylaws to become effective. The Board shall, upon adoption, announce the effective date of the amendment.

Step 5. The GM shall ensure the adopted amendment is published in “Lake Currents” in a timely manner.

LOWA Regulations

I. GENERAL

K. PROCEDURE FOR NEW AND AMENDED LOWA REGULATIONS:

(25/5/2011)

All Regulations become effective when promulgated and/or amended according to the following procedure:

Step one: A proposal for a change to LOWA Regulations can come from a LOWA member in good standing, a LOWA committee, the General Manager or the Board of Directors. The Board of Directors shall determine if the proposal has enough merit to send to the Rules Committee and the LOWA Counsel.

Step two: The Rules Committee conducts research to determine if the proposal is redundant or in conflict with the governing documents or any other regulation. If the Rules Committee determines that the proposal is redundant or conflicting it shall report this conclusion to the Board. Otherwise, the Rules Committee shall prepare a resolution using appropriate language in congruence with the governing documents and submit the resolution to the Board.

Step three: After receiving the reports of the general counsel and the Rules Committee, the Board of Directors approves, modifies or rejects the resolution. If approved, the Board forwards it to the General Manager for publication in the "Lake Currents." The LOWA membership will then have not less than two weeks following publication to comment to the Board on the new regulation.

Step four: The Board of Directors shall take into consideration the comments received from the membership and shall adopt, reject or modify the proposed changes. Should the proposed redraft of the regulation be significant as determined by a majority vote of the Board, the changes will again be published in Lake Currents for public comment. Following the designated two weeks for comment and final approval by the Board of Directors, the adopted or modified Regulation(s) will be incorporated into the LOWA Regulations. The Board of Directors will upon adoption, announce the effective date of the proposed and/or modified Regulation(s).

Step five: The GM shall ensure the adopted amendment is published in “Lake Currents” in a timely manner before enforcement begins.
Orange Offers VDGIF Boater Safety Education Course

Orange County Parks and Recreation is sponsoring a Boater Safety Education Course on Saturday, June 18 from 9 AM-4 PM at the Sedwick Building, 146 North Madison Road, Orange.

This course is recommended for motivated students 12 years of age and older with good reading and comprehension skills who want to learn more about the fundamentals of safe and responsible boating. Course materials are on a 6th grade reading level. It will enable participants to become a safe boater who: boats safely, respects other boaters, obeys the law, and understands boating laws. Topics covered include: boating operations, safe boating practices, navigation signs, and boating responsibilities.

Completion of this course is required by Virginia law for all operators of PWC’s and watercraft powered by motors of greater than 10 HP on public waters.

Since Lake of the Woods is not classified as a public waterway, that restriction does not apply to operations within the Lake. Completing this course, however, will allow 14 year-olds to operate a PWC here.

LOWA Regulations (X. A. 2. d) restrict PWC operation in LOW to those 16 years of age or older, except that those 14 years or older who can show proof of having completed this course are allowed to operate PWC’s here, after also completing the LOWA Boat Operators Safety Short Course and Exam.

This program is being hosted by Orange County Parks and Recreation, but is actually an instructional program of the Virginia Department of Game and Inland Fisheries. Instructors will be VDGIF certified instructors. Registration must be completed using their online system at https://www.register-ed.com/events/view/82814. For more information, please call 672-5435.

Temporary Restrictions on Boating and Swimming During Summer “Concerts on the Point” Clubhouse Point May 27, June 24, July 22, and August 26

Between 6 PM and 10 PM, within the concert anchoring zone established and marked by LOWA Security, the following temporary restrictions are in effect:
1. Boats must be operated no faster than "No Wake Speed" (aka, "idle" speed).
2. Swimming is prohibited from anchored boats.

Established in accordance with LOWA Regulations X. A. 12.

Member cooperation in helping keep the evening concerts safe and enjoyable is greatly appreciated.

Awards Committee: Ready, Set, Go!
by Karen Kovarik, Publicity Chair, Honor Awards Committee

By now most organizations within LOW should have received a nomination package, and should be ready to begin the nomination process to recognize those individuals or groups within LOW who add so much to the life of the community.

If your club or organization did not receive a form or if you personally want to submit a nomination, the forms are available at the Holcomb Building. They are also online at LOWA.org under Administration, Forms, Honor Awards Nomination Forms. You can learn more about the categories by reading the forms.

Nominations should be sent to Karen Cakouros, 106 Tallwood Trail, Locust Grove, VA 22508, not to the Holcomb Building.

The Honor Awards Committee needs new members to replace those who have retired from active service! Duties aren’t arduous or time consuming. Most work is accomplished between March and July in monthly meetings. To volunteer for next year, phone Connie Buttimer at 972-0083.

Call Pat for all your real estate needs!

LOW MARKET STATS (through 5/23/2016)
as reported in Metropolitan Regional Information Systems: 130 active 44 under contract 70 sold since 1/1/2016

Alert! Golf Referendum Ballots Needed
We don’t have enough votes to count yet, do we have yours? Please return your ballot ASAP.

Thank you.

Board of Directors
The community’s first of the summer Sunset Concerts on the Point is tonight from 7 to 9 PM. Bring a lawn chair and some refreshments or do like many of your neighbors and come by boat. The “Reunion Band” will be playing all of our favorites. It’s a great community event we all want to be a part of. For the June Sunset Concert, we take orders until Thursday at 3 PM the day before the concert, for our box dinners. Choice of: Lobster Roll, Turkey BLT Wrap or Chicken Salad Wrap. It’s another option to consider for dinner.

The opening of the deck has been delayed because of all the lovely weather we have been having. Once the rain stops, you can count on us doing our best to have it open as much as possible. And yes, the rain will eventually stop!

We put out our first new menu of the season a couple of weeks ago and it has been well received. I know it is hard to accept change, but we are always looking to keep things new and fresh. We carry some of your old favorites along with some new items as well. Please let us know, in a kind way, what you miss the most and I will make sure it appears on our specials.

That being said, Fourth of July reservations for the deck are extremely limited. We will begin to take reservations on June 1 (not before) and my guess, we will be filled up by noon that day.

Come on in for some Fish Tacos, they are delicious! See you soon! Enjoy spring!
take great pride in keeping the paddocks clean for the horses. I help muck out and add fresh bedding in a stall in the Lower Paddock Barn. I note the recently rewired electrical work and new rubber mats in the stalls. The Kubota is full and we drop off the load at the manure shed. Then we repeat the cycle in the Upper Paddocks. I note the new fencing is in good shape. Since it is Friday, the LOWA Roads Crew arrived earlier with a front end loader and dump truck to relocate the manure to the 9.9 Maintenance Area. The Grounds Division makes its own soil by mixing horse manure, sediment collected from the lakes and ground up leaves collected from the common areas. MacGyver would be proud.

Back at the Upper Barn, we clean and put away tools. A job that usually takes two workers two hours is finished in one and a half hours with three of us. I say hello to the barn cats — Ed, the black cat, Tabby the gray cat, and Precious, the striped cat. Based on Ed’s size I can tell he is an excellent mouser. As I walk through the barn it is easy to imagine eager student riders waiting their turn to feed and care for a horse. With pony camps, show camps, horse shows, and open house events, it will be a busy year. The Equestrian Center’s mission is to “provide a recreational and learning experience in horseback riding and care of horses for residents and guests.”

Our Equestrian Center is a six-acre facility bordered by the Wilderness Battlefield (operated by the National Park Service) on one side, the LOW Church on the other, and with private homes on the front. There are two full time (Cara and Allie) and four part time employees. The Equestrian Committee adds its key support, expertise and advice in running a horse operation. In 2014, after discussions about possibly relocating the Center to another LOWA-owned property, the Board voted to “maintain and enhance the Equestrian Center at its current site.” I take a few minutes to look over the facility and equipment. The 2015 Kubota is running well. The rebuilt hay loft looks good. The rewiring we did in 2013 greatly improved the safety of the barn. The two new lights we added on posts in the small show ring are in place. These will help extend the time available for after-school lessons in the fall. The next project is windows for the Upper Barn stalls.

Cara and I agree I will follow up with the National Park Service Superintendent on the condition of the NPS trail sign, information station and a couple of dead trees. We conduct trail rides into the battlefield on established horse trails, and the Park Ranger makes periodic stops to check on the trail head end. It is 9:30 AM and time to head to my office…after I clean the muck off my boots!
Friday Night 9 Hole Couples Event

June 17, 2016 - 5:00pm Shotgun
Sign up in the Pro Shop or contact Janet Thompson at 972-6758 for more information

Summer Concert Series on the Point

Reunion Band
is the first group to play in the Summer Concert Series on Friday, May 27 from 7-9:30pm!
Bring a lawn chair, it’s FREE!

Clubhouse Point is the place to be
Friday, May 27th, from 7-9:30pm!

This year’s sponsors of the Summer Concert Series are:
Locust Grove Veterinary Clinic, Lakeside Title and Escrow, Inspired Electrical, Locust Grove True Value Hardware, Designcraft Homes, Licata Group Real Estate, Townsend Home Health and Hospice Care, and JK Carpets. Thank you.
For more information, contact Pat Licata at 540.735.7998.

Spring Two Person Team
June 25 & 26, 2016
Entry Fee: $50.00 per Team-(Green Fee and Cart additional)
Starting Time: 8:30 Reverse Shotgun
Format: One “Best Ball” of the Two Golfer Team
Three separate events: Men, Senior Men, and Ladies
Men- will play from the WHITE TEES
Senior Men (BOTH ages 65+) GOLD TEES
Ladies -will play from the SILVER TEES
Special Games for both days:
Men: Long Drive on #16 /Closest to Pin #3
Senior Men: Long Drive #10 / Closest to Pin #7
Ladies: Closest to Line #1 / Closest to Pin #17

You can Sign-up in the Pro Shop from June 11 to June 22

Equestrian Center Open House
Saturday, May 28
9-11am
$5 Pony Rides
Come meet the horses.
Tally Ho Lane 972-2238
Must wear closed toe shoes.
LOWA Regular Board Meetings
Wednesday, June 1, 7 PM, CC
Wednesday, June 15, 2 PM, CC

LOWA Special Meeting of the Membership
Golf Course Referendum
Monday, June 13, 7 PM, CC

Special Meeting of the Board
Wednesday, June 15, 9 AM, CC

Committee Meetings:
Members are encouraged to attend.
Meetings are subject to change; please visit LOWA.org for current information or to contact the Committee Chair.

Fitness: 6/1, 10:30 AM, CC
Safety/Security: 6/1, 3 PM, WC
Ad Hoc Pool/Fitness/Complex: 6/2, 3 PM, CC

Channel 18 Holiday Series: Memorial Day
9 AM 1 PM 9 PM 1 AM
Tips from the Pro: Rea Hargraves, PGA Pro
7 AM 11 AM 7 PM 11 PM

LOWA Regular Board of Directors Meeting (May 18) (1:30)
LOWA 40th Anniversary Remembrance (from 2007) (-40)
Peter Williams and Marion Pronk Review LOWA’s First 40 Years – 1967 through 2007
2 PM 5 PM

Tips from the Pro: Rea Hargraves, PGA Pro
8:45 AM 12:45 PM 8:45 PM 12:45 AM

LOWA Regular Board of Directors Meeting (June 1) (3:00)
LOWA 40th Anniversary Remembrance (from 2007) (-40)
(through Tuesday)
8 AM 12 PM 8 PM 12 AM
Tips from the Pro: Rea Hargraves, PGA Pro (-10)
7 AM 11 AM 7 PM 11 PM

LOW Veterans Club (May 30) (1:00)
LOW Memorial Day Ceremonies
2 AM 10 AM 6 PM 10 PM

Real Virginia – Early June Report (-30)
(through Tuesday)
7:15 AM 11:15 AM 7:15 PM 11:15 PM

Orange County Board of Supervisors Meeting (May 24) (3:00)
2 PM Saturday 2 PM Monday
Notice of Meetings & Events

Friday, May 27
7-9:30 PM Concert (Reunion Band) on the Point (CH Point).

Saturday, May 28
9 AM-11 AM Equestrian Center Open House, $5 pony rides. Info: 972-2238.

Monday, May 30
Memorial Day! Holcomb Building Closed. Trash Compactor Closed. 11 AM LOW Veterans Club Memorial Day Service Ceremony (CH front). Info: Joe 972-1847.

Wednesday, June 1
No trash pick-up by County Waste today; pick-up Thursday.
11 AM Childhelp Auxiliary Luncheon, fee (CH), Reserve: Laura 972-8552.
7 PM LOWA Regular Board Meeting (CC). Info: 972-2214.

Thursday, June 2
Trash pick-up by County Waste today due to holiday.

Saturday, June 4
11 AM LOW Sailing Club Spring Series Race (Main Lake). Info: Jimmy 972-8920.

Saturday, June 11
6 AM LOW Anglers Tournament (CH Dock). Info: lowangler.webs.com/.
8 AM Tennis-Special (HF Courts), $2 pp. Info: Miff 540-412-5958.
7 PM LOWA Players auditions (CC). Info: Marion 972-0808.
5 PM Good Time Cruisers Car Show (LG Town Center), free. Info: Dan 972-1570.

Sunday, June 12
9 AM Hunter Horse Show (EO Ctr). Info: 972-2238.
2 PM LOWA Players auditions (CC). Info: Marion 972-0808.

Monday, June 13
7 PM LOWA Special Meeting of the Membership on the Golf Referendum (CC). Info: 972-2214.

Wi-Fi available with password at the Holcomb Building, Woods Center, Clubhouse, and Community Center.

Deadline for submissions to the June 10 issue of Lake Currents is Friday, May 27.
Deadline for submissions to the June 24 issue of Lake Currents is Monday, June 13.

Calendar of Events

SPORTS & EXERCISE (subject to change)

<table>
<thead>
<tr>
<th>Activity</th>
<th>Location</th>
<th>Time</th>
<th>Day</th>
<th>Contact</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aerobics</td>
<td>LOWC</td>
<td>8:30-9:30 AM</td>
<td>M, W, F</td>
<td>Church 972-9060</td>
</tr>
<tr>
<td>Exercising for Health $</td>
<td>CC</td>
<td>10:30 AM</td>
<td>M, TH</td>
<td>Donna 972-1977</td>
</tr>
<tr>
<td>Horsefishing for Fun</td>
<td>HF</td>
<td>9 AM</td>
<td>TU, TH</td>
<td>Ron 412-2872</td>
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<tr>
<td>Kayak Club</td>
<td>Edgemont Bch Pleasant Grove</td>
<td>7 PM</td>
<td>TU</td>
<td>Dave 972-3143</td>
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<tr>
<td>Pickleball Play</td>
<td>CC</td>
<td>12:30-4:30 PM</td>
<td>M-W, F</td>
<td>Bob 972-1866 or Shirley 540-878-8130</td>
</tr>
<tr>
<td>Praise &amp; Worship Dance</td>
<td>LOWC-WC</td>
<td>10 AM-12:30 PM</td>
<td>W, SA</td>
<td>Sonja 972-1734 or 972-9060</td>
</tr>
<tr>
<td>Senior Softball</td>
<td>HF</td>
<td>9 AM</td>
<td>F</td>
<td>John 540-229-7940</td>
</tr>
<tr>
<td>Square Dancers</td>
<td>LLCH</td>
<td>7:30-9:30 PM</td>
<td>2/4/5 F</td>
<td>Roy/Garnett 804-448-5793 or Mike/Jackie 972-8717</td>
</tr>
<tr>
<td>Stretched &amp; Flex</td>
<td>LLCH</td>
<td>7:30-9:30 PM</td>
<td>1/3 F</td>
<td>Sims 972-3187/Haring 972-1924</td>
</tr>
<tr>
<td>Tae Kwon Do (8-11)</td>
<td>CC</td>
<td>7 PM</td>
<td>TU, TH</td>
<td>Mike 940-710-3318</td>
</tr>
<tr>
<td>Tae Kwon Do (12-adult)</td>
<td>CC</td>
<td>8 PM</td>
<td>TU, TH</td>
<td>Mike 940-710-3318</td>
</tr>
<tr>
<td>Tennis-Intermediate</td>
<td>HF</td>
<td>1:30-3:30 PM</td>
<td>M, W, F</td>
<td>Charles 972-5858</td>
</tr>
<tr>
<td>Volleyball Adult/coed</td>
<td>CC</td>
<td>7-11 PM</td>
<td>SU</td>
<td>Michael 804-7406</td>
</tr>
<tr>
<td>Walkers Club Call for location</td>
<td>CC</td>
<td>9 AM</td>
<td>M, W, SA</td>
<td>Tu, TH</td>
</tr>
<tr>
<td>Water Fitness (seasonal)</td>
<td>CH Pool</td>
<td>8:50 AM &amp; 10 AM</td>
<td>M, W, F</td>
<td>Carol 972-6739/Fay 412-2549</td>
</tr>
<tr>
<td>Yoga – Intermediate</td>
<td>CC</td>
<td>9-10:15 AM</td>
<td>W</td>
<td>Phyllis 972-1457</td>
</tr>
<tr>
<td>Yoga – Beginner</td>
<td>CC</td>
<td>10-30-11:45 AM</td>
<td>W</td>
<td>Phyllis 972-1457</td>
</tr>
<tr>
<td>Yoga – Evening</td>
<td>CC</td>
<td>6-7 PM</td>
<td>TU</td>
<td>Phyllis 972-1457</td>
</tr>
</tbody>
</table>

ACTIVITIES, CLUBS, BRIDGE & FUN (subject to change)

<table>
<thead>
<tr>
<th>Activity</th>
<th>Location</th>
<th>Time</th>
<th>Day</th>
<th>Contact</th>
</tr>
</thead>
<tbody>
<tr>
<td>AARP Meeting</td>
<td>CH</td>
<td>9:30 AM</td>
<td>3rd M</td>
<td>Carolyn 972-3306</td>
</tr>
<tr>
<td>Art for Fun</td>
<td>CC</td>
<td>1:30-3:30 PM</td>
<td>TH</td>
<td>Elaine 972-0956</td>
</tr>
<tr>
<td>Bridge, Sunday Duplicate</td>
<td>WC</td>
<td>7-9 PM</td>
<td>SU</td>
<td>Bob 972-8211</td>
</tr>
<tr>
<td>Bridge, Monday Night</td>
<td>WC</td>
<td>7 PM</td>
<td>M</td>
<td>Al 972-3508</td>
</tr>
<tr>
<td>Bridge, Wednesday Ladies</td>
<td>WC</td>
<td>9 AM-3 PM</td>
<td>W</td>
<td>Joyce 972-1924</td>
</tr>
<tr>
<td>Book Club</td>
<td>Wilderness Lib.</td>
<td>1 PM</td>
<td>2nd W</td>
<td>Alice 972-4782</td>
</tr>
<tr>
<td>Book Club at LOW</td>
<td>CC</td>
<td>7 PM</td>
<td>1/3/4 M</td>
<td>Alan 972-2168</td>
</tr>
<tr>
<td>Chess Club</td>
<td>CC</td>
<td>10 AM-12 PM; 6:30-8:30 PM</td>
<td>2nd TH 4TH TH</td>
<td>Matthew 540-659-3414</td>
</tr>
<tr>
<td>Childhelp Auxiliary</td>
<td>LOWC, rm. 211</td>
<td>10 AM</td>
<td>1st W</td>
<td>Nancy 972-2599</td>
</tr>
<tr>
<td>Civic Club Meeting</td>
<td>LLCH</td>
<td>7 PM</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Civil War Study Group</td>
<td>LLCH</td>
<td>10:30 AM</td>
<td>4th F</td>
<td>Craig 972-2844</td>
</tr>
<tr>
<td>Closet Quilters</td>
<td>CC</td>
<td>12:30-3 PM</td>
<td>TU</td>
<td>Marie 972-4358</td>
</tr>
<tr>
<td>Craft Group</td>
<td>LOWC</td>
<td>9:30-11:45 AM</td>
<td>TU</td>
<td>Rochelle 972-3438/Jeannie 972-4459</td>
</tr>
<tr>
<td>Democratic Club</td>
<td>CC</td>
<td>1:30 PM</td>
<td>3rd TH</td>
<td>Kerry 972-2737</td>
</tr>
<tr>
<td>Eclectic Book Club</td>
<td>Call for location</td>
<td>7:30 PM</td>
<td>Last W</td>
<td>Geraldine 540-388-2449</td>
</tr>
<tr>
<td>Fire &amp; Rescue Auxiliary</td>
<td>CC</td>
<td>2 PM</td>
<td>2nd W</td>
<td>Marguerite 972-3681</td>
</tr>
<tr>
<td>Fun Bunch 55+</td>
<td>CC</td>
<td>10 AM-1 PM</td>
<td>TU</td>
<td>Community Center 972-9680</td>
</tr>
<tr>
<td>Garden Club</td>
<td>CC</td>
<td>12:30 PM</td>
<td>2nd M</td>
<td>Jan 972-1630</td>
</tr>
<tr>
<td>Investment Club</td>
<td>WC</td>
<td>7 PM</td>
<td>4th TU</td>
<td>Lee 972-0395</td>
</tr>
<tr>
<td>Knitting &amp; Crocheting $</td>
<td>CC</td>
<td>10 AM</td>
<td>W, F</td>
<td>Sylvia 972-9680</td>
</tr>
<tr>
<td>Litter Pick-up in LOW</td>
<td>All around LOW</td>
<td>9 AM</td>
<td>3rd SA</td>
<td>Jan 972-1630</td>
</tr>
<tr>
<td>LOW Fliers R/C Club</td>
<td>CC</td>
<td>5-8 PM</td>
<td>3rd F</td>
<td>Terry 412-760-4593</td>
</tr>
<tr>
<td>LOW Lions Club</td>
<td>CH</td>
<td>5:30 PM</td>
<td>1st TH</td>
<td>Charlie 972-2840</td>
</tr>
<tr>
<td>Mothers of Preschoolers</td>
<td>LOWC, Founders</td>
<td>9:15 AM</td>
<td>1st 3rd W</td>
<td>Jessica 703-297-6784</td>
</tr>
<tr>
<td>Movie Club</td>
<td>Packard Campus</td>
<td>varies</td>
<td>varies</td>
<td>Linda <a href="mailto:lowmovieclub@gmail.com">lowmovieclub@gmail.com</a></td>
</tr>
<tr>
<td>Parents/Caregivers of Special Needs Kids</td>
<td>LLCH</td>
<td>7-8:30 PM</td>
<td>1st TH</td>
<td>Kathy 972-5494</td>
</tr>
<tr>
<td>Players, LOW Theater Grp</td>
<td>CC</td>
<td>7 PM</td>
<td>2nd W</td>
<td>Bob 972-5928</td>
</tr>
<tr>
<td>Republican Women’s Club</td>
<td>CC</td>
<td>11:30 AM</td>
<td>4th W</td>
<td>Marge 972-0298</td>
</tr>
<tr>
<td>Susannah Chandler DAR</td>
<td>CC</td>
<td>1 PM</td>
<td>2nd SA</td>
<td>Robbie Rokosz 972-4512</td>
</tr>
<tr>
<td>TOPS weigh in/meeting $</td>
<td>LGES (Rt. 20)</td>
<td>5 PM</td>
<td>tu</td>
<td>Carla 972-3436</td>
</tr>
<tr>
<td>Veterans Club</td>
<td>LLCH</td>
<td>7 PM</td>
<td>4th TH</td>
<td>Dick 308-5507</td>
</tr>
<tr>
<td>Woodworkers Shop</td>
<td>Compactor Bldg.</td>
<td>9 AM</td>
<td>2nd SA</td>
<td>Hal 972-9803 or Des 972-9998</td>
</tr>
<tr>
<td>Woodworkers Club</td>
<td>CC</td>
<td>7 PM</td>
<td>4th TU</td>
<td>Hal 972-9803 or Des 972-9998</td>
</tr>
</tbody>
</table>

Please refer to meeting room location key on previous page.
Free Children’s Tennis Clinics (Weather Permitting)
by Miff Devens, Tennis Committee

You don’t want to miss this fun and free opportunity for children in LOW. This clinic is great for kids who have played tennis before, or just want to try it out to see if they like the game of tennis.

Two 2-day clinics “Drills and Games” will be offered from 9:30 AM-11 AM:
• June 13 and 14 – for children ages 6-10
• June 15 and 16 – for children ages 11 and up

These clinics will be led by our Tennis Pro, Billie O’Neil, certified PTR Professional. All participants must be registered by May 31. For more information or to register, call the Community Center at 972-9680. Drinks and snacks will be provided. Space is limited so act now!
20th Annual LYF Children’s Fishing Tournament
by Terry Hileman, Member, Lake Youth Foundation

The front entrance pond was the site of the 20th Annual Children’s Fishing Tournament held Saturday, May 14. The Lake Youth Foundation would like to thank everyone who participated in this event. More than 240 fish were caught and released! Each child was treated to two hours of fishing, a free lunch and fishing gear.

Trophy winners in each age group are as follows:

<table>
<thead>
<tr>
<th>Ages 5 &amp; 6</th>
<th>Ages 9, 10 &amp; 11</th>
<th>Ages 12, 13 &amp; 14</th>
</tr>
</thead>
<tbody>
<tr>
<td>Longest Fish</td>
<td>Longest Fish</td>
<td>Longest Fish</td>
</tr>
<tr>
<td>Brayden Gaskill</td>
<td>Scarlett Irrig</td>
<td>Jordan Gore</td>
</tr>
<tr>
<td>Heaviest Fish</td>
<td>Heaviest Fish</td>
<td>Liam Rice</td>
</tr>
<tr>
<td>Genevieve Quichocho</td>
<td>Hunter Rasnick</td>
<td>Jacob Bolles</td>
</tr>
<tr>
<td>Most Fish</td>
<td>Most Fish</td>
<td>Most Fish</td>
</tr>
<tr>
<td>Hunter Rasnick</td>
<td>Anthony Quimper</td>
<td>Lillian Fario</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Ages 7 &amp; 8</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Longest Fish</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Kaydence Hill-Jiggetts</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Heaviest Fish</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Nicholas Coaston</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Most Fish</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Matt Betz</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Ages 12, 13 &amp; 14</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Longest Fish</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Jordan Gore</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Heaviest Fish</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Liam Rice</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Most Fish</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Anthony Quimper</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

The largest fish caught was 19 inches and weighed 3.5 pounds and the most fish caught by one person was 21. What a great day it was for fishing! Thanks to all of the volunteers and a special thanks to Hank Lewis for being the emcee and to Clearwater Grill for preparing lunch for everyone.

The Lake Youth Foundation would like to thank our sponsors: LOWA, Inc., Connor’s Pest Protection, LOW Lions Club, LOW Lioness Club, LOW Bass Anglers, AARP Chapter 5239, Suzanne Brady of Century 21 Redwood and The Car Doctor.

Hospital to Home...at Last!
Our transition services typically include:
- Transportation home
- Prescription pickup
- Personal care assistance
- Meal preparation
- Light housekeeping
- Laundry and bed linen change
- Grocery shopping
- Schedule follow-up appointments and tests ordered upon discharge

THERE’S NO PLACE LIKE HOME, AND THERE’S NO ONE TO MAKE YOU FEEL RIGHT AT HOME QUITE LIKE COMFORT KEEPERS.

Call today to schedule. Serving the Greater Fredericksburg Region
(540) 370-0008

Fredericksburg-182.ComfortKeepers.com
LOWLINC at Virginia Governor’s Conference on Aging
by Mary-Jane Atwater, LOWLINC Board Chair

LOWLINC had a major presence at the Virginia Governor’s Conference on Aging in Richmond May 2. In partnership with nearby “village,” At Home in Alexandria, we were one of five organizations selected to make a poster presentation.

LOWLINC board members Carolyn Graham and Mary-Jane Atwater spoke with attendees about the “aging-in-community village” model and our non-profit organization’s launch this year. In addition to networking with government and private-sector representatives, we had the opportunity to attend sessions focused on creating livable communities in an aging commonwealth.

A few takeaways from the conference proceedings:
• Government funding isn’t able to meet the needs of the growing population of seniors now, nor will it in the future.
• Across the Commonwealth, transportation and technology for older adults are challenges (two areas that LOWLINC is addressing for our members).
• We should no longer think in terms of “we” and “they” in considering seniors; we are one family, and in advocating for older adults, we impact entire communities.

For information about LOWLINC volunteering or membership, please visit our new website LOWLinc.org or call 1-855-LOWLINC (569-5462).

Childhelp Auxiliary Annual Luncheon
by Laura Fitch, Childhelp Auxiliary

It’s not too late to call for a seat at our annual luncheon marking the end of our fiscal year and the beginning of another with installation of officers. The luncheon will be held at the Lake of the Woods Clubhouse on Wednesday, June 1, at 11 AM. A brief meeting will be followed by luncheon at noon. Call Laura at 972-8552 for a reservation. The theme of the luncheon is “Glam Rocks!”

On May 5, Roger Day provided inspirational entertainment through his musical talent to the children at the Alice C. Tyler Village. A big “Thank You” to our supporters, who through their generosity make these events possible.

Another event to mark your calendar for is our annual luau on August 13. There will be games including a Jell-O toss and relay races, water play at the pool and water slide, and snacks and ice cream. If you are available to help out (it is always as much fun for our members as the children) contact Karen Woods at 972-4807, or Diane Ogranovitch at 972-5960, or odsnet1@gmail.com.

For more information about Childhelp, the national non-profit organization dedicated to the prevention and treatment of child abuse, check out their website at Childhelp.org or contact our Auxiliary Membership Chair Jill Humphries at 972-1179 or janjinla@aol.com.

2 BR/2 BA LAKE of the WOODS
GOLF COURSE HOME

SOLD REGARDLESS OF PRICE
Friday, June 3, 2016 at 12:00 pm
307 Limestone Ln. – Locust Grove, VA 22508

Our seller has transitioned to a more comfortable and manageable living environment, and we have been entrusted to market and sell this solid Lake of the Woods home to the highest bidder. This great golf course home will make an excellent primary residence, weekend retreat or investment property.

• 2 BR/2 BA 1,112 +/- sf ranch style home on .27 +/- acres bordering the 6th hole in amenity filled Lake of the Woods
• Attached 468 +/- sf attached garage/work shop, Rear deck; asphalt paved driveway
• Electric hot water heater
• Tax Map: 012-A0-00-02-02560, Section 3 Block 2, Lot 56, Zoned R-3; HDA dues: $1,250 annually, Home is wood sided and was built in 1978

Only $50,000 Suggested Starting Bid!!
Home Tour: Friday, May 27 @ 3pm SHARP.
Please contact Tony Wilson at 540-748-1359 with all inquiries

LOWLINC board members explain the “aging-in-community village” model to an attendee at the Virginia Governor’s Conference on Aging.

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LOW Veterans Independence Day Parade by Larry Eiben, Member, LOW Veterans Club

Zip-a-dee-doo-dah, zip-a-dee-ay; My, oh, my, what a wonderful day! Plenty of sunshine headin’ my way. Zip-a-dee-doo-dah, zip-a-dee-ay! I think Mother Nature will be very good to us on July 2 for the LOW Veterans Independence Day Parade which starts at 10:30 AM. However, a few prayers along the way would certainly be welcome.

What a wonderful day for the community, provided by numerous people behind the scenes, making it youvable. You have to love a community that celebrates Independence Day every year with a parade, flag ceremony, and community get-together. And let’s not forget the family picnics where kids throw Frisbees, the potato salad gets iffy, and the flies die of happiness. You may think you have overeaten, but it is patriotism.

There is still time for clubs and businesses to show their support by participating in the parade. Share our vision and help make this “Tribute to Veterans” a memorable day. Please contact Larry Eiben at 972-1847 or larryjeiben@gmail.com for more information.

I would like to thank the following for their financial support: Mama’s Restaurant, Car Doctor, Getty & Associates, Locust Grove Veterinary Clinic, LOW Fun Bowling League, Betty Larson, LOW AARP, LOW Fire & Rescue and Wilderness Family Chiropractic.
The SARWC Flag Day Picnic is scheduled for Saturday, June 18, at the Community Center, from 4 to 7 PM. Our special guest will be Dan 972-1570. info: Dan 972-1570.

Immediately following high school Nick joined the Army and served with the 82nd Airborne Division and 25th Light Infantry Division as an Infantryman. After September 11, Nick volunteered for U.S. Army Special Forces (Green Berets) and eventually served two tours in Iraq as a Special Forces Weapons Sergeant and Special Forces Intelligence Sergeant. During that time Nick actively worked on behalf of conservative principles and the Republican Party by writing and advocating for Republican candidates. Nick and his family moved to Virginia in 2009 and within three years rose to become Director of Operations.

For a Service-Disabled-Veteran Owned Company providing direct support to our servicemen and women conducting counter insurgency and counter IED operations in Iraq and Afghanistan. After being honorably discharged in 2009, Nick moved to Culpeper and immediately became involved with the local Republican Party. Nick was asked by then Virginia Senate candidate Bryce Reeves to lead his grass roots operations in Culpeper. Nick went on to become the precinct coordinator for Culpeper. Nick was unanimously elected to be Culpeper County Republican Committee Chair in 2012. Nick's wife Tina served as the President of the Founding Fathers Republican Women's Club in Culpeper, and his daughter Lilly was awarded the Youth Volunteer Award for making over 1200 phone calls in support of Republican candidates in 2012. Nick was elected to be our Virginia Representative for the 30th District in 2015 when Ed Scott chose to retire.

Nick sums up his world-view this way: "I am first and foremost a Christian. My dedication to conservative principles is rooted in this worldview. Principles of individual liberty, personal responsibility, respect for God and limited, constitutional government are not merely convenient political concepts, but essentials which are fundamental to our liberty, prosperity and security."

The menu for the picnic is: fried chicken, various homemade salads and desserts, water. Beverages of your choice can be brought. Please RSVP to Toni Ruther, jiruther@verizon.net, or call 972-0295, by June 11. Make your check payable to SARWC in the amount of $20 and mail to SARWC, P.O. Box 803, Locust Grove, VA 22508. (Honor system: please send a check if you make a reservation and do not attend.)

The Lake Youth Foundation has a list of students who have taken their Super Sitter class with lessons in fire, first aid and CPR, practiced handling babies with confidence, and learned fun activities for children. Info: Diane, 972-8634, or email LYF at info@lakeyouth.org.

LOW Lions/Lioness Wilderness Food Pantry: Located behind LG Town Center, Rt. 20. first and third Fridays from 9 AM to noon; second and fourth Wed. from 4-6 PM; last Sat. from 9 AM to noon. Clients may come to the pantry two times each month.

Looking for a Baby Sitter? The Lake Youth Foundation has a list of babysitters for $10 per hour. Info: Mary, 972-3402; Darlene, 972-8038.

LOW Lions/Lioness Book Sale: Used books will be sold on the last Saturday of each month from 8:30 AM-3:30 PM at the Ferris Bldg. Proceeds go to the Benevolence Fund.

Al-Anon Meeting: Every Tues. at 7 PM, LOW Church, Founders Room.

Al-Anon Anonymous Meetings are held at LOW Church, 7 PM, every Mon. (Rm 505), Wed. (Cabins), and Fri. (Rm 505). Info: LOW Church 972-9060.

Alzheimer & Dementia Support Group: Third Wed. at 10 AM, Room 210/211. Info: LOW Church 972-9060.

Alzheimer's Support Group: 6:30-7:30 PM, Culpeper County Library, 271 Southgate Shopping Ctr. FREE. Learn tools needed in each stage of the disease to support both care partners and those diagnosed. Open to all. Meets third Tuesday. At Alzheimer’s Association's Caregiver Support Groups. Call to confirm group is meeting. Info: Kathi Walker, 825-3100, ext. 3416, or kwalker@rcsb.org.

Healing Hearts Grief Support Group: Tues., 7 PM, LOW Church Library. Weekly support group for anyone grieving the death of someone close. Please call Lynn, 972-7714, before attending.

Thinkin' About Quittin': Free, individualized stop smoking program. Culpeper Regional Hospital, 829-4190.


Human Services
June SOLOs Events
by Judy Ayers, Member, SOLOs

As I write this we are experiencing a cool and wet May. This will undoubtedly bring a warmer and drier June. So with that thought we’ll be having a picnic on one of the longest days of the year, June 22. More about that later.

If you are a single person around retirement age and are looking for others who enjoy getting together for a meal once a week at a local restaurant then look no further. Come join us! We also attend the LOW Players productions together and have an occasional house party. Check out our June plans and call Bob at 972-9971, for more information or to RSVP or email him at lernerbobl@aol.com.

Wednesday, June 1: Osaka Japanese House in Culpeper where our meal is cooked right in front of us. RSVP by noon on Tuesday. We will carpool from the lower level parking lot near the clubhouse at 5:15 PM.

Wednesday, June 8: We’ll eat on the Clubhouse Deck; meet there at 5 PM with sunglasses. If it rains we’ll gather in the Grill Room. RSVP to Bob by noon that day.

Wednesday, June 15: The Taste of China on Rt. 3 near the Valero station at Kilmer Dr. RSVP to Bob by noon that day and carpool at 5:15 PM from the lower level parking lot.

Wednesday, June 22: Picnic at Ramsay Beach/Picnic grounds. Meet there at 5 PM with a dish to share. Call Judy at 972-3468 for directions and what to bring.

Wednesday, June 29: Meet at El Vaquero West at 5:15 PM. RSVP to Bob by noon that day.

Living Water Community Clinic To Open
by Dick Gullickson, Member, The LOW Church

The Lake of the Woods Church is pleased to announce the grand opening events of the Living Water Community Clinic. The clinic was established to support the healthcare needs of eligible uninsured families in east Orange County, Spotsylvania County, and northern Culpeper County. Working with area churches, the Orange County Free Clinic, community businesses, and organizations, the Living Water Community Clinic will provide free urgent healthcare to these uninsured community members numbering more than 30,000.

Our medical partners supporting the critical health care needs of area residents also include Novant Health UVA Health System Culpeper Medical Center and Mary Washington Healthcare. The clinic will offer health screenings (including vision and hearing), urgent medical care, counseling, and spiritual care.

Our grand opening activities include the following: Saturday, May 28, we will conduct blood pressure screenings and CPR demonstrations at the clinic from 10 AM -2 PM. On Sunday, May 29 at 2 PM, Senior Pastor John Howe and Community Missions Pastor Adam Colson, will preside over the ribbon-cutting and prayer dedication ceremony. The public is invited to attend these events. The clinic will begin regular hours (one evening a week) after the ribbon-cutting, the exact date and times will be provided on the website.

The Lake of the Woods Church, and the Living Water Community Clinic would especially like to thank our sponsors, partners, and volunteers for their support. Please join us for the grand opening activities. The Living Water Community Clinic is located at the Locust Grove Town Center on Route 20. Please call the Church at 972-9060 for more information about the events. If you would like to discuss eligibility, call 540-854-5922.
The LOW Players extend a special thank you for the overwhelming support for our recent show, “Here’s Broadway.” Now we are moving on because coming up is “Man of La Mancha.” Auditions will be held in the Community Center June 11 and 12 at 2 PM. All major roles are available except the leading male role of Miguel de Cervante who will be played by Bob McGrath. There are major roles for adults and ensemble parts for many (particularly men), and we encourage and welcome your participation.

If you wish to audition for a principal vocal role, you are asked to bring sheet music of the song you intend to sing as our music director will accompany you. No boom boxes, guitars, etc. Your selection may be from any Broadway show. You will also be asked to take on the role of a character of interest by reading selected passages from the script.

If you are not interested in a principal role, but would like to try out for the ensemble, your audition is simple and painless. Also, if you are interested in a small role with limited dialogue, (no singing, etc.) please just show up and indicate that interest.

Performance dates are October 14, 15, 16, 21, 22, and 23. Rehearsals are Sundays from 2 to 5 PM, and Mondays and Tuesdays from 7 to 9 PM in the Community Center. Please check our website for further information: LOWplayers.org or call Marion at 972-0808.
3.2 Report from the General Manager

GM Phil Rodenberg reported that a claims adjuster from AIG Insurance Company and structural engineer visited Sweetbriar pool today to evaluate the cracks found in the bottom of the pool. It may be a month before their report is received. In the meantime, plans are to proceed with investigating costs and repair options for the cracks found in the bottom of the pool. The pool is currently on hold pending the outcome of the report on usability of the Sweetbriar pool.

A. Pools Committee

- Decks/Porches
- Roofing/Siding
- Kitchen/Bath Renovations
- Full Remodeling/Additions
- Home Improvements

3.4 Committee Reports

3.3 Committee Liaison Reports

Director Zwickl reported that Pickleball enthusiasts have contacted the Tennis Committee to explore working together on programs and sharing facilities. The Pickleball Court near the compactor site could use some help from maintenance to keep surface cracks repaired. Tennis camps for kids will be scheduled again this year in July and August. The Tennis Committee could use a few new members.

Director Hutchison reported that Community and Youth Activities is growing by way of youth membership and has some good adult leaders. Director Morlan reported that both the Safety & Security Committee and the Equestrian Committee are very active and involved. He praised Jon Anderson and Melanie Parmelee for the outstanding job they did to planning programs for LOWA’s 50th Anniversary Celebration.

3.4 Committee Reports

A. Pools Committee

Chair Marty Caldwell reported the Committee has added two new members who bring pool-related expertise. The Committee has reviewed pool rules, lap swim guidelines, guest fees, repair needs and updated the website information as they prepare for pool season. Three social events have been planned over the summer to encourage pool use, which are now on hold pending outcome of the report on usability of the Sweetbriar pool.

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See May 18 Minutes on p. 19
9. Scheduled Meetings
   • Regular Board of Directors Meeting: Wednesday, June 1, 2016 in the Community Center. Executive Session: 6 PM. Open Session: 7 PM.
   • Special Meeting of the Membership: Monday, June 13, 2016 at 7 PM in the Community Center. Topic: Golf Referendum
   • Regular Board of Directors Meeting: Wednesday, June 15, 2016 at 2 PM in the Community Center.

10. Adjournment. Motion by Zwickl, passed unanimously, to adjourn the meeting at 3:14 PM.

Leighton Cumming, LOWA Secretary

**LGA News**

**Too Much Rain, Not Enough Golf!**
by Karen Woods, Publicity, Ladies Golf Association

The rainy weather over the past few weeks has altered the LOW LGA’s golf schedule. The usual Tuesday games and the Annual Spring Tournament have been affected. "Tuesdays must be cursed" says 18-hole Tournament Chair Sharon Debnam. She reports to members that we have just enough time before the Member/Guest Tournament scheduled for June 14-15 to fit in the three weeks needed for the Spring Tournament. Should there be any more cancellations during that time we will have to make adjustments to the tournament. The Spring Tournament will now be held May 24, 31 and June 7.

Reminders: June tee time is 8 AM with check-in time at 7:30 AM. Dottie and Jim Lohr will be collecting our donations for the Wilderness Food Bank in their van at the Woods Center parking lot on June 7.
May is National Electrical Safety Month and Rappahannock Electric Cooperative (REC) is teaming up with the Electrical Safety Foundation International (ESFI) to raise awareness of potential home electrical hazards and the importance of electrical safety.

The National Fire Protection Association (NFPA) estimates 47,700 home structure fires reported to U.S. fire departments each year involve some type of electrical failure or malfunction as a factor contributing to ignition. In Virginia, there were 3,144 structure fires in 2015. These fires resulted in 20 civilian deaths, 134 civilian injuries and $78.5 million in property damage. Awareness and education are critical to reduce the incidence of electrical fires, and ESFI sponsors National Electrical Safety Month each May to educate the public.

“Extension cord misuse and overburdened electrical systems are two of the main causes of home electrical fires,” said ESFI President Brett Brenner. “It is important to be aware of these common and preventable hazards, as well as other safety measures you can take to ensure that your home is electrically safe.”

Tips for keeping your home safe.
• Don’t use frayed or damaged extension cords. Damage to the cord can expose wires and cause fire and shock hazards.
• Use light bulbs that match the recommended wattage on the light fixture.
• Don’t run cords under carpeting. Cords can overheat if air cannot flow around them.

ESFI encourages the sharing of its campaign resources and developed The National Electrical Safety Month 2016 Electrical Safety Advocate Guide to provide the resources necessary to raise awareness of safe practices. Whether you want to educate a loved one or raise awareness in your community, school or workplace, this guide provides step-by-step instructions on how to be an Electrical Safety Advocate and help champion the cause of minimizing electrical-related deaths and injuries. Find The National Electrical Safety Month 2016 Electrical Safety Advocate Guide at www.myrec.coop/homesafety.

Electrical safety awareness and education among consumers, families, employees and communities will prevent electrical fires, injuries and fatalities. REC provides electric service to over 161,000 connections in parts of 22 Virginia counties. With its general office in Fredericksburg, Va., the Cooperative operates and maintains more than 16,000 miles of power lines through its service area, which ranges from the Blue Ridge Mountains to the tidal waters of the Chesapeake Bay. For information about REC, please visit www.myrec.coop. Follow REC on Facebook, Twitter, YouTube and Instagram.

The Electrical Safety Foundation International (ESFI) sponsors National Electrical Safety Month each May to increase public awareness of the electrical hazards around us at home, work, school, and play. ESFI is a 501(c)(3) non-profit organization dedicated exclusively to promoting electrical safety. For more information about ESFI and electrical safety, please visit www.esfi.org.

“Phosphorus feeds algae and decreases water clarity, often turning lakes green. By using zero-phosphorus lawn fertilizer, we’ll reduce phosphorus inputs to our lakes, resulting in fewer algae problems and clearer water.”

LOWA REGULATION V.F.1.b prohibits the application of fertilizer containing phosphorus without a soils test deeming necessary and an approved permit from the General Manager. For more information, contact the LOWA Environmental Resources Manager at (540) 972–5548.

LOWA has taken steps at making the lakes healthy.

LOWA REGULATION V.F.1.b prohibits the application of fertilizer containing phosphorus without a soils test deeming necessary and an approved permit from the General Manager. For more information, contact the LOWA Environmental Resources Manager at (540) 972–5548.

Slow-release nitrogen, offers nutrients to plants at a slow, steady, safe, digestible rate. Organic fertilizers, created from living material such as bones, manures, alfalfa meal and fish, work most like nature, with soil microorganisms releasing nutrients to plants’ roots.

Lake of the Woods

LOW Residents

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• WHEN YOU APPLY FERTILIZER TO YOUR LAWN,
You are adding phosphorus to our lakes; phosphorus washes off fertilized lawns and is carried to our lakes via the storm drainage system. Phosphorus feeds algae and decreases water clarity, often turning lakes green. By using zero-phosphorus lawn fertilizer, we’ll reduce phosphorus inputs to our lakes, resulting in fewer algae problems and clearer water.

• LOWA HAS TAKEN STEPS AT MAKING THE LAKES HEALTHY
LOWA REGULATION V.F.1.b prohibits the application of fertilizer containing phosphorus without a soils test deeming necessary and an approved permit from the General Manager. For more information, contact the LOWA Environmental Resources Manager at (540) 972–5548.

• SLOW IS BETTER
Slow-release nitrogen, offers nutrients to plants at a slow, steady, safe, digestible rate. Organic fertilizers, created from living material such as bones, manures, alfalfa meal and fish, work most like nature, with soil microorganisms releasing nutrients to plants’ roots.
Transgender Students in Public Schools
by Jim Hopkins, Orange County School Board Member

On May 13, the U.S. Department of Justice and the U.S. Department of Education published a joint letter for public schools entitled “Dear Colleague Letter on Transgender Students.” The Department of Education issues a dozen or so Dear Colleague Letters per year to state and local school boards on various subjects. Most of them are not covered by the press but this one was released with a big media splash.

Coverage of the letter by the news media was disappointing because the media implied the letter was a mandate from the federal government, which it is not. The federal government defines Dear Colleague Letters as “guidance documents” and by law they cannot impose any binding requirements. This fact is clearly documented in the letter’s second footnote: Final Bulletin for Agency Good Guidance Practices, 72 Fed. Reg.3432, 3434 (Jan. 25, 2007). This bulletin says in part: “Nothing in this bulletin is intended to indicate that a guidance document can impose a legally binding requirement.”

Most Dear Colleague Letters end with a threat to withhold federal funds. But attorneys that handle these issues have told me that the federal government has never withheld funds from any Virginia School Board, based on a Dear Colleague Letter. At the present time these agencies lack the authority to mandate the guidance, so they attempt to bully states and local school boards into voluntarily implementing their guidance.

Orange County schools often have students that request special arrangements in using bathroom facilities. These are dealt with on a one-on-one basis because the reasons can vary. All of our schools have private bathroom facilities in the health room and in the main office. If the need arises, can be made available to a particular student. Students are required to request an accommodation (as noted in the Dear Colleague Letter) and a workable solution can be achieved.

If you would like to discuss this issue or any other school related issues, please mark Wednesday June 15 on your calendar. Orange County’s Superintendent of Schools, Dr. Brenda Tanner, will be the guest speaker at the LOW Civic Club meeting to be held at 7 PM in the lower level of the Clubhouse.

It is a privilege to represent Lake of the Woods on the Orange County School Board. If I can be of assistance, please contact me at: jhopkins@occs-va.org.

Wine Talk
by Joe Szadvari, Sommelier

Getting ready for summer picnics, “Concerts on the Point”, patio or deck get-togethers? Here are some wines that may make your fun times even better.

River Road Un-oaked Chardonnay, Sonoma County, California, Vintage 2014 – This Chard” was quite a surprise. Searching for a non-citrusy or non-oaky “Chard” from California can be a challenge. Although those styles can be quite good, this un-oaked, light-bodied version is clean, fresh, and full of tree-fruitened aromas and flavors of apple and pear. Serve with lighter cheeses; roasted or grilled chicken or turkey; or serve it as a patio or deck wine. Price: About $13 a bottle.

Ancient Roots, Dark Red Blend, California, Non-Vintage - Wow! This rich and elegant dry red is really loaded with aromas and flavors of ripe black cherry and ripe black plum. It’s amazing how creamy (i.e., full-bodied) and rich-tasting this wine is – delicious! Try pairing it with grilled meats. Price: About $10.

Tesoro della Renna, Chianti Classico, Tuscany, Italy, Vintage 2012 – What a great example of a Chianti, from one of the eight Chianti-producing wine sub-regions of Tuscany. In English this wine’s name translates to “Treasure of the Queen”, and it truly is. Typically, these wines are medium-bodied, full of red cherry and plum aromas and flavors – this is a prime example of that style. A hint of earthiness also makes this wine a true “classic”. “Wine Spectator” rates this wine at 90 points in over-all quality – an excellent choice to pair with mature or harder cheeses.

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Orange County Supervisor’s Letter
by Lee Frame, District 5 Supervisor

A couple weeks ago, Governor McAuliffe visited Orange County to present me, as the representative of the county, with a check for $85,000 as part of an incentive program for Lohmann Corporation to expand their manufacturing facilities here in Orange County. Lohmann manufactures a variety of adhesive products using highly automated processes and skilled workers. Lohmann will invest $6.2 million in an expanded facility in the Orange County Industrial Park and add 56 new jobs with an average annual salary of $51,000. Orange County will provide an additional $85,000 incentive in terms of reduced taxes and fees on the new facility. That represents about a year’s worth of taxes on the improvements.

This is the third time that the Governor has visited the county presenting checks as incentives for business growth in a little over two years. In March of 2014, Green Applications opened a printing facility in Gordonsville producing high quality printing on t-shirts and other clothing. They are investing $6.7 million and are creating 323 jobs. In July 2015 Aerojet Rocketdyne committed to investing $11.0 million and creating 100 new jobs to build facilities for a new U.S. Navy missile. Although not supported with Virginia’s incentive program, Homestead Building Systems started building trusses at a facility near the Orange County Airport in March 2014 and has about 50 employees.

These recent and substantial business investments in our county indicate the success of the business recruiting efforts of the county’s Economic Development Department and Economic Development Authority. In addition to the major businesses cited above, the Orange County Chamber of Commerce has sponsored about one ribbon cutting a month for new small businesses opening in the county. These successes highlight Orange County as a good place to do business. These successes also add to the county’s tax base and provide good jobs for our citizens.

At our last Supervisor meeting, we passed a county resolution expressing our appreciation, gratitude and admiration to Winston Sides for his commitment and dedication in his roles as the District 5 representative on the Economic Development Authority (EDA) and the Germanna-Wilderness Area Planning Committee. Mr. Sides is leaving the county and has resigned from the EDA after 17 years of service and five years as the EDA Chairman. His valuable expertise, insight and contributions will be missed. At the same meeting, Doug Rogers was appointed to serve as the new District 5 representative to the EDA.

If you have questions about county government or want to let me know your feelings on specific issues, you can contact me at leeframe@orangecountyva.gov.
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GOLF COURSE Lots for sale. Two lots on the 600 block of Mt. Pleasant Drive (Section 1, Lots 27A and 27B) both back up to the 16th Fairway. Each lot is 5,500 sq. ft. Call LOWA General Manager at 540-972-2214.
LOT FOR SALE - Lot 97, Sec 2, 500 Gold Valley Rd. 1651 sq ft on corner of Quicksilver and Gold Valley, Priced to Sell at $21,500. Contact Joyce Henson, Century 21 Redwood Realty, direct line 540-840-3103.


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FULL-TIME IT TECHNICIAN. Successful applicant will provide technical and helpdesk support to management and staff, trouble-shoot system issues, install, repair and maintain computer hardware, monitor desktop computers and support third party Network Administrators. Strong computer operational knowledge and understanding of hardware and software required as well as knowledge of operating systems and basic computer programming. Excellent communication skills required. MCDST or MCSE certifications desired. BS in Information Technology or two-year degree with sufficient experience to perform position requirements.

All positions must be able to pass a criminal background check and have a valid VA driver’s license. More information on these positions is available in the Human Resources Department. Submit applications and resumes to HR@LOWA.org or fax to 540-972-2243. LOWA is an equal opportunity employer (EOE).

LAWA Employment


REDSKINS TICKETS - Great Seats! Lower Level, 8 rows from wall, 50 yard line behind the Redskins bench! 2 tickets plus parking pass! Pittsburgh, $550; Cleveland, $550; Carolina, $500; Minnesota, $475; Buffalo Preseason, $125. 540-273-5063.

YORKIES, VET Checked, 1st shots, and wormed, $700. 434-221-1450 or 703-296-9900.

Estate/Yard Sales

COPPERSTONE SUPER ESTATE 3-Day Sale. 210 Birdie Rd. June 3, 10 AM-4 PM; June 4, 10 AM-4 PM; and June 5, 12-4 PM. China, crystal, unique collectibles, furniture. Information and Photos at estatesale.com. C. France, 540-273-8746.

MOVING, lots of stuff. June 4 and 18. 8 AM to 4 PM both days. 705 Eastover Pkwy.

MULTI-FAMILY YARD Sale, Eagle Court, May 28 from 8 AM-1 PM.

Employment

PART-TIME SITE MANAGER - Locust Grove area. Friday 10 AM-5 PM; Saturday 10 AM-4 PM; Sunday 11 AM-4 PM. $20/hour. Computer and customer service experience, light lifting, of offices and buildings. A staff of professionals to provide care a few hours a day, a week, or 24 hours in the following areas: Alzheimers, dementia, personal, health, medication management, hospice, palliative, respite, pre-op, post-op & recovery, doctor visits, errands, meal preparation, light housekeeping. Tina Townsend 540-972-3064, c-540-842-7026, Nan2Noah1@aol.com.


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FOR SALE - Palm Beach Sport Pontoon Boat, 14 ft, powered by battery powered electric engine. Tan with maroon cover. So much fun! $8,000. You tow. Contact Chris Burr 540-972-0374.

FOR SALE - Yard Sale! 210 Birdie Rd. June 3-5, 10 AM-4 PM. China, crystal, unique collectibles, furniture. Contact: 540-273-8746.

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Lake Currents May 27, 2016

23
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